



Swimming

As part of the National Curriculum, all schools must provide swimming instruction either in Key Stage 1 or Key Stage 2.

At Long Meadow School all pupils in Year 5 attend swimming lessons every week during the Autumn Term.

Schools are required to publish information to show how many Year 6 pupils have met the Key Stage 2 National Curriculum requirements relating to swimming and water safety.

National Curriculum requirements for swimming and water safety at the end of Key Stage 2	
Percentage of Year 6 children who can swim competently, confidently and proficiently over a distance of at least 25 metres.	89%
Percentage of Year 6 children who can use a range of strokes effectively (for example, front crawl, backstroke and breaststroke).	75%
Percentage of Year 6 children who can perform safe self-rescue in different water-based situations.	89%