## **LMS Matters**

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Dear Parents and Carers

It was my honour this week to accompany **YEAR 3** on their visit to **BRIOCHE PASQUIER** at the MK site. The children got to see how their products are made on the factory floor, learned about their history, and taste tested some of their products. The company were also kind enough to send us back to school with lots of yummy treats to take home too! The children were amazing and had awesome manners. I was incredibly **#PROUD** of every single one of them.

Unfortunately, following my announcement about an **OPTIONAL EARLY PICK UP** at 1.30pm on **TUESDAY 22nd JULY** (the last day of the summer term) being, we are now unable to run this so the school will **BE OPEN AS USUAL ON THIS DAY**. Sorry for any inconvenience.

The children completed their **CLASS PHOTOS** this week. As in recent years, we have moved away from what you may see as 'traditional' photos, as we have found that a more modern look sells better. As a school we earn a small commission from the sales, thus why taking this decision. We look forward to them coming back.

A large number of communications will be coming out to some parents and carers today regarding SCHOOL ATTENDANCE. Some of these letters inform you that your child is AT **RISK OF PERSISTENT ABSENCE**. This is just for your information only and requires no action. Some of you have been asked to make contact with the school, so we can see if there are ways we can use our **SUPPORT FIRST APPROACH** to improve your child's attendance. As you are aware, failure to engage with the school means a Penalty Notice may be issued or your case may be put forward to the local authority for them to consider prosecution. I would also like to highlight the issue of **BROKEN WEEKS.** A broken week is classed as any week in which your child is absent for at least one session (authorised or unauthorised). Broken weeks have a huge impact on learning and our aim is to also increase the number of unbroken weeks for everyone. If you have received this information, please read it carefully. Whilst our communications are intended to stop poor attendance, we have also seen a huge number of children with **INCREASED ATTENDANCE**. A huge well done to these parents (and children) who improved.

If you are already planning some EASTER ACTIVITIES with your family, the PARKS TRUST are running lots of exciting things over the break. They have an EASTER EXTRAVAGANZA on 16th April, an EASTER TRAIL on 5th April and OPEN MORNINGS throughout the break. If you are interested, you can find further details at: <u>https://www.theparkstrust.com/</u>events/. The bonus is that they are all FREE!

The latest version of **FAMILY FIRST MAGAZINE** is now available for parents and carers. The magazine shares where kids can **EAT FREE THIS EASTER**, gives info about **FAMILY FRIENDLY HOTELS**, has **NET MUMS** advice on birthday budgets and spring cleaning – all to help you build a happier, healthier family lifestyle. You can read or download the latest edition here: https://familyfirst.co.uk/magazines/family-first-issue-2-2025/.

Our **SAFEGUARDING** parent information this week is all about **FORTNITE.** As ever, further on you can find information about this video game, what the concerns are, steps you can take to keep your child safe and other things you can do to ensure they enjoy themselves in a safe way when using it.

Don't forget that our end of term is **THURSDAY 3RD APRIL** (we have an **INSET DAY** on Friday 4th April).

Enjoy your family time together this weekend.

Mr Gray



Sticklebacks who achieved

EYFS/KS1

**97.3**%

<u>KS2</u>

**Brambles** who achieved





TTROCK Stars Weekly class champions! KSI NEWTS KS2 FOXGLOVES



SUPERVISORS to support our children at lunchtimes. Please contact the office to give your details.



#### School Term and Bank Holiday Dates 2024 / 2025

Term	Open morning of:	Close at the end of afternoon session of:
Autumn Term 2024	Thursday 5 September 2024	Friday 25 October 2024
	Monday 4 November 2024	Friday 20 December 2024
Spring Term 2025	Tuesday 7 January 2025	Friday 14 February 2025
	Monday 24 February 2025	Thursday 3 April 2025
Summer Term 2025	Tuesday 22 April 2025	Friday 23 May 2025
	Monday 2 June 2025	Tuesday 22 July 2025

Training days agreed to date: (on these days children do not come to school but staff do)

Tuesday 3 September 2024 / Wednesday 4 September 2024 / Monday 6 January 2025 / Friday 4 April 2025 / Wednesday 23 July 2025

Good Friday:

Easter Monday:

May Day:

Monday 21 April 2025 Monday 5 May 2025

Friday 18 April 2025

Spring	Term	2025
opring	renn	2025

Monday 31 March	Year 6 Bletchley Park
Tuesday 1 April	Year 6 Bletchley Park
Tuesday 1 April	Year 5 Residential Parent Meeting (5-5.30pm - virtual)
Wednesday 2 April	Year 3/4 Awards Assembly 9.10-10.10am
Wednesday 2 April	Year 5/6 Awards Assembly 2.15-3.15pm
Thursday 3 April	EYFS & KS1 Awards Assembly 9.15-10.15am
Friday 4 April	INSET Day

#### LMS Safeguarding

#### Countering Financially Motivated Sexual Extortion - CEOP

The criminal practice of extorting individuals on the pain of releasing self-explicit material is commonly known as 'sextortion'. The practice's technical name 'Financially Motivated Sexual Extortion' or FMSE, is an increasingly prevalent form of child sexual abuse. What started as simple money exchanges now includes cryptocurrency seizures and pre-paid gift cards as forms of criminal redemption.

Males aged 14 to 17 are overwhelmingly represented in cases of this nature. Often they'll be enticed by the promise of seeing sexually explicit images, before the rug is pulled and the scam put into operation. As a result the victims have been tricked or groomed over a period of time. With the rise of AI this practice is becoming more complex with false explicit images actually changing hands, in exchange for a real image of the target. CEOP is highly concerned with this practice and has authored a guide page on what to do. If interested, please follow the link below:

#### https://www.ceopeducation.co.uk/parents/articles/FMSE

#### LMS Well-being

#### Have you ever heard Baz Luhrmann's "Everybody's free to wear sunscreen"?

The lyrics of that song are based on an article written by Pulitzer Prize winning journalist, Mary Schmich. I'd never heard of her to be honest, but crikey she writes some powerful words.

Baz starts by dispensing some advice about wearing sunscreen and then goes rogue, offering all sorts of wonderful tips, some of which I've cherry picked here...

- Enjoy the power and beauty of your youth.
- Oh never mind; you will not understand the power and beauty of your youth until they have faded. But trust me, in 20 years you'll look back at photos of yourself and recall in a way you can't grasp now how much possibility lay before you and how fabulous you really looked.
- Don't worry about the future; or worry, but know that worrying is as effective as trying to solve an algebra equation by chewing bubble gum.
- Do one thing every day that scares you.
- Don't be reckless with other people's hearts, don't put up with people who are reckless with yours.
- Don't waste your time on jealousy; sometimes you're ahead, sometimes you're behind...the race is long, and in the end, it's only with yourself.
- Remember the compliments you receive, forget the insults; if you succeed in doing this, tell me how.
- Keep your old love letters, throw away your old bank statements.
- Maybe you'll marry, maybe you won't, maybe you'll have children, maybe you won't, maybe you'll divorce at 40, maybe you'll dance the funky chicken on your 75th wedding anniversary... whatever you do, don't congratulate yourself too much or berate yourself either your choices are half chance, so are everybody else's.
- Enjoy your body, use it every way you can...don't be afraid of it, or what other people think of it, it's the greatest instrument you'll ever own.
- Dance. Even if you have nowhere to do it but in your own living room.
- Do NOT read beauty magazines, they will only make you feel ugly.
- Get to know your parents, you never know when they'll be gone for good.
- Be nice to your siblings; they are the best link to your past and the people most likely to stick with you in the future.
- Understand that friends come and go, but for the precious few you should hold on.
- Don't expect anyone else to support you. Maybe you have a trust fund, maybe you have a wealthy spouse; but you never know when either one might run out.
- Be careful whose advice you buy, but be patient with those who supply it.
- Advice is a form of nostalgia, dispensing it is a way of fishing the past from the disposal, wiping it off, painting over the ugly parts and recycling it for more.

# Congratulations to our Top Doodlers...

Zeynep M, Simeon O & Nova B for their 50 day English streaks; Zayn A, Zain R & Hrishikesh D for their 100 day English streaks; Hrishikesh D & Simeon O for their 100 day maths streaks; Cole E for his 365 day maths streak and Dylan K for his 500 day maths streak!

Well done!

a doodle 📏 🦕



Minnows – Asher for being Subitiser of the Week; Mara for being a kind friend & always seeking to help others and Ife for confidently showing me all his maths learning this week.

Tadpoles - Tara for blowing us away with her amazing writing; Ashley for being Subitiser of the Week and Zane for always trying his best in every lesson.

Pondskaters – Parker for always showing great manners & having a great attitude towards his learning and Hiba for really challenging herself in our maths learning.

Sticklebacks - Kyan for improving his writing & creating some beautiful sentences in English and Annabelle for fantastic writing.

Newts - Lola for showing resilience in maths and Ali for taking feedback on board in all lessons.

Frogs – Jay for being a role model to our LMS learning behaviours and Krystine for outstanding contributions during our learning about capacity.

Bracken – Aaryan for always giving 100% in all his learning and Theo for challenging himself in computing.

Hogweed – Reggie for showing perseverance in maths and Hogweed class for showing excellent behaviour during our Brioche Pasquier visit.

**Foxgloves** – Grace for working hard in English and successfully adding apostrophes to words and Emily for working really hard on her times tables.

Hawthorn – Eli for always offering great depth of knowledge in class discussions; Abbey for showing kindness & patience to all her friends and Jessica for joining in and smiling lots!

Ferns - Lilly for always trying to be kind & thoughtful and Daisy for an amazing, artistic piece of work in RE.

Thistles – Anson for thinking carefully about his answers & using impressive vocabulary and Violet for her fantastically gory & gruesome battle scene writing.

Brambles – Ruben & Logan for their calm & focused approach to designing and making burglar alarms in DT and Elise for her continuous effort & high standards of learning.

Teasels - Isla-Rose for trying to find positives in everyday and Oscar for being a wonderful person!

#### Sports Person of the Week

Isaac W for confidently answering questions about hockey, showing some excellent sticky learning of the skills taught in lessons so far and

Well done to the following Y5/6 boys for representing LMS in a football friendly at Stanton school: Oliver, Max, Logan S, Kaiyaan, Jonny, Harry C, Luca, Philip, Adnan, Oscar R, Alex S & Casper.

#PROUD

## Keep your child safe on Fortnite

Fortnite is an online video game made by Epic Games, where players play together in different ways. Some modes involve shooting and competition, but others are more relaxed and non-violent. Fortnite includes player-made content

Although (in some modes) players shoot each other using a range of lethal weapons, the brightly coloured and cartoon-style graphics, as well as the lack of bloodshed, mean Fortnite doesn't feel too gory or graphic

Fortnite has a <u>PEGI</u> age recommendation of **12 and above** (some modes do have lower recommended age ratings, like LEGO Fortnite and Rocket Racing). However, you don't have to provide your age when creating an account, so younger children can do this easily

Fortnite **is free to download** on PC/Mac, Xbox, PlayStation, Nintendo Switch and Android devices (you currently can't download it on Apple devices in the UK)

### What are the concerns?

You may have seen news reports or heard concerns raised about:

**Communication between players:** they can talk to each other via messaging or a headset and microphone. Children could speak to strangers or be at risk of cyber-bullying

**In-app purchases:** children can build up large bills on their parents' accounts by buying items like outfits and weapons for their character (known as 'skins')

**Player-made experiences:** these are activities and games made by other users, called 'islands'. Epic Games moderates these, but they aren't made by the people who make Fortnite itself

**Inappropriate content:** players can wear skins of characters from pop culture that might not be age-appropriate for them, such as horror movie characters

Music in Fortnite can include songs already censored for explicit content (like swear words), but that may still be inappropriate for your child

**The game's addictive nature:** some children might have a hard time putting the game down, especially if they're on a winning streak or having fun with their friends

#### 3 steps to take to keep your child safe

#### 1. Use the parental controls on your gaming device

Most devices allow you to set time limits on game play, set age limits for content, and restrict in-app purchases. Go to the website below for links to instructions on your child's device – it covers Fortnite, as well as devices like Nintendo Switch, PlayStation and Xbox:

Ask About Games – https://www.askaboutgames.com/get-started/setupparental-controls/

Fortnite has its own Parental Controls, allowing you to set age limits for content, screen time limits and prevent unauthorised spending

2. Adjust your child's voice and text chat options

Speak to your child to make sure they understand how to use this feature safely. Use Parental Controls to limit who your child can talk or chat to. You can also follow these instructions to change text and voice settings in the game or block or mute individual players.

Encourage them to report any offensive or inappropriate chat or texts in the game. See the Fortnite FAQs on voice and text reporting here

3. Make sure your child knows how to report inappropriate behaviour

To report players or player-made experiences that make your child feel uncomfortable, follow the steps on Epic Games' website.

### What else can I do?

Download and play the game to help you understand it

Talk to your child about what they're doing online, and make sure they know they can talk to you about anything that has upset them. See more guidance from the NSPCC about talking to your child about online safety

Check your bank statements and gaming system account balance regularly for in-app purchases you're not happy with, and to make sure your child isn't getting around any passwords you've set up

# LONG MEADOW SCHOOL PRESENTS Stay and Play Sessions

Run by the school's Deputy and Assistant Heads Different theme each session **15th Jan** 

- MESSY PLAY
- CREATIVE TABLES
- IMAGINATIVE PLAY
- SENSORY ACTIVITIES
- READING AREA
  REFRESHMENTS
  INCLUDED

Only £1 pp

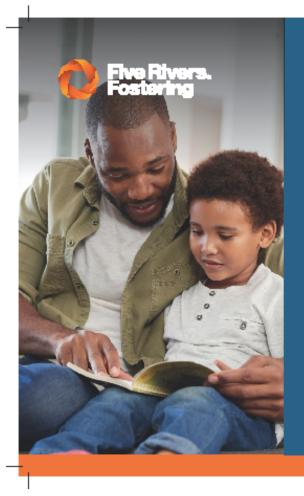
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CONTACT US FOR MORE INFO

01908 508678

office@longmeadow.milton-keynes.sch.uk

15th January - Farm 29th January - Vehicles 5th March - Fairytales 26th March - Spring 30th April - Dinosaurs 21st May - Food 4th June - Weather 18th June - Summer 2nd July - Sports FOR UNDER 5S 9am - 10:30am



## Five reasons to change a child's life through fostering

- To give children the chance to have a brighter and happier future.
- 2 To offer children a positive experience of family life.
- 3 To become part of a highly experienced, ethical and professionally committed team.
- 4 To receive professional support, 24/7, 365 days a year.
- 6 To access regular training and development opportunities.

To learn more about fostering with a Social Enterprise, call us now on 0333 0603 962 carer.enquiries@five-rivers.org



Fabricated loose parts e.g. Astro turf off-cuts Boards, old cabinet doors, panels Bread, milk, bottle and grocery crates Briefcases Buggies, pushchairs Cable drums Carpet samples/squares Fabrics – all shapes and sizes Foam pipe covers and noodles Guttering Hoses **Keyboards** Metal pots, pans, trays etc, especially catering sizes Nets: fishing, cargo, football Office removal crates Tea Crates Old clothes, jackets, overalls, hats, bags Old household appliances, hoovers, fax machines, microwaves etc One-ton dumpy bags Pallets Phones Piping, gas, water and drainage Planks – decking Plastic road barriers Small wheely bins Steering wheels Suitcases Tarps **Traffic Cones** Tubes of all kinds Wooden block and off-cuts Carpenters, builders





And Natural loose parts such as:

Branches and sticks

Fruit trees

**Grass Plants** 

Leaves

Logs

Mud

Pea gravel

Peat

Pinecones

Play bark/woodchip

Sand (washed dredged not 'sharp')

Sea pebbles

Shells

Varied aggregates, slate, flint, clay

Wood off-cuts

If you have or can help with any of these, please put them in the **OPAL DONATION STATION** in the main foyer, or speak to the school office.

As well as Easter eggs we are asking for Easter Themed Games · Colouring Books Activities · Arts & Crafts · Confectionery



# A list of EggstraSpecial EggsterWishes

Team Henry and the Easter chicks by donating Easter treats for Children, teens, young adults and their families battling childhood cancer

If you would like to donate a treat from our Amazon Easter Wish List please visit http://bit.ly/THATEaster Alternatively, if you would like to fundraise for us or donate to belp support







Spreading Some Henry's Happiness This Easter www.thehenryallentrust.org.uk

Z	ONEINN	
8 - 11YRS WITH A SUPPORTING ADULT	CHILL - CHAT - SUPPORT GREENLEYS CHILDREN CENTRE	11+ - 184RS SUPPORTING ADULT WELCOME
EXERCISE & WELLBEING ACTIVITIES	SATURDAY 10am -12n00n	SAFE CONFIDENTIAL SPACE
USE THE 10 KEYS TO HAP LIVING	MINDFULLNESS	SITIVE
AS TOOLS TO H IMPROVE WELL-E		ACTION FOR HAPPINESS
CONFIDENCE & RESILIENCE BUILDING		

A WELL-BEING SERVICE PROVIDED BY RELATEMK FOR MORE DETAILS CONTACT © 01908 310010 APPOINTMENT@RELATEMK.ORG WWW.RELATEMK.ORG OR DROP IN AND MEET US



## 3-6PM

## **EVERY FRIDAY**

## CHURCH END RD, SHENLEY BROOK END, MILTON KEYNES MK5 7AA £15

## OTHER CARERSAND THEIR CLIENTS ARE ALSO WELCOME FREE OF CHARGE



Contact Vicki Call 07555036759 What's app 07725626697

Email

vi kare2023@amail.com



# Autism In Early Years Parent Programme.

For parents and carers who have an Autistic child aged 2-5 or a child with social communication needs – no diagnosis needed.

Session	Date	Time	Location	Title
1	25.02.25	1pm – 2pm	TEAMs	Autism in the Early Years: What does it look like?
2	04.03.25	1pm – 2pm	TEAMs	Autism in the Early Years: Play and Learning
3	11.03.25	1pm – 2pm	TEAMs	Autism in the Early Years: Considering Behaviour
4	18.03.25	1pm – 2pm	TEAMs	Autism in the Early Years: Supporting Communication
5	25.03.25	1pm – 2pm	Hummingbird Children Centre	In Person Get Together: Parent Support

Four of the sessions will be on Microsoft Teams (cameras on) and one will be in person. For further information please click on the link: Parent and carer programmes | Milton Keynes City Council

To book a place please email us on <u>SENDsupport@milton-Keynes.gov.uk</u> stating you would like to attend the Autism In Early Years Parent Programme and which sessions you want to attend.

