## **LMS Matters**

Tel No: 01908 508678

Email address: office@longmeadow.milton-keynes.sch.uk

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Dear Parents and Carers

www.longmeadow.milton-keynes.sch.uk

The **DOODLE SUMMER CHALLENGE** is now on the horizon, where children can get pin badges and certificates by doing their Doodle over the summer. Both challenges are designed to encourage a few minutes of daily doodling, keeping your child engaged in their learning and boosting their skills. Plus they can earn exclusive rewards by taking part! You will need to register for this and create/link a parent account. All the details of exactly how to do this can be found further on in this newsletter. Good luck everyone!

The **WEATHER** this week has seen a sharp rise in temperatures. As per my email earlier in the week, please may parents and carers support us in keeping the children safe and happy in warm weather by:

- Sending your child to school with a refillable water bottle (named)
- Applying a long-lasting, all-day sun cream to your child before they arrive at school
- Providing a named sun hat for your child to wear during outdoor activities
- Dressing your child in their PE kit on days we inform you of

The **RARING TO GO SUMMER MAGAZINE** is now available **FREE** to all parents and carers! This time there is information about the Silverstone Festival, a What's On guide across the summer, information about the UEFA European Women's football championship and lots, lots more. It is a great mix of information, guidance and some great money saving deals. You can find your free electronic copy <u>HERE</u>.

**SEND INFORMATION DAY AND STRATEGY LAUNCH** - Join the LA at the Council Chambers, Civic Offices on 3rd July between 10:30 AM and 6:30 PM for their **SEND** Information Day and the launch of the new strategy. This is a drop-in event, open to all families and carers in Milton Keynes looking for guidance and support. What's On: Fun activities including SEND Storytime, ukulele tasters, sensory toys, careers advice and Family Centre workshops, information on the support children should receive in school, tips to help support your child's development at home, a prize draw with great local goodies to be won! Come along, explore local services, and discover how we're working together to support children and young people with SEND.

It is the time of year when, as a school, we deliver our **SRE** (Sex and Relationships Education) curriculum. This of course looks very different across our school for different aged children. Sex and Relationships Education plays an important role in helping children develop the knowledge, skills, and values they need to form healthy, respectful relationships. It supports their emotional wellbeing, encourages empathy and self-awareness, and helps them understand how to stay safe, both online and in the wider world. Delivered in an age-appropriate way, SRE empowers pupils to make informed choices and builds the foundations for lifelong confidence and respect for others. Teachers will share material with you before they deliver the lessons and you have the opportunity to withdraw your child from this.

The **SCHOOL FETE** plans are in full swing for **SATURDAY 28th JUNE!** There is lots going on with more information available <u>HERE</u>. A big part of the day will be the **PALMS RAFFLE** which has some amazing prizes on offer. If you want to buy your tickets online you can do so at <u>https://pta.events/SummerRaffle25</u>.

Finally this week, thank you to the kind parent who sent us a message on **NATIONAL THANK A TEACHER DAY** on 18th June. It came through with a thank you to all the school staff at LMS. National Thank a Teacher Day is an annual celebration of teachers and support staff across Early Years settings, schools and colleges. Last year over 82,000 Thank a Teacher Day personalised e-cards were sent and there was a media reach of 60,000,000 including national coverage on BBC, ITV, The Sunday Times, The Daily Express and The Sun.

Enjoy your weekend and keep cool if you can! Mr Gray



KS2

100%

Hogweed and Bracken who achieved

100%



TTROCK Stars Weekly class champions! KSI Frogs KS2 Bracken

Did you also know that our **SCHOOL HALL** is available for **HIRE?** If you wish to know more about hiring it for birthdays and special occasions, please speak to the school office for further details.



#### School Term and Bank Holiday Dates 2024 / 2025

Term	Open morning of:	Close at the end of afternoon session of:
Autumn Term 2024	Thursday 5 September 2024	Friday 25 October 2024
	Monday 4 November 2024	Friday 20 December 2024
Spring Term 2025	Tuesday 7 January 2025	Friday 14 February 2025
	Monday 24 February 2025	Thursday 3 April 2025
Summer Term 2025	Tuesday 22 April 2025	Friday 23 May 2025
	Monday 2 June 2025	Tuesday 22 July 2025

Training days agreed to date: (on these days children do not come to school but staff do)

Tuesday 3 September 2024 / Wednesday 4 September 2024 / Monday 6 January 2025 / Friday 4 April 2025 / Wednesday 23 July 2025

Good Friday: Friday 18 April 2025				
Easter Monday:	Monday 21 April 2025			
May Day:	Monday 5 May 2025			
Friday 20 June	Summer Term 2025 PALMS Non Uniform Day			
Monday 23 June	Year 6 Residential - Swanage			
Monday 23 June	RWI Development Day			
Saturday 28 June	PALMS School Fete			
Monday 30 June	Transition Day			
Friday 4 July	Food Fair			
Tuesday 8 July	KS1 & EYFS Sports Day			
Wednesday 9 July	KS2 Sports Day	Stay & Play Dates		
Thursday 10 July	Year 2 Pirate Day	Wednesday 2 July	Sports	
Friday 11 July	Year 6 Performance to KS2 & siblings (9.30am)			
Friday 11 July	Year 3 Learning Fair (2.15pm Hall)			
Friday 11 July	PALMS Frosty Friday			
Monday 14 July	Year 6 Performance to parents (6pm—drop off at 5.30pm)			
Tuesday 15 July	EYFS & KS1 Awards Assembly (9.10-10.10am Hall)			
Tuesday 15 July	Year 6 Performance to parents (1.45pm)			
Wednesday 16 July	Year 3 & 4 Awards Assembly (9.10-10.10am Hall)			
Wednesday 16 July	Year 5 & 6 Awards Assembly (2.15-3.15pm Hall)			
Wednesday 16 July	Year 6 Leavers' Disco (6-8pm)			
Friday 18 July	PALMS Frosty Friday			
Tuesday 22 July	Year 6 Leavers' Assembly (9am)			
Tuesday 22 July	Last Day of Term			

## LMS Safeguarding

## Advice for Dealing with Nudes – Think Before You Share

School aged males and females are engaged in sharing intimate materials. This is a by-product of the internet age.

The personal nature and potentially embarrassing subject matter can make it hard to know what to say. This can be particularly tricky since this behaviour can be transmitted through social media programmes and personal messaging acts. This can lead to bullying, inter-personal issues and general harms.

Think Before You Share has written excellent guidance on dealing with this problem, if interested please follow the link below:

## https://www.thinkbeforeyoushare.org/parents-and-carers

## LMS Well-being

## The role of surrender in creating space for growth.

## "We must be willing to let go of the life we have planned, so as to have the life that is waiting for us."— E.M. Forster

We all want to overcome our internal resistance so we can keep moving forward and making progress. However, how we do this requires deep, unconscious surrender so we can accept what our current reality as it is — especially the things beyond our control.

This acceptance is not submission or defeat; it's a powerful shift that creates space for healing, growth, and new possibilities. And while letting go in this way can be challenging, it's essential for unlocking deeper therapeutic breakthroughs.

The takeaway: When you see signs of self resistance, encourage yourself to view surrender not as giving up or losing control... but as a way to engage more fully with life, take positive action, and initiate authentic growth regardless of your circumstances.

"What possibilities or opportunities might become available if I stopped struggling against my current reality?". By imaging new outcomes, you can reframe your situation, moving from a mindset of struggle and limitation to one of curiosity and possibility.

# Congratulations to our Top Doodlers...

Ivy A for her 50 day maths & English streaks; Noah C for his 100 day maths streak; Theo L for his 250 day maths streak; Lok H for her 350 day math streak; Aakesh R for his 500 day English steak and Dominic L & Amelia L for their 750 day maths streaks!

Well done

doodle 📏



Tadpoles - Advaith for being Subitiser of the Week & Zane for being a phonics superstar!

Minnows - Elizabeth for always actively engaging with our maths learning every day & Callum for asking meaningful questions during Show & Tell.

Pondskaters - Bamiki for super observations in science.

Sticklebacks - Jack for excellent maths learning.

Frogs - Emily for excellent ideas for composing music for pond life.

Newts - Anne for listening carefully and planning a great, funny pirate story.

Bracken - Myla for her very persuasive writing!

Hogweed - Sufyan for starting to challenge himself & put in more effort.

Foxgloves - Harriet for producing a fantastic non-chronological report about giraffes.

Hawthorn – Mufaro for working hard to learn his times tables & Alice for her lovely positive attitude to learning.

Ferns – Ivory for fantastic focus in English – writing a great argument about whether we should have homework or not!

Thistles – Kemal for a brilliant piece of writing about whether we should or shouldn't have homework.

Brambles - Isabella for incredible progress in swimming.

Teasels - Srihaas for excellent input during discussions about the heart & circulatory system.

#### Sports Person of the Week

Abel for being super focused in his athletics lessons, learning the relay. By the end he was able to successfully pass the baton and be ready in the starting position, facing forwards with his hand out behind him.

## #PROUD

## The Doodle Summer Challenge 1st of July - 31st of August 2025

#### Earn a pin badge and certificate!

Between the **1st of July - 31st of August**, Doodle are running two exciting beach-themed Summer Challenges the DoodleMaths Challenge and the DoodleEnglish Challenge!



Both Challenges are designed to encourage a few minutes of daily Doodling, keeping your child engaged in their learning and boosting their skills. Plus, they can **earn exclusive rewards** by taking part!

#### How to take part

#### 1 Create or link your account

If you haven't already, create and/or link a parent account to your child's school account. To find out how to do this, see the reverse of this flyer or visit <u>help.doodlelearning.com</u> and search <u>'how to link account'</u>.

#### 2 Register for the Challenge

From the 1st of July, visit <u>parents.doodlelearning.com</u> and press Register next to your child's name for one of both Challenges.\* The last day to register for and begin the Challenge is the 18th of August.

#### 3 Doodle 'little and often'

Once you've registered, encourage your child to earn 750 stars (or 600 if they were born after August 2017) and use DoodleMaths and/or DoodleEnglish for 14 days\* between the 1st of July – 31st of August.

\*These 14 days don't need to be in a row. A day of use is defined as completing at least one exercise between 00:01 and 23:59.

#### 4 Receive a pin badge and certificate!

Once they've reached their target, we'll send a **pin badge to their school** after the Challenge comes to an end. You can also claim a **personalised certificate** for them by visiting <u>parents.doodlelearning.com</u> and pressing **Download certificate** before midnight on the 26th of September.



Tag us and use the hashtag #DoodleSummerChallenge

For more information, please visit <u>doodlelearning.</u> <u>com/challenge.</u>

Any questions? Visit <u>help.</u> <u>doodlelearning.com</u> and press on the green circle icon to chat to our team.

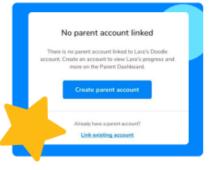
## How to create and/or link a parent account to your child's school account

Creating a parent account is really important (and really easy!). By doing this, you'll be able to enter the Summer Challenge and claim your child's personalised certificate by visiting <u>parents.doodlelearning.com</u>, our online parent hub.

## How to create and/or link a parent account via the Doodle apps

- Log in to any of the Doodle apps using the username and password provided by your child's school. If you're not sure what these are, please contact your child's school rather than creating a new account for them.
- 2 From the Learning Zone, click on the arrow icon in the top left-hand corner of the screen
- 3 Select Settings and press Parent details
- 4 If you're new to Doodle, choose Create parent account. If you already have a Doodle account, click on Link existing account.
- 5 Enter your details to link your email address to your child's account









## How to create and/or link a parent account via the Parent Dashboard

- 1 Visit parents.doodlelearning.com
- 2 If you're new to Doodle, click on Create account and follow the instructions. After you've done this, log in to <u>parents.doodlelearning.com</u>. If you already have a parent account, log in to <u>parents.doodlelearning.com</u>.
- 3 Once you've logged in, hover over My account and select Child details
- 4 Click on Link to my child's school account and enter the username and password provided by your child's school. If you're not sure what these are, please contact your child's school rather than creating a new account for them.

#### Good luck, and happy Doodling!

\*The Challenge available will depend on your school's Doodle subscription. If you'd like to join both Challenges but your school does not subscribe to DoodleMaths or DoodleEnglish, a home subscription can be taken out in the subject you're not subscribed to. To receive 2 FREE weeks of a home subscription, please visit <u>doodlelearning.com/challenge-offer</u>.



## **Nurture** Long Meadow Primary School

## Thursdays 12:30 –15:00

## 24 Apr – 3 July

Children are rewarding, stimulating and fun, but looking after them can be stressful and challenging!

These 10 sessions fit together like a puzzle to help deal with the challenges so you can have a calmer, happier life.

The nurture programme uses these four building blocks of emotionally healthy relationships.

- Self-awareness
- Appropriate expectations
- Empathy
- Positive discipline

Please contact Emma Seaton to book your space .



# BUCKS COUNTY SHOW

## **Children's Competitions**

THURSDAY 28TH AUGUST POR

BUCKSCOUNTYSHOW.CO.IN

COUNT

For Under 5's to 16 with free entry to all competitions

Unlock your creativity at the Bucks County Show!

Kids of all ages can participate in exciting categories like crafting a harvest picture, creating a fairy garden on a plate, baking apple scones, drawing woodland animals, making pen holders, decorating plant pots, and more.

Show off your unique talents and make this year's event unforgettable.

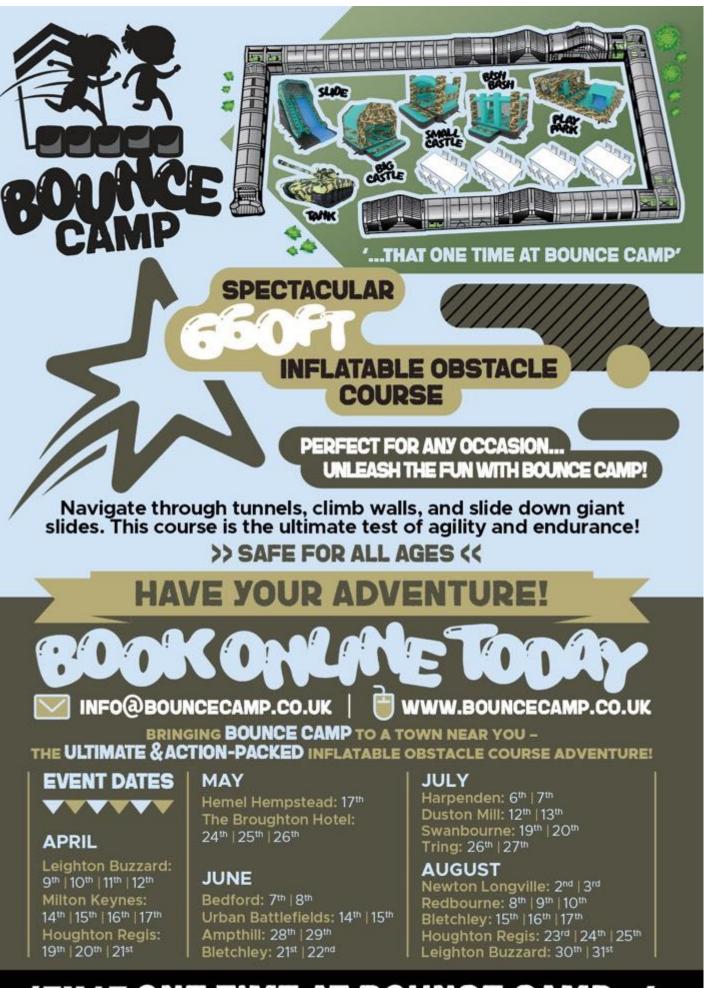
Full details overleaf! Prize money is awarded for 1st, 2nd and 3rd places.

buckscountyshow.co.uk

FREE CHILD TICKETS (SEE OVER)



- Workshops and activities
- Local honey & bee gifts for sale
- Live observation hive safely see the bees up close



## **'THAT ONE TIME AT BOUNCE CAMP...**

# FREE SEND PARENT week SUPPORT GROUP

Transitions - Why moving from one thing to another is so hard for SEND children and how you can help.



Q & A from one of our expert clinicians

FREE TO BOOK ON EVENT BRITE



Tea & Coffee

A chance to connect with other SEND parents

Tuesday 8<sup>th</sup> July 12.30- 2.00 Neurodiversity Hub, Midsummer Place, Milton Keynes, MK9 3GB

## WATLING VALLEY HOLIDAY CLUB 2025

## 28 July - 1 August 9am to 12 noon Christ the Sower School

Are you in primary school aged between 4 and 11? Why not join us for this year's spectacular Holiday Club - Wonder Zone?

Con Curvering Bads Work of Contractions Con Curvering Con Curvering Con Curvering Curv

Throughout the week we will be discovering the wonder of God's world through exciting experiments, inspirational stories as well as the usual mix of games, messy challenges and the Daily Soap! We will explore how science and faith can go hand in hand to help us understand the world we live in.

With craft, puzzles, stories, art, and even a bit of drama; you are in for lots of fun and games!

- £30 for the first child
- £25 for each additional child from the same household



T-Shirts £8 (optional)



Access the booking form via the QR code or by visiting our website: www.watlingvalley.org.uk

All volunteers are DBS checked and have undertaken safeguarding training

## GIVE S RUGBY A TRY



RIDE. PASSION. RESPECT

Experience the excitement of playing rugby in a friendly and supportive environment.

Great for beginners, starting from the age of 5 - 16! Boys & girls. No experience necessary.



## **BBQ & REFRESHMENTS**

## **MILTON KEYNES RUFC**

The Valley, Bowland Dr, Emerson Valley, Milton Keynes MK4 2DN





More Information enquiries@mkrufc.com

# Hall Starts with ...

RICKE

We all play at: Tattenhoe Pavilion

Session dates:

Tuesday 3rd June to Tuesday 15th July

**Session timings:** 

17:30 - 18:15

Contact:

nauman.javaid@buckscricket.co.uk

# Sign up today at allstarscricket.co.uk







And Natural loose parts such as:

Branches and sticks

Fruit trees

**Grass Plants** 

Leaves

Logs

Mud

Pea gravel

Peat

Pinecones

Play bark/woodchip

Sand (washed dredged not 'sharp')

Sea pebbles

Shells

Varied aggregates, slate, flint, clay

Wood off-cuts

If you have or can help with any of these, please put them in the **OPAL DONATION STATION** in the main foyer, or speak to the school office.

Fabricated loose parts e.g. Astro turf off-cuts Boards, old cabinet doors, panels Bread, milk, bottle and grocery crates **Briefcases** Buggies, pushchairs Cable drums Carpet samples/squares Fabrics – all shapes and sizes Foam pipe covers and noodles Guttering Hoses Keyboards Metal pots, pans, trays etc, especially catering sizes Nets: fishing, cargo, football Office removal crates Tea Crates Old clothes, jackets, overalls, hats, bags Old household appliances, hoovers, fax machines, microwaves etc One-ton dumpy bags Pallets Phones Piping, gas, water and drainage Planks - decking Plastic road barriers Small wheelie bins Steering wheels Suitcases Tarps **Traffic Cones** Tubes of all kinds Wooden block and off-cuts Carpenters, builders





## 2025 MILTON KEYNES SUMMER CAMPS FOR 5-12 YEAR OLDS GIRLS & BOYS OF ALL ABILITY



## **BOOK ONLINE TO RESERVE YOUR SPACE**



Suitable for children of all abilities



Fun individual and team challenges and games



1V1 and team tournament on Thursday



#### Timings

Tuesday, Wednesday & Thursday 10am - 3pm (half day options available) 9:45am drop off and 3pm collection

### Address

Caroline Haslett Primary School Faraday Drive Shenley Lodge Milton Keynes - MK5 7DF

## Price options

£25 - Half day (morning or afternoon)
£40 - Single day
£90 - Full 3 day camp

## Please contact the team for more details

russell@wemakefootballers.com 9 01908 011 442 www.wemakefootballers.com/milton-keynes/holiday-camps



#### Format of the day

9:45am - 10am Welcome and registration 10am - 10:45am Fun games and basic technical tutorials

10:45am - 11am Drink & snack break 11am - 12pm More fun activities and small sides matches

## Зрт

Pick up and good bye 2pm - 3pm Games, matches and tournaments 1pm - 1:45pm Theme of the day activities

#### 12pm - 1pm Lunch & coaches challenge

#### Why attend a We Make Footballers Holiday Camp?

We have a highly **experienced coaching team** who will ensure all children are kept safe and entertained throughout their time with us.

This is going to be a great opportunity for children to **get** outdoors, make friends and keep active. We are very excited to offer this opportunity.

## CAMP 1: TUE 29JUL25 - THU 31JUL25 CAMP 2: TUE 05AUG25 - THU 07AUG25

TUESDAY & WEDNESDAY 09:45 REGISTRATION

10:00 MORNING SESSION - 3 THEME BASED ACTIVITIES - MORNING GAMES

12:00 LUNCHTIME 12:50 COACHES CHALLENGE

13:00 AFTERNOON SESSION - 3 THEME BASED ACTVITIES - AFTERNOON GAMES

15:00 END OF DAY

#### Please contact the team on

🔽 russell@wemakefootballers.com

9 01908 011 442 🕓



THURSDAY - TOURNAMENT DAY 09:45 REGISTRATION

10:00 1 V 1 TOURNAMENT 1 V 1 FINAL

12:00 LUNCHTIME 12:50 COACHES CHALLENGE

13:00 TEAM TOURNAMENT TEAM FINAL

- 14:45 AWARDS PRESENTATION
- 15:00 CAMP ENDS

