

LMS Matters

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Dear Parents and Carers

This week, my assembly was about **INTERNATIONAL WOMENS DAY** which was last Sunday. Whilst preparing the assembly it continued to blow me away at just how unequal our world is with regards to gender, and for no fathomable reason apart from being historical. For example, only 8 out of the top 100 companies in the world are run by women; globally, women earn on average 16% less than men; and, even more shockingly, there are still 18 countries in the world where husbands can legally stop their wives from working. Thankfully, there are many countries now that have laws to make things fairer. For example, England is one of only a handful of countries in the world which pays their national women's and men's football teams equally. However, the amount footballers receive for playing nationally is tiny compared to what they receive for club games (where there is often huge inequality between men and women). By sharing this information with our children and developing them all as good human beings, we hope they will play their part in ensuring life is fairer for everyone.

Don't forget to get your **LEGOLAND INSET DAY TICKETS!** If you're looking for something to do on the Inset Day – Monday 13th April, PALMS have discounted tickets available for **LEGOLAND!** *Tickets must be purchased before 25th March or until they sell out (whichever comes first), so please don't leave it too late.* It's a great option for a fun family day out while school is closed! <https://pta.events/LegolandApril>. Thank you in advance for supporting **PALMS**.

Chloe from **MUM2MUM MARKET** in Market Milton Keynes has contacted us about their baby and children's nearly new sales where local families can save money on quality pre-loved items. They are all held at Shenley Brook End school. If you are interested see her flyer further on.

Mrs Stiles and the **SCHOOL COUNCIL** would like to send a huge thank you for your last donations. Using this money they were able to buy brand new **ATLASES** for geography! And don't forget we will be supporting **COMIC RELIEF** on Friday 20th March, this will be a non school uniform day and donations can be made using the link: <https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=20540>.

It's that time of year again where the **RARING2GO MAGAZINE** for MK is available to families, which includes lots of things for you all to do in this Spring season. This edition includes top tips for a stress free Easter egg hunt, how to build a mini wildlife pond and lots, lots more at <https://magazines.raring2go.co.uk/miltonkeynes/spring2026/>.

We have been told about a **FAMILY CONCERT-** Alina Brass: Music from the Movies, Saturday 18 April, at 1pm at The Stables, Milton Keynes. Bring the whole family to this brilliant concert with the members of Alina Brass and narrator Jessica Wise, performing much-loved music from Disney and other family favourite films. Featuring music from Frozen and Star Wars to Pirates of the Caribbean and Coco, audiences can sing along and join the fun. Children are invited to dress as their favourite movie characters and bring toys or dolls. See their flyer further on.

Finally, **TATTENHOE FC** have let us know that the club has started Year 2-5 training sessions, designed to either get kids into football or back into the game. Sessions are £5. They are offering everyone 1 free trial session, but for LMS students they are happy to make that 2 free sessions! All you need to do is state Long Meadow School in the 'How did you hear about us?' field. See their flyer further on.

Mr Gray



EYFS/KSI

Newts

who achieved

97.8%

KS2

Foxgloves

who achieved

100%



TTROCK Stars

Weekly class champions!

KS1

Frogs

KS2

Bracken



**This term's EYFS
maths workshop
will be on
Wednesday 18th
March between
3.20-4.00pm.**

DATES

FOR YOUR DIARY

School Term and Bank Holiday Dates 2025 / 2026

Term	Open morning of:	Close at the end of afternoon session of:
Autumn Term 2025	Wednesday 3 September 2025	Friday 24 October 2025
	Monday 3 November 2025	Friday 19 December 2025
Spring Term 2026	Tuesday 6 January 2026	Friday 13 February 2026
	Monday 23 February 2026	Friday 27 March 2026
Summer Term 2026	Tuesday 14 April 2026	Friday 22 May 2026
	Monday 1 June 2026	Friday 17 July 2026

Training days agreed to date: (on these days children do not come to school but staff do)

Monday 1 September 2025 / Tuesday 2 September 2025 / Monday 5 January 2026 / Monday 13 April 2026 / Monday 20 July 2026

Good Friday: Friday 3 April 2026

Easter Monday: Monday 6 April 2026

May Day: Monday 4 May 2026

Spring Term 2026

Monday 9 March	EYFS Visit to the Library
Wednesday 11 March	EYFS Visit to the Library
Wednesday 11 March	EYFS Literacy Workshop (3.15-3.45pm)
Friday 13 March	Year 5 West Ashland Fire Station visiting
w/c 16 March	Year 6 Mock SATs
Monday 16-19 March	Book Fair (3.15-3.45pm)
Tuesday 17 March	Year 3 Residential Parent Meeting (5-6pm)
Weds 18-20 March	Year 5 Bikeability
Wednesday 18 March	Year 1/2 Learning Fair
Thursday 19 March	Year 3 Brioche Pasquier
Friday 20 March	Comic Relief
Monday 23 March	Year 6 Bletchley Park
Tuesday 24 March	Year 6 Bletchley Park
Wednesday 25 March	EYFS & KS1 Awards Assembly (9.10am)
Wednesday 25 March	Year 3 & 4 Awards Assembly (2.15pm)
Wednesday 25 March	PALMS Easter Crafts KS1
Wednesday 25 March	Year 4 Residential Parent Meeting (3.15pm in Y4 class)
Thursday 26 March	Class Photos
Thursday 26 March	Year 5 & 6 Awards Assembly (2.15pm)
Thursday 26 March	PALMS Easter Crafts KS2
Friday 27 March	PALMS Easter Hat Day
Friday 27 March	Last day of Spring Term
30 March - 10 April	Easter Holidays
Monday 13 April	INSET Day

LMS Safeguarding

Online toxic masculinity- The spread of misogyny online and about the rise of ‘the manosphere’ and ‘incel’ culture

Misogyny is when someone hates or has an aversion to women, and shows prejudice towards women. Someone might mistreat women, or believe that women are not as important or capable as men. The **manosphere** is a group of online communities where misogynistic views are shared. These groups discuss masculinity and promote anti-feminist and sexist beliefs. The communities also discuss everyday topics such as gaming, finance and politics. A lot of these groups use jokes and memes (pictures) to share their views, so it might not be obvious at a glance that they're spreading hateful content. According to a recent survey, **69% of boys aged 11 to 14** have seen misogynistic content online without searching for it, and **52%** of the boys surveyed had seen content from influencers linked to the manosphere.

How does this content affect children?

Children, and especially boys, might get involved in these online communities as it gives them a sense of self-worth, belonging and security. They can be strongly influenced, and even radicalised, by what they see. Manosphere content promotes ideas such as:

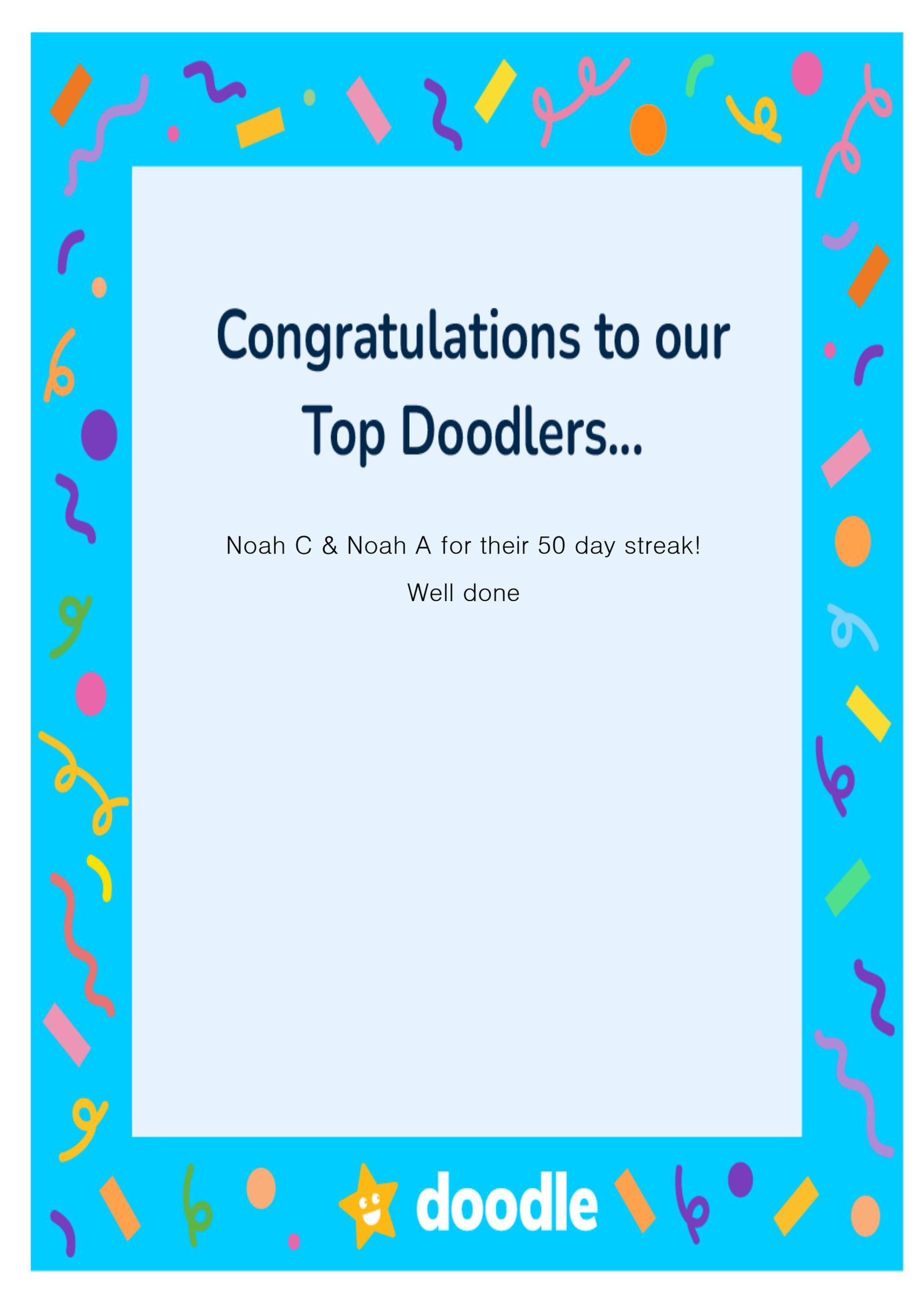
- Men are more important and more powerful than women
- Violence against women is acceptable

Following these beliefs can lead to violence against women and girls, such as female classmates. This content also promotes unrealistic expectations that can lead to poor self-esteem and mental health issues. It preys on vulnerabilities of boys and young men, especially those related to feeling alone and being rejected by women and girls

LMS Well-being

As we move further into March and begin to notice the signs of spring around us, it's a wonderful time to encourage children to spend a little more time outdoors. The longer, lighter afternoons provide great opportunities for fresh air, exercise and time away from screens, all of which support children's physical and emotional wellbeing. A short walk after school, playing in the garden, riding a bike, or visiting a local park can all help children relax, boost their mood and improve sleep.

This time of year can also be busy for children as they continue with their learning and activities in school. Creating small, calm moments at home – such as reading together, sharing a meal without distractions, or simply chatting about the day – can help children feel settled and supported. We continue to talk with the children about the importance of kindness and respect, both towards others and themselves. Encouraging children to reflect on something positive from their day, or something they are proud of, can be a simple but powerful way to support confidence and emotional wellbeing.



Congratulations to our Top Doodlers...

Noah C & Noah A for their 50 day streak!

Well done



doodle



Long Meadow Legends

Tadpoles – Katie for always seeking & rising to any challenge.

Minnows – Talia for labelling her 'Earth' picture with a 'T' for her name and Yana for being Subitiser of the Week.

Sticklebacks – Isla for extraordinary maths skills!

Frogs – Tyler for joining in the game in PE and showing some great throwing skills.

Newts – Daisy for her awesome number and place value learning this week.

Hogweed – Maisie for improving her writing.

Bracken – Anne for working hard to improve her spelling.

Hawthorn – Owen for a wonderful piece of writing about being a water droplet.

Foxgloves – Siddharth for writing an impressive recount about the journey of a water droplet.

Ferns – Lois for being an amazingly talented artist!

Thistles – Henry for rising to the challenge, working harder & achieving more everyday.

Brambles – Maaria for showing a real improvement in the standard of her learning this week.

Teasels – Mari for a brilliant non-chronological report in English.

Sports Person of the Week

SPOTW is Harsimran in Year 5, for being on fire at girls' football club with incredible energy, effort and enthusiasm. She was a super defender, making some excellent tackles and showing great determination to win the ball back for her team. We think it was all down to the Cornflakes she had for breakfast!

#PROUD

Shop • Sell • Save

Save up to 90% on nearly new baby and children's items

mum2mum
market
NEARLY NEW SALES
MILTON KEYNES

Stall Booking & Info



Sat 25th April 2:30–4:30pm
Sat 6th June 2:30–4:30pm
Sat 4th July 2:30–4:30pm

Shenley Brook End School
Walbank Grove
Shenley Brook End
Milton Keynes
MK5 7ZT

Clothes • Toys • Books • Equipment

Mum2Mum Market Berks, Beds and Bucks
 @mum2mum_market_miltonkeynes
 miltonkeynes@mum2mummarket.com
 www.mum2mummarket.co.uk

ALINA BRASS
MUSIC
FROM THE
MOVIES
FAMILY CONCERT

Saturday 18 April, 1pm
at The Stables, Milton Keynes

Featuring music from Frozen, Pirates of the Caribbean, Coco, Toy Story and many more film favourites...

Come dressed as your favourite film or TV character – or bring your favourite doll or toy.

Book at **stables.org** or call the box office on **01908 280800**

We look forward to seeing you soon!

TYFC KICKSTART!



FIRST SESSION
FREE!



5:30PM – U7 & U8

6:30PM – U9 & U10 Then just £5 per session!



Every Thursday



Rickley Park School / Medbourne Pavilion



Tattenhoe Youth FC are launching TYFC Kickstart!
A new foundation training sessions for Year 2 to
Year 5 children looking to start playing football for
the first time or looking to get back playing the
beautiful game.

Delivered by our DBS checked, safeguarding and FA
qualified coaches, providing a safe, supportive and
structured enviroment for all!

Scan the QR code now to register your childs interest
or email joinus@tattenhoeyouthfc.co.uk



Leon Leisure Centre

Over 8's Swimming LESSONS

**ENROLL
NOW**

Weekday and Weekend availability!

Beginner swimming lessons for children over 8 years old



The perfect lesson for nervous swimmers

swimbookings@liftsirherbertleon.org

01908 624725

Fern Grove, Bletchley, Milton Keynes MK2 3HQ

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Lift Sir
Herbert Leon

Leon

DISCOVER MUSIC TECH AT YOUR FUTURE SECONDARY SCHOOL

A free and exciting after-school club for Upper KS2 (Yr 5 & Yr 6)

We're excited to share a brilliant opportunity for you to explore some exciting music technology music making sessions. The club will run weekly on Thursday at Shenley Brook End school from 3.30pm to 4.30pm and you're invited to go along and make exciting music for free!

What You'll Do:

Finger Drumming: Drop beats like a pro using specialist Yamaha gear.

Browser Beat Makers: Create your own music online using free tools you can continue using at home.

iPad Music Making: Swipe, tap, and loop your way to your very own booming beats using iPad apps.



Why Join?

- Visit and explore the music department at your future school
- Meet your future music teacher
- Make music with other pupils from local schools
- Try exciting new tech and get creative
- No experience needed — just bring your curiosity!

It's a great way to build confidence, make new friends, and get a taste of what's to come in Year 7 — all while having fun making music!



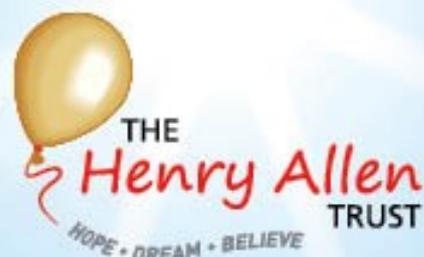
BLMK.
Music Hub



Supported using public funding by
**ARTS COUNCIL
ENGLAND**

MK Milton Keynes
City Council

As well as Easter eggs we are asking for
Easter Themed Games · Colouring Books
Activities · Arts & Crafts · Confectionery



A list of EggstraSpecial EasterWishes

Can you help
Team Henry and
the Easter chicks by
donating Easter treats
for Children, teens,
young adults and
their families battling
childhood
cancer

If you would like to donate a treat from our Amazon Easter
Wish List please visit <http://bit.ly/THATEaster>

Alternatively, if you would like to fundraise for us or donate to help support
families battling childhood cancer please visit [https://www.justgiving.com/
henryallentrust](https://www.justgiving.com/henryallentrust) or send a donation via PayPal enquiries@thehenryallentrust.org.uk



Spreading Some Henry's Happiness This Easter
www.thehenryallentrust.org.uk

MONDAY 2ND MARCH 2026

LUNCH SESSION

With mindset and confidence expert – IFE THOMAS

The Confidence Star

Transforming childrens inner strength & **self-belief**.

Counteract Negative self-talk & grow inner **confidence**.

Practical **strategies** for your childs emotional wellbeing.

Feel Inspired, Equipped & Uplifted

I AM SOMEBODY!
I AM GOOD ENOUGH!
I CAN DO ANYTHING!
I LIKE MYSELF!

SEND PARENT
SUPPORT GROUP

A **transformational tool** that uses four simple, positive affirmations to help children build inner strength, resilience, and self-belief.

Ife Thomas

make
well



Easter Break

Holiday Adventure Clubs @The Caldecotte Xperience



Action-packed days your child will love — and you'll feel good about booking!

Looking for an active, outdoor holiday club that gets children off screens and into fresh air? Our Holiday Adventure Clubs offer safe, supervised fun, packed with confidence-building activities, led by experienced instructors.



Ages
5 - 15

£37.50 per day
9:00am – 5:00pm

**Ofsted
registered**

Childcare vouchers welcome

Dates

**30th March -
10th April**

(Excluding weekends
and Bank holidays)

Early bird offer

Use code
EARLYBIRDADVENTURE
to get 10% discount.
Expires: 8th March 2026

**Scan
to book**



Places fill quickly

- ✓ Extended day option (8:30 am-5:30 pm)
for an additional **£5.00**

Action4Youth | The Caldecotte Xperience, Milton Keynes, MK6 3AG


**ACTION
4YOUTH**



What's included

Every day is designed to help children **move, explore, build confidence and make friends** – all in a safe, supportive environment.

Activities may include

- Water sports & bushcraft
 - Climbing & abseiling
 - Arts & crafts
 - Bouncy castle & zorbing
 - Scavenger hunt & rocket challenge
 - Team games & confidence-building challenges
- (Activities vary by age, weather and day)*



Why parents choose Action4Youth

- ✓ Delivered by **highly experienced, qualified instructors**
- ✓ Safe, supervised outdoor environment
- ✓ Children grouped by age
- ✓ Focus on confidence, resilience and teamwork
- ✓ A fun alternative to traditional holiday childcare

Scan the QR code for information on activities and to book a place



Places fill quickly

Unforgettable adventures – without the overnight stay.

Perfect for the Easter holidays!

Action4Youth Ltd
Charity No: 1033626 | Company No: 2888960
www.action4youth.org | Tel: 0300 003 0998


**ACTION
4YOUTH**