

LMS Matters

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Dear Parents and Carers

I had the pleasure of accompanying the **CROSS COUNTRY TEAMS** at the MK Bowl last Friday in the MK Schools competition, in awful weather conditions, with true LMS Spirit. All of the children did amazingly well with lots of top 50 places and lots of top 10 as well! Our Senior Boys team came first and in second place overall – an amazing achievement. A number of our children were also selected for trials to extend them even further. Well done to the teams which were: Junior Girls - Tani, Esme, Anne, Daisy B, Grace O-A; Junior Boys - Nathaniel, Luca, Arnold, Bertie; Senior Girls - Abbey, Zeynep, Evie-Grace, Lacey, Zoe, Safiya; and Senior Boys - Freddie, Henry M, Henry W, Matthew, Oscar, Joey.

As ever, we supported **REMEMBRANCE DAY** this year. This period commemorates the contribution of British and Commonwealth military and civilian servicemen and women involved in the two World Wars and later conflicts. Each class received age appropriate information and completed a period of silence. Remembrance Day is about being grateful for people who have helped make the world a better and safer place.

A huge thank to everyone that was able to support our **PROSTRIKE** football event recently, I am pleased to announce the event raised a whopping **£1227.75** which goes directly back to us! Thank you all so much!

This week also saw our **PANTO** for all of the children as they watched the production of **SNOW WHITE**, a real treat for a Monday! M&M Productions delighted everyone with their fantastic pantomime performance of Snow White. The children looked amazing in their character costumes and made a brilliant audience – cheering, laughing, and joining in with all the classic panto lines: “Oh no you don’t!” and “Oh yes we do!” Even four of our teachers joined in the fun with a lively onstage dance-off! The stage setting was wonderful, and the children’s singing and laughter could be heard throughout the school as they joined in with familiar songs and even shouted out their times tables! A huge thank you to **PALMS** for their incredibly generous contribution of £1,000 which made this special event possible.

Unfortunately we have had a lot of mud walked into the school on children’s feet at lunchtimes and breaktimes. This is a gentle reminder that all children must have a **CHANGE OF FOOTWEAR** that they can use if the **OPAL WELLY (ask the children)** shows they need to. We will be going out more and more in the rain – so this is essential. Thanks again in advance.

Don’t forget – our **EYFS MATHS WORKSHOP** will be taking place in Minnows on Thursday 27th November between 3.15pm and 4.00pm. This is a great opportunity to find out more about what we do at LMS and how to support your child even further.

PALMS have planned some amazing events for the coming year and are looking for your support. First up, a **CLOTHING COLLECTION** on Friday 28th November 2025. Help them raise funds while decluttering your wardrobes! Please check the list of accepted items before donating: thelittlerecyclers.co.uk/items-we-accept. Then the **CHRISTMAS FAIR** is on 5th December 2025 (after school) with games, treats, and seasonal fun! Santa’s Grotto bookings will open very soon – keep an eye on the PTA page for updates. They are also selling tickets for the **MK PANTOMIME** and **LEGOLAND WINDSOR**. All details and updates can be found on their website: <https://www.pta-events.co.uk/palmspta/index.cfm>.

Did you know that there is an **ECZEMA SUPPORT GROUP** in MK? This new peer support group for children and parents are meeting on 10th December at the MK Quakers Centre. See the flyer further on for more details.

Have a great weekend all.

Mr Gray



EYFS/KS1

Sticklebacks

who achieved

99.6%

KS2

Hogweed

who achieved

99.3%



TTROCK Stars

Weekly class champions!

KS1

Frogs

KS2

Foxgloves



Did you also know that our **SCHOOL HALL** is available for **HIRE**? If you wish to know more about hiring it for birthdays and special occasions, please speak to the school office for further details.

D A T E S

FOR YOUR DIARY

School Term and Bank Holiday Dates 2025 / 2026

Term	Open morning of:	Close at the end of afternoon session of:
Autumn Term 2025	Wednesday 3 September 2025	Friday 24 October 2025
	Monday 3 November 2025	Friday 19 December 2025
Spring Term 2026	Tuesday 6 January 2026	Friday 13 February 2026
	Monday 23 February 2026	Friday 27 March 2026
Summer Term 2026	Tuesday 14 April 2026	Friday 22 May 2026
	Monday 1 June 2026	Friday 17 July 2026

Training days agreed to date: (on these days children do not come to school but staff do)

Monday 1 September 2025 / Tuesday 2 September 2025 / Monday 5 January 2026 / Monday 13 April 2026 / Monday 20 July 2026

Good Friday: Friday 3 April 2026

Easter Monday: Monday 6 April 2026

May Day: Monday 4 May 2026

Autumn Term 2025

Wednesday 5 November	Prostrike
Thursday 6 November	PALMS Discos
w/c 10 November	Anti-Bullying Week
Monday 10 November	World Science Day
Monday 10 November	Snow White Theatre Production
Tuesday 11 November	Year 6 SATs Information Evening (Virtual 5-6pm)
Wednesday 12 November	Biscuits & Books (8.30am-9am)
Wednesday 12 November	Y1/2 Tour around MK (on the minibus)
Thursday 13 November	Y1/2 Tour around MK (on the minibus)
Thursday 13 November	EYFS Phonics Workshop (5.30-6.30pm)
Thursday 13 November	Children in Need
Friday 14 November	Year 4 Fitzwilliam Museum
Monday 17 November	Y1/2 Tour around MK (on the minibus)
Wednesday 19 November	Y1/2 Tour around MK (on the minibus)
Thursday 20 November	Y1/2 Tour around MK (on the minibus)
Thursday 20 November	EYFS Drawing Club Literacy Workshop (3.15 - 4pm)
Friday 21 November	Y1/2 Tour around MK (on the minibus)
Friday 28 November	PALMS Clothing Collection
Monday 1 December	PALMS Non-Uniform Day (for Xmas fete)
Friday 5 December	PALMS Christmas Fair
Monday 8 December	Year 1/2 Carol Concert (9.15am-9.45am)
Tuesday 9 December	Year 1/2 Carol Concert (2.15pm-2.45pm)
Thursday 11 December	Christmas Jumper Day
Thursday 11 December	EYFS Christmas Performance (1.30pm)
Friday 12 December	Year 6 Learning Fair
Monday 15 December	Christmas Dash
Tuesday 16 December	EYFS & KS1 Awards Assembly (9.10am)
Tuesday 16 December	Year 3/4 Awards Assembly (2.15pm)
Wednesday 17 December	Year 5/6 Awards Assembly (2.15pm)
Thursday 18 December	Christmas Party Day
Friday 19 December	Break up for Christmas Holidays
Monday 22 - Friday 2 January	Christmas Holidays
Monday 5 January	INSET Day

Stay & Play

Wednesday 5 November	Fireworks
Wednesday 19 November	Pirates
Wednesday 3 December	Space
Wednesday 17 December	Christmas

LMS Safeguarding

Parental Use of Cannabis (Kent Safeguarding Partnership)

Clear Minds Safer Homes is a new Kent Safeguarding Children Multi-Agency Partnership campaign that challenges the myth that cannabis is “low risk”, highlighting how parental use can undermine supervision, decision making and emotional availability, while also potentially exposing children to illegal activity in and around the home, including drug dealing, unsafe adults and potential police involvement.

Use of cannabis can lead to:

- **Impaired supervision and decision making:** being intoxicated or heavily stoned can reduce a parent’s awareness of risks, delay their responses, and make accidents or neglect more likely.
- **Emotional unavailability and inconsistent care:** regular use can affect mood, motivation and engagement, so children may experience unpredictability, poor routines and reduced emotional warmth.

Find the resources here: <https://www.kscmp.org.uk/guidance/clear-minds-safer-homes>

LMS Well-being

Let’s talk about #MAFS

To the uninitiated – or those who aren’t Mafmatically minded – Married at First Sight is reality TV dressed up as a social experiment.

An assortment of brides and grooms, who’ve never clapped eyes on each other (although, spoiler: sometimes they actually have) meet at the altar and swap vows. Except they don’t really. It’s not a legal marriage, more of a dress-up drama with confetti.

Confused? Strap in. Couples are paired by a panel of “experts,” based not on who they fancy, but on what they apparently need. Cue the tragic backstories, as participants recount their disastrous dating histories, hence the need for professional intervention. Many declare they’re open to trying a “different type.” Which sounds noble until they actually meet their match and instantly recoil. Turns out the “different type” isn’t their type at all. Cue contradictions, fireworks, tears, walkouts.

Because what we say and what we feel are rarely the same thing. We make decisions with our head, our heart... and, let’s be honest, a few other body parts too. Add in the cameras, producers, group tasks and online commentary, and it’s clear: love is messy, complicated, gloriously human. Which, of course, is exactly like life.

On paper, life should be simple. In practice? Not so much. What you want isn’t always what you need. What you do isn’t always who you are. You can gaslight yourself into believing nonsense, or fail to give yourself credit when you deserve it. Friends mean well, but advice isn’t always helpful. And if you’re desperate enough to consult the internet – good luck!

Here’s the kicker: like it or not, you’re matched with your life. Richer or poorer, it’s your one lifelong partner. Getting along matters. Not just for you, but for everyone around you. You started with 4,000 weeks. Chances are you’ve already burned through a fair few.

So do the MAFS. Commit to your life - Make it work.

Congratulations to our Top Doodlers...

Ren T, Heidi M, Hayden L, Myles Y,
Arshmah J, Joshua K & Iclal S for their 50
day maths streaks; Simeon O, Heidi M,
Kyan M, Ivy M & Lok H for their 50 day
English streaks; Mollie R for her 100 day
English streak; Theo L for his 100 day
maths streak; Ebun B for her 500 day
maths streak and Nathaniel G for his 1000
day maths streak!

Well done



doodle



Long Meadow Legends

Tadpoles – Zuhair for being Subitiser of the Week and Teodora for always being helpful & kind and willing to help others.

Minnows – Allegra for having another go at the maths Halloween counting activity & making it even better

Sticklebacks – Bobby for always showing a positive attitude and being a great role model.

Frogs – Alfred for super impressive sentence writing; showing great use of capital letters, full stops, finger spaces and adjectives.

Newts – Jack for working really hard in English; writing a fantastic set of instructions.

Bracken – Falaq for showing great perseverance & independence in maths.

Hogweed – Krystine for being a marvellous mathematician.

Foxgloves – Eden for some brilliant independent writing in English.

Hawthorn – Iclal for a well thought out double page spread in geography about biomes.

Ferns – Evie-Grace for a fantastic gymnastic demonstration in PE.

Thistles – Harsimran for writing a super 'tense' suspense story.

Brambles – Shenley for being the 'Goddess of Similes'.

Teasels – Alice for excellent dedication, drive and resilience to improve her learning.

#PROUD

Sports People of the Week

Sports Person of the Week is Advait in Year 2, Newts. He was engaged through the whole lesson which is sometimes a challenge for him and was able to explain to me who he was passing the ball to and the reasons why.

On Friday afternoon, we attended the KS2 MK Schools Cross Country competition and I couldn't be prouder of the teams! On a wet, windy and very muddy course around the MK Bowl, they were AMAZING at not only running but also the support of each other. Each race had around 150 competitors and we had some brilliant results. Our senior boys team won overall and we were overall 2nd best team in our category. Four of our team were selected to represent 'Team MK' in a National competition. A huge thank you to the parents that attended to support the children and also to Mr Gray, Mrs Richardson and Mrs Wood.

Junior Girls – Tani, Esme, Anne, Daisy B, Grace O–A

Junior Boys – Nathaniel, Luca, Arnold, Bertie

Senior Girls – Abbey, Zeynep, Evie–Grace, Lacey, Zoe, Safiya

Senior Boys – Freddie, Henry M, Henry W, Matthew, Oscar, Joey

Our Y5/6 Boys football team also completed their League campaign. After a brilliant performance across 4 weeks, we finished in 3rd place making it to the cup finals where we were unfortunate to lose on penalties in the quarter finals.

Well done to: Hudson, Henry W, Joey, Tyler, Kemal, Henry M, Enrico, Josh K & Freddie

We then had another Y5 Boys football team compete in some fixtures with brilliant effort against some children that were much bigger than them! They never gave up, scoring some fabulous goals.

Well done to: Hal, Sam, Mohammed A, Ewan, Toby, James, Zac

Finally, we had some of our younger pupils from Year 1/2 attend Campbell Park to take part in some team building activities with The Parks Trust. They developed their survival skills learning lots of outdoor skills and communicated with each other wonderfully.

Well done: Lexie B, Kyan I, Arshmah, Heidi, Eli, Joaquim

#PROUD



Earn prizes and WIN a Doodle goodie pack!

Between the 20th of October – 24th of November, DoodleLearning is running an exciting event where your child can earn guaranteed rewards!

Designed to encourage a few minutes of daily doodling, joining the fun is a great way to promote healthy learning habits and top up your child's knowledge. Plus, everyone who reaches the target can enter a prize draw to WIN a bundle of Doodle goodies!

How to take part

1 Create or link your account

If you haven't already, create and/or link a parent account to your child's school account. To find out how to do this, see the reverse of this flyer or visit help.doodlelearning.com and search 'how to link account'.

2 Use DoodleMaths 'little and often'

Encourage your child to earn 250 stars in DoodleMaths between the 20th of October – 24th of November.*

We recommend using DoodleMaths 'little and often' throughout this period – there's no rush to reach the target!

**Stars earned before the 20th of October and/or after the 24th of November, and/or stars earned in DoodleTables, DoodleEnglish and/or DoodleSpell, won't be counted.*

3 Check your child's stars

To see how your child is doing, visit parents.doodlelearning.com, hover over Analyse and press Effort.

Click on the DoodleMaths icon in the top right-hand corner of the screen and select custom time. Set the start date as the 20th of October and the end date as today's date.

We'll email you as soon as your child earns 250 stars in DoodleMaths. To receive this email, please ensure you're subscribed to the 'work programme updates' email category.

4 Receive FREE rewards and enter the prize draw!

Once your child earns 250 stars, they'll receive a printable certificate AND an exclusive in-app badge!

You'll also be able to enter a prize draw to WIN a Doodle goodie pack. To do this, scan the QR code or visit <https://r7fwva4ubvq.typeform.com/autumn-comp>.

10 winners will be selected at random and emailed after the 24th of November to let them know the exciting news.



For more information, please visit doodlelearning.com/competition.

Any questions? Please visit help.doodlelearning.com and press on the green circle icon to chat to our team.

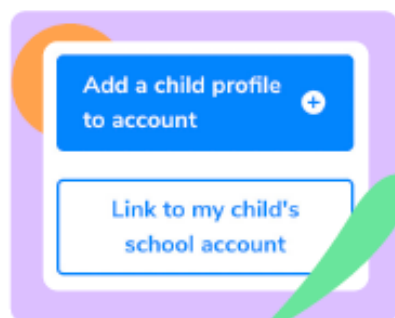
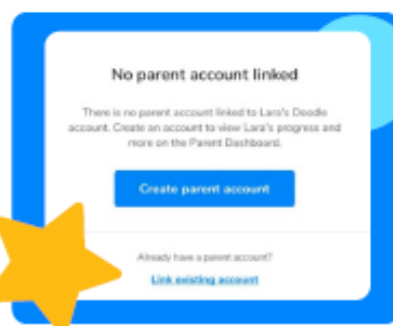


How to create and/or link a parent account to your child's school account

Creating a parent account is really important (and really easy!). By doing this, you'll be able to enter the Autumn Competition and receive your child's exclusive certificate!

How to create and/or link a parent account via the Doodle apps

- 1 Log in to any of the Doodle apps using the username and password provided by your child's school. If you're not sure what these are, please contact your child's school rather than creating a new account for them.
- 2 From the Learning Zone, click on the arrow icon in the top left-hand corner of the screen
- 3 Select Settings and press Parent details
- 4 If you're new to Doodle, choose Create parent account. If you already have a Doodle account, click on Link existing account.
- 5 Enter your details to link your email address to your child's account



How to create and/or link a parent account via the Parent Dashboard

- 1 Visit parents.doodlelearning.com
- 2 If you're new to Doodle, click on Create account and follow the instructions. After you've done this, log in to parents.doodlelearning.com. If you already have a parent account, log in to parents.doodlelearning.com.
- 3 Once you've logged in, hover over My account and select Child details
- 4 Click on Link to my child's school account and enter the username and password provided by your child's school. If you're not sure what these are, please contact your child's school rather than creating a new account for them.

If you'd like to join the competition but your school doesn't subscribe to DoodleMaths, you can receive 20% off a home subscription by visiting doodlelearning.com/competition-offer.

Good luck, and happy Doodling!





Is your child 8-12 years old?
Do they currently have eczema?
Do you live in Milton Keynes?
Our group is for you!

Eczema MK

New peer support group for “Tweens” and their parents

Interested?

Come and meet us at: Milton Keynes Quaker Centre,
1 Oakley Gardens, Downhead Park, MK15 9BH

From: 18:15 to 19:45

On: Wednesday 12th November 2025

10th December 2025

Contact: Naomi 07359336128
for more details



LONG MEADOW SCHOOL PRESENTS

Stay and Play Sessions



Run by the school's Deputy and Assistant Heads
Different theme each session

- MESSY PLAY
- CREATIVE TABLES
- IMAGINATIVE PLAY
- SENSORY ACTIVITIES
- READING AREA
- REFRESHMENTS INCLUDED

Only
£1 pp

Autumn Term 2025

17th September - Safari

1st October - Superheroes

5th November - Fireworks

CANCELLED

3rd December - Space

17th December - Christmas

CONTACT US FOR
MORE INFO

01908 508678

office@longmeadow.milton-keynes.sch.uk



FOR UNDER 5S

9am - 10:30am





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Ofsted
Outstanding
Provider



Fabricated loose parts e.g.

Astro turf off-cuts

Boards, old cabinet doors, panels

Bread, milk, bottle and grocery crates

Briefcases

Buggies, pushchairs

Cable drums

Carpet samples/squares

Fabrics – all shapes and sizes

Foam pipe covers and noodles

Guttering

Hoses

Keyboards

Metal pots, pans, trays etc, especially catering sizes

Nets: fishing, cargo, football

Office removal crates, tea Crates

Old clothes, jackets, overalls, hats, bags

Old household appliances, hoovers, fax machines, microwaves, etc.

One-ton dumpy bags

Pallets

Phones

Piping, gas, water and drainage

Planks – decking

Plastic road barriers

Small wheelie bins

Steering wheels

Suitcases

Tarps

Traffic Cones

Tubes of all kinds

Wooden block and off-cuts Carpenters, builders





And Natural loose parts such as:

Branches and sticks

Fruit trees

Grass Plants

Leaves

Logs

Mud

Pea gravel

Peat

Pinecones

Play bark/woodchip

Sand (washed dredged not 'sharp')

Sea pebbles

Shells

Varied aggregates, slate, flint, clay

Wood off-cuts

If you have or can help with any of these, please put them in the **OPAL DONATION STATION** in the main foyer, or speak to the school office.