

LMS Matters

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Dear Parents and Carers

As you are aware, The Governors, in partnership with the Local Authority have appointed Ms Ruth Seagar to be Interim Executive Headteacher of LMS in September. Ms Seagar has visited us on several occasions over the last couple of weeks, but she wanted to write to you all today...

Good afternoon everyone,

It is with great excitement and a genuine sense of privilege that I introduce myself to the children and families of Long Meadow School as your new Interim Executive Headteacher.

I have worked in school leadership for many years and currently lead school improvement across the primary schools within the 5 Dimensions Trust. Until very recently, I was Headteacher at Priory Rise School in Tattenhoe Park, a role I held with great joy and pride for many years.

I come to this position with a strong commitment to ensuring that every child is supported to achieve their full potential – both academically, socially, and emotionally. I believe that great schools are built on strong relationships, high expectations, and a shared sense of purpose and belonging. Excellence in education is achieved when schools, families, and communities work together, and I look forward to partnering with everyone in the Long Meadow community to provide the very best opportunities for every child.

I have already met with Mr Gray, Mrs Kidd, and Mrs Evans to begin planning for the Autumn Term and have had the pleasure of meeting many members of the staff team, who have given me a wonderfully warm welcome. I am also very much looking forward to meeting the children before the end of term.

I am confident that, by working together, we will continue to build on the school's strengths and ensure that the children of Long Meadow School continue to thrive and flourish.

I look forward to meeting you all in the coming months.

Best regards,

Ms Ruth Seagar

Interim Executive Headteacher



We hope all the children enjoyed their **TRANSITION DAY** on Monday. This is an important day for relationships to start being built. This is the key to LMS and what our values are built upon.

We look forward to our **SPORTS DAYS** next week, and although the weather looks to be warmer than this week, we are hopeful these will take place as advertised.

Have a lovely weekend.

Mr Gray



EYFS/KS1

Minnows

who achieved

97.2%

KS2

Hogweed

who achieved

99.3%



TTROCK Stars

Weekly class champions!

KS1

Newts

KS2

Bracken



LMS does not accept any responsibility for the actions of any service or event it promotes. Please ensure you do your own checks.

D A T E S

FOR YOUR DIARY

School Term and Bank Holiday Dates 2025 / 2026

Term	Open morning of:	Close at the end of afternoon session of:
Autumn Term 2025	Wednesday 3 September 2025	Friday 24 October 2025
	Monday 3 November 2025	Friday 19 December 2025
Spring Term 2026	Tuesday 6 January 2026	Friday 13 February 2026
	Monday 23 February 2026	Friday 27 March 2026
Summer Term 2026	Tuesday 14 April 2026	Friday 22 May 2026
	Monday 1 June 2026	Friday 17 July 2026

Training days agreed to date: (on these days children do not come to school but staff do)

Monday 1 September 2025 / Tuesday 2 September 2025 / Monday 5 January 2026 / Monday 13 April 2026 / Monday 20 July 2026

Good Friday: Friday 3 April 2026

Easter Monday: Monday 6 April 2026

May Day: Monday 4 May 2026

Summer Term 2026

Monday 6 July	KS1 & EYFS Sports Day
Tuesday 7 July	KS2 Sports Day
Friday 10 July	Year 3 Learning Fair
Saturday 11 July	School Fete
Monday 13 July	Year 6 Performance
Tuesday 14 July	Year 5/6 Awards Assembly (2.15pm)
Wednesday 15 July	KS1 & EYFS Awards Assembly (9.10am)
Wednesday 15 July	Year 3/4 Awards Assembly (2.15pm)
Wednesday 15 July	Year 6 Leavers Disco
Friday 17 July	Year 6 Leavers Assembly (9am)
Friday 17 July	Last day of term
Monday 20 July	INSET Day

LMS Safeguarding

Online Harms Insights - Youth Justice Board

The British Government, in line with a global drive to making the internet a safer place, has recently begun following a harder strategy aimed at reducing harm to children online. During the course of policy formulation, the government has accumulated data and insights regarding harms caused to children by free online access in previous years. This has led to the publication of a findings document aimed at putting their new harm reduction policies in context. The report covers the effects of cyberbullying, radicalisation, exploitation, revenge pornography and the ills caused by social media encouragement of anti-social behaviour. If interested, please follow the link below:

<https://www.gov.uk/government/news/new-evidence-on-online-harms-affecting-children>

LMS Well-being

Strength and stretch

It sounds like a fitness class. It's not. This is about training your mind, not your muscles.

In Positive Psychology, strengths aren't just things you're good at, they're what energise you. When you use them, you don't just perform better – you *feel* better (more engaged, more like yourself) and life feels a lot more doable. Strengths are your natural wiring. You in 'best self' mode.

Maybe you're the connector who brings people together, the ideas person who spots new possibilities or the one who sees risks early and quietly saves the day. Whatever your strengths are, they're not random. The combination is uniquely you – like a fingerprint. Strengths aren't just skills. They're your superpowers.

Now for the stretch...

Most people get very comfortable staying comfortable. Same habits, same thoughts... same results. But here's the truth: people who live in comfort zones are actually very uncomfortable. Stretching, on the other hand, can feel awkward. A bit uncertain. Like trying something new when you're not entirely sure how it'll go. So we delay. We tell ourselves "not yet" or "maybe next week." And before long, nothing changes. But here's the catch: growth doesn't happen in the comfort zone.

Growth lives just beyond it. That's where confidence builds. That's where you learn, adapt and move forward. And this is where strengths come into their own. Your strengths give you the energy to act. The confidence to try. They make the uncomfortable feel possible. They help you take that first step when you'd normally hesitate.

The sweet spot is when you use what you're naturally good at to do what doesn't yet feel natural.

Basically, Strengths + Stretch = Growth.

Congratulations to our Top Doodlers...

Eddie W & Connor W for their 50
day streak and Isla L & Najib J
for their 250 day streak!

Well done



doodle



Long Meadow Legends

Tadpoles - Zuhair for an excellent list of animals! He used Fred finger spellings & tried his best and Kingsley for having a go at writing & developing his mark making.

Minnows - Jamie-Lynn for being subitiser of the week and Halle & Hallie for showing great determination & not giving up practising cartwheels over the last 2 weeks.

Sticklebacks - Rupert for doing some super sewing in DT using a running stitch to sew his pirate hat and Frankie for his perseverance in stitching his pirate hat.

Frogs - Mara for always showing the right behaviour & being an excellent role model and Alfred for outstanding writing & always going the extra mile.

Newts - Tara for her resilience with her DT learning - sewing a running stitch, and Dominik for his wonderfully creative DT.

Hogweed - Cole for fabulous work in computing and Emily for always trying her best, even when she finds things difficult.

Bracken - Ali for always being polite, kind & helpful and Zayn for showing great perseverance in computing.

Hawthorn - Arnold for a great effort on his African artwork in the style of the Ndebele community and Yusuf for being the best book corner monitor all year!

Foxgloves - Aakesh for impressing me with his vast knowledge in Geography and Youssef for showing kindness to his peers in class.

Ferns - Jack for some fabulous work in maths recently and Simeon for an amazing standard in many subjects, especially maths.

Thistles - Enrico for consistently trying his best in everything he does and Corey for continually making the effort to improve his handwriting.

Teasels - Ivy for being a fabulous friend and Iris for being a kind & thoughtful friend & always looking out for others.

Brambles - Zoe & Sohni for always having a positive attitude & being a ray of sunshine!

All of Y6 for great maturity in tough conditions on residential!

#PROUD

ALWAYS FOLLOW THE WATER SAFETY CODE



Whenever you are around water:

STOP AND THINK

Take time to assess
your surroundings.
Look for the
dangers and
always research
local signs and advice.



STAY TOGETHER

When around water always go
with friends or family.
Swim at a lifeguarded venue.



In an emergency:

CALL 999

If you are at the
coast, call 999 and
ask for the
Coastguard.
Don't enter
the water to
rescue.



FLOAT

Fall in or become
tired - stay calm, float
on your back and call
for help.
Throw something that
floats to somebody that
has fallen in.



Enjoy Water **Safely**

Learn basic lifesaving and CPR skills.
Visit www.rlss.org.uk

Milton Keynes Mental Health Support Team

Stay Connected with the MK MHST

June 2026 Newsletter Now Available

We're excited to share our new-look MK MHST Newsletter, shaped by your feedback to make it more useful, accessible, and relevant.



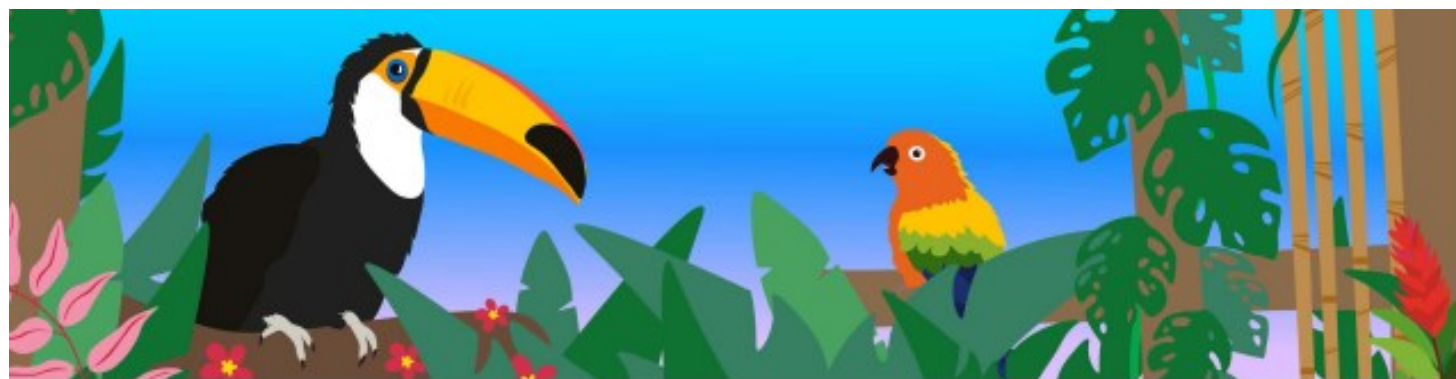
✨ What's inside this edition:

- ✓ Your feedback in action – see what's changed and what to expect
- ✓ Logo competition winner revealed – celebrate young people's creativity (sneak peek below!)
- ✓ Meet the MHST – who we are & how we support schools and families
- ✓ Top wellbeing tips you can start using today
- ✓ Upcoming groups & workshops – including more flexible options



Don't miss out – scan to explore our newsletter!





The Doodle Summer Challenge

1st of July - 31st of August 2026

Earn a pin badge and certificate!

Between the **1st of July - 31st of August**, Doodle are running two exciting Summer Challenges — the DoodleMaths Challenge and the DoodleEnglish Challenge!



Both Challenges are designed to encourage a few minutes of daily Doodling, keeping your child engaged in their learning and boosting their skills. Plus, they can earn exclusive rewards by taking part!

How to take part

1 Create or link your account

If you haven't already, create and/or link a parent account to your child's school account. To find out how to do this, see the reverse of this flyer or visit help.doodlelearning.com and search 'how to link account'.

2 Register for the Challenge

From the **1st of July**, visit parents.doodlelearning.com and press **Register** next to your child's name for one or both Challenges.* The last day to register for and begin the Challenge is the **18th of August**.

3 Doodle 'little and often'

Once you've registered, encourage your child to **earn 750 stars** (or **600** if they were born after August 2018) and use **DoodleMaths** and/or **DoodleEnglish** for **14 days*** between the **1st of July – 31st of August**.

*These 14 days don't need to be in a row. A day of use is defined as completing at least one exercise between 00:01 and 23:59.

4 Receive a pin badge and certificate!

Once they've reached their target, we'll send a **pin badge to their school**. This will arrive after the Challenge comes to an end. You can also claim a **personalised certificate** for them by visiting parents.doodlelearning.com and pressing **Download certificate**. The last chance to do this is midnight on the 25th of September.



Tag us and use the hashtag
#DoodleSummerChallenge

For more information,
please visit doodlelearning.com/challenge.

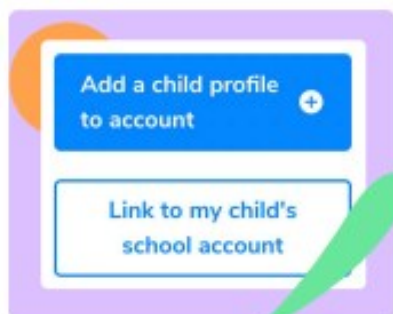
Any questions? Visit help.doodlelearning.com and press on the green circle icon to chat to our team.

How to create and/or link a parent account to your child's school account

Creating a parent account is really important (and really easy!). By doing this, you'll be able to enter the Summer Challenge and claim your child's personalised certificate by visiting parents.doodlelearning.com, our online parent hub.

How to create and/or link a parent account via the Doodle apps

- 1 Log in to any of the Doodle apps using the username and password provided by your child's school. **If you're not sure what these are, please contact your child's school rather than creating a new account for them.**
- 2 From the Learning Zone, click on the arrow icon in the top left-hand corner of the screen
- 3 Select **Settings** and press **Parent details**
- 4 If you're new to Doodle, choose **Create parent account**. If you already have a Doodle account, click on **Link existing account**.
- 5 Enter your details to link your email address to your child's account



How to create and/or link a parent account via the Parent Dashboard

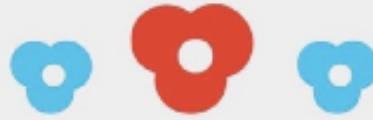
- 1 Visit parents.doodlelearning.com
- 2 If you're new to Doodle, click on **Create account** and follow the instructions. After you've done this, log in to parents.doodlelearning.com. If you already have a parent account, log in to parents.doodlelearning.com.
- 3 Once you've logged in, hover over **My account** and select **Child details**
- 4 Click on **Link to my child's school account** and enter the username and password provided by your child's school. **If you're not sure what these are, please contact your child's school rather than creating a new account for them.**

Good luck, and happy Doodling!

*The Challenge available will depend on your school's Doodle subscription. If you'd like to join both Challenges but your school does not subscribe to DoodleMaths or DoodleEnglish, a home subscription can be taken out in the subject you're not subscribed to. To receive 2 FREE weeks of a home subscription, please visit doodlelearning.com/challenge-offer.



Nurture Hub Therapy Service



Low-Cost Counselling for Parent Carers

We offer low-cost counselling for parent carers of children or young people with SEND - regardless of whether they have a formal diagnosis. As a team, we have experience ourselves as parent carers, and are passionate about supporting parent carer mental health.

Our services include:



Up to 20 weeks of telephone or Zoom counselling. Our prices are affordable, starting from £35 a session.



Online therapeutic groups, which are free to attend (donations gratefully accepted) - such as our monthly, online creative therapy group.



1:1, one-off, behavioural support and advice sessions - practical support to help you make sense of your child's behaviour.

For more information, or to register your interest,
please reach out to us at:
nurturehub@icloud.com



Nurture Hub Therapy
Service



Online Creative Therapy Group for Parent Carers

...on the first Tuesday of each month, from
10am - 11am.

For parent carers of all artistic abilities, with a child
or young person with special educational needs or
disabilities - no need for a diagnosis!

Free to all - but donations are welcomed via our website.

For more information, or to register your interest,
please reach out to us at:
nurturehub@icloud.com



DANIEL'S CARE

SUPPORTING CHILDREN AND
FAMILIES IN MILTON KEYNES

School essentials for local children
A small, discreet community initiative based in Wolverton.

We provide practical items such as:

Plain school jumpers
Non-branded PE kits
Backpacks
Water bottles
Pencil cases & stationery

Families can request support directly using the QR code below.

We will always do our best to provide requested items, depending on availability.



Scan the QR code to request support

Shop • Sell • Save

**Save up to 90% on nearly new
baby and children's items**

**Stall Booking &
Info**



Clothes • Toys • Books • Equipment

mum2mum
market
NEARLY NEW SALES
MILTON KEYNES

Sat 25th April 2:30–4:30pm
Sat 6th June 2:30–4:30pm
Sat 4th July 2:30–4:30pm

Shenley Brook End School
Walbank Grove
Shenley Brook End
Milton Keynes
MK5 7ZT

 Mum2Mum Market Berks, Beds and Bucks
 @mum2mum_market_miltonkeynes
 miltonkeynes@mum2mummarket.com
 www.mum2mummarket.co.uk

BUCKS COUNTY SHOW

Thursday 27th August 2026

SCHOOL OFFER!



FREE Child Tickets!

You can book entry tickets online and take advantage of our **FREE child ticket** offer. Get up to 3 **FREE** child tickets (up to 16yrs) with each full paying Adult or Over 65 ticket. To redeem, simply use code **SCHOOL26** at checkout.

Visit www.buckscountyshow.co.uk/tickets or scan the QR code



T&Cs: Offer valid online only. Must be booked using the code SCHOOL26. Not valid with the use of any other offers. Offer ends midnight 26.08.26



Sign the **plan for**
play petition



ROCK
STEADY

DOES YOUR CHILD WANT TO PLAY MUSIC IN THEIR OWN BAND?



With Rocksteady, children learn to play an instrument through fun and inclusive weekly in-school rock and pop band lessons.

It's the perfect way to learn new musical skills, make friends and have a great time - all at school! There's no musical experience necessary and instruments for lessons are provided.

Rocksteady lessons are also shown to boost confidence, improve wellbeing and encourage teamwork!



Scan QR code to
find out more!

98%

OF PARENTS SAY
THEIR CHILD LOVES OR
ENJOYS ROCKSTEADY
BAND LESSONS

94%

OF PARENTS SAY
ROCKSTEADY
IMPROVES THEIR
CHILD'S CONFIDENCE

0330 113 0330 (Mon-Thurs 8am-8pm, Fri 8am-6pm, local rate)

rocksteadymusicschool.com

BEE FEST

Westbury Arts Centre

Registered Charity Number 1151531

Westbury Arts Centre,
Foxcovert Road, Shenley Wood,
MK5 6AA



///exonerate.poster.insects

WESTBURY BEE FESTIVAL

19 July 2026

11:00 - 16:00

- Brilliant bee talks
- Wax candle making
- Workshops and activities
- Local honey & bee gifts for sale
- Live observation hive - safely see the bees up close

