

LMS Matters

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Dear Parents and Carers

Yesterday saw us take part in **WORLD BOOK DAY!** This year, our whole-school theme was a '**SPOTLIGHT ON NON-FICTION**'. It was lovely seeing so many facts being shared amongst the children and staff. I learnt so much such as....Did you know an octopus has 3 hearts....The brain names itself....and Manchester City are the only team to win 4 Premier League titles in a row! Ok I admit, I knew the last one. Most importantly, our WBD celebrations are to encourage the children in reading for pleasure. All the research shows that reading for pleasure is the single biggest indicator of a child's future success – more than their family circumstances, their parents' educational background or their income. This means that days like World Book Day are so important because it is a day where we can focus solely on reading and igniting the children's passion for reading and stories. We do however try to make costumes stress free and cheap, and balance our 'dress up' days and non uniform days across the year, as we are fully aware how some children can struggle with them.

Whilst on the subject of reading, we are looking for **PARENT/CARER/GRANDPARENT VOLUNTEER** readers in school. Due to the reorganisation of our support staff, time to hear lots of children read is now at a premium. Could anyone give up some of their time to hear our children read? We will of course support you in this so, in the first instance, if you think you can help, please contact the school office to give us your details – thanks in advance for your help!

It has been my honour to accompany lots of instrumentalists to the **MUSIC FESTIVALS** this week. Across two days, LMS took part in a strings, brass and woodwind festival, with our talented musicians performing in front of 250 other children and their parents/carers. It really has been a special couple of days and I was so #PROUD to watch them all perform. Sadly, our guitarists didn't get their chance as their festival was cancelled at short notice. If you want to hear the LMS performances check out the videos on my X (Twitter) Page - [@mrGray_LMS](#). There you will also find information about the **MK MUSIC SERVICE MUSIC CENTRE** where they have music groups for all ages!

The **HENRY ALLEN TRUST** are our local children's cancer charity, and they would love your help and support. As a charity, The Henry Allen Trust supports children, teens, young adults and their families battling childhood cancers. The trust provides many different services for children and their families to help them through their journey. Their Easter Eggstravaganza has now been launched. Can you help Team Henry continue Henry's last wish? They are looking for us to kindly donate a Cadbury's Creme Egg, Easter egg, Easter confectionery, brand new Easter Bunny cuddly toys, Easter games or Easter arts and crafts for their hospital toy packs. If you would like more information on how to purchase items via their Amazon Wish List, please visit: www.thehenryallentrust.org.uk. With your help, Team Henry will put smiles on children's faces and create some magical memories with your donations.

I am pleased to announce that our school has successfully completed the **ANGLIAN WATER ECO ADVOCATES AWARD!** This was due to Year 4's commitment (through their curriculum) to this area with Anglian water commenting that "*The evidence you submitted was truly inspiring, showcasing your school's active involvement in promoting eco-friendly practices. Your dedication to environmental advocacy is commendable*". As part of this, they get a framed certificate for the award and the school gets a free water butt. A huge well done to Year 4 and Mrs Hargreaves and Miss McPhee – you are all Water Wise Wonders!

This **RED NOSE DAY**, on 21 March 2025, let's celebrate 40 years of going big, giving big, and feeling good together. So take on the challenge, host a bake sale, buy a Red Nose and join the nation for a night of laughs. As part of our fundraising we are asking for any payments to be made **VIA PARENTPAY**. The link for parents is.. <https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=17187>. Thanks in advance.

FAMILY TRAVELLER are offering a unique opportunity to join them at the Allianz Stadium Twickenham to experience the ultimate day out for all the family. The event is taking place on the weekend of March 22nd & 23rd. The stadium is well connected with plenty of FREE parking available onsite or a short walk from local rail and bus connections. Once inside there are multiple free activities to enjoy: climbing walls, parkour, crazy golf, surf simulators, ice hockey, football skill classes and stargazing. Travel experts will be on hand throughout the day to plan your dream family getaway. There will be the chance to win amazing competitions worth £10,000 as well as incredible offers exclusively available at the show. Tickets for this event are priced at £55 for a family ticket (2 x adults & 2 x kids) but they would like to offer our school families the opportunity to join them for just £10 per family ticket, a huge 80% discount. See the flyer further on!

Let's hope that the weather has finally started to turn this week — fingers crossed.

Mr Gray

SCHOOL BOOK FAIR

This will be in school on **Monday 17th March until Thursday 20th March** in the Library after school.

Children will be able to use their World Book Day token **BUT** we do not have the free books that they can get from Tesco.

We are still on the lookout to recruit some **MIDDAY SUPERVISORS** to support our children at lunchtimes. Please contact the office to give your details

DATES

FOR YOUR DIARY

School Term and Bank Holiday Dates 2024 / 2025

Term	Open morning of:	Close at the end of afternoon session of:
Autumn Term 2024	Thursday 5 September 2024	Friday 25 October 2024
	Monday 4 November 2024	Friday 20 December 2024
Spring Term 2025	Tuesday 7 January 2025	Friday 14 February 2025
	Monday 24 February 2025	Thursday 3 April 2025
Summer Term 2025	Tuesday 22 April 2025	Friday 23 May 2025
	Monday 2 June 2025	Tuesday 22 July 2025

Training days agreed to date: (on these days children do not come to school but staff do)

Tuesday 3 September 2024 / Wednesday 4 September 2024 / Monday 6 January 2025 / Friday 4 April 2025 / Wednesday 23 July 2025

Good Friday: Friday 18 April 2025

Easter Monday: Monday 21 April 2025

May Day: Monday 5 May 2025

Spring Term 2025

- Monday 10 March Tadpoles library visit
- Thursday 13 March Year 1 Curly Tails
- Thursday 13 March Year 2 Easter Fundraiser - Stay & Play 3.15-5pm
- Friday 14 March Minnows library visit
- w/c Monday 17 March Year 6 Mock SATs
- 17 - 20 March Book Fair
- Tuesday 18 March Year 4 River Explorers
- Wednesday 19 March Year 2 Learning Fair
- Friday 21 March Comic Relief
- Tuesday 25 March Year 3 Residential Parent Meeting (5.30-6pm)
- Tuesday 25 March Year 4 Residential Parent Meeting (5.30-6pm)
- Wednesday 26 March Year 3 Brioche Pasquier visit
- Thursday 27 March Class Photos
- Monday 31 March Year 6 Bletchley Park
- Tuesday 1 April Year 6 Bletchley Park
- Tuesday 1 April Year 5 Residential Parent Meeting (6-6.30pm)
- Wednesday 2 April Year 3/4 Awards Assembly 9.10-10.10am
- Wednesday 2 April Year 5/6 Awards Assembly 2.15-3.15pm
- Thursday 3 April EYFS & KS1 Awards Assembly 9.15-10.15am
- Friday 4 April INSET Day

Stay & Play	
Wednesday 26 March	Spring

LMS Safeguarding

Washing Pods and Capsules - Child Accident Prevention Trust

Young children are vulnerable to all sorts of dangers in the home. One of the most present issues can come in the form of every day cleaning products. Some such as sink unclogger can look like fruit juice. The thick consistency and similarity to apple juice in colour make it particularly enticing. However, one threat stands out from all others in this regard. The washing pod. Many washing pods bear a striking similarity to over the counter confectionery. For children the mistake can be easy to make, especially when washing pods may be kept in a lower location than other cleaning supplies. The Child Accident Prevention Trust has recently published a page that looks to offer guidance on this issue. If interested, please follow the link below:

<https://capt.org.uk/washing-pods-and-capsules/>

LMS Well-being

Growing up, I was convinced my Nan had magic powers – specifically of the pancake variety. Every Pancake Day, she'd whip up a batch so fluffy and mouth-wateringly perfect you'd think she'd trained under a Michelin-star chef.

No matter how closely I watched or how precisely I copied her recipe, mine never turned out quite as good. One day, I finally asked her straight up, "Nan, what's your secret?" She leaned in, winked, and whispered... "I always add a dash of something extra."

As the years rolled on, I realised her pancakes weren't really better because of some exotic flavouring. They were better because she made them – her care, her love, her particular way of doing things. The fun we had making them and the time we spent together. That was the genuine 'secret ingredient.'

Broadening out from pancakes to your life, that means YOU are the secret ingredient!

More specifically, YOU AT YOUR BEST, that's the secret ingredient.

The problem is that the modern world is doing its level best to squeeze the magic right out of us. Work pressures, back-to-back meetings, AI, doom scrolling, anxious kids, ageing parents...

In the spirit of Pancake Day, flip your attitude. Walk with a spring in your step, wear a small smile, look up, engage, and own the day. That's not only good for you, it's the magic ingredient that lifts those around you.



Congratulations to our Top Doodlers...

To be announced next week



doodle



Long Meadow Legends

Legends Assembly will be held on Monday and Friday next week and will be announced in next week's newsletter.

As well as Easter eggs we are asking for
Easter Themed Games · Colouring Books
Activities · Arts & Crafts · Confectionery



A list of EggstraSpecial EasterWishes



Can you help
Team Henry and
the Easter chicks by
donating Easter treats
for Children, teens,
young adults and
their families battling
childhood
cancer

If you would like to donate a treat from our Amazon Easter
Wish List please visit <http://bit.ly/THATEaster>

Alternatively, if you would like to fundraise for us or donate to help support
families battling childhood cancer please visit [https://www.justgiving.com/
henryallentrust](https://www.justgiving.com/henryallentrust) or send a donation via PayPal enquiries@thehenryallentrust.org.uk



Spreading Some Henry's Happiness This Easter
www.thehenryallentrust.org.uk

THE ULTIMATE FAMILY DAY OUT

ALLIANZ STADIUM, TWICKENHAM

Family tickets
from

ONLY **£10**

Use code
FTSCHOOLS



LIVE.FAMILYTRAVELLER.COM
22-23 MARCH, 2025

BOOK TODAY!
SCAN HERE



LONG MEADOW SCHOOL PRESENTS

Stay and Play Sessions



Run by the school's Deputy and Assistant Heads

Different theme each session

- MESSY PLAY
- CREATIVE TABLES
- IMAGINATIVE PLAY
- SENSORY ACTIVITIES
- READING AREA
- REFRESHMENTS INCLUDED

Only
£1 pp

- 15th January - Farm
- 29th January - Vehicles
- 5th March - Fairytales
- 26th March - Spring
- 30th April - Dinosaurs
- 21st May - Food
- 4th June - Weather
- 18th June - Summer
- 2nd July - Sports

CONTACT US FOR
MORE INFO

01908 508678

office@longmeadow.milton-keynes.sch.uk



FOR UNDER 5S

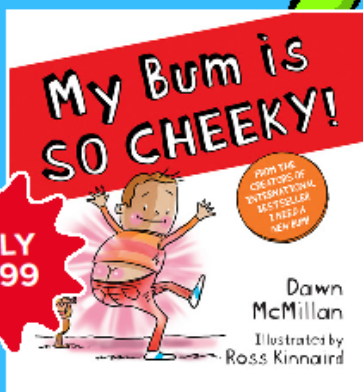
9am - 10:30am



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IN
CINEMAS
FEBRUARY
2025

Date: _____

Scan the QR code
to pay online!



Fabricated loose parts e.g.

Astro turf off-cuts

Boards, old cabinet doors, panels

Bread, milk, bottle and grocery crates

Briefcases

Buggies, pushchairs

Cable drums

Carpet samples/squares

Fabrics – all shapes and sizes

Foam pipe covers and noodles

Guttering

Hoses

Keyboards

Metal pots, pans, trays etc, especially catering sizes

Nets: fishing, cargo, football

Office removal crates Tea Crates

Old clothes, jackets, overalls, hats, bags

Old household appliances, hoovers, fax machines, microwaves etc

One-ton dumpy bags

Pallets

Phones

Piping, gas, water and drainage

Planks – decking

Plastic road barriers

Small wheely bins

Steering wheels

Suitcases

Tarps

Traffic Cones

Tubes of all kinds

Wooden block and off-cuts Carpenters, builders





And Natural loose parts such as:

Branches and sticks

Fruit trees

Grass Plants

Leaves

Logs

Mud

Pea gravel

Peat

Pinecones

Play bark/woodchip

Sand (washed dredged not 'sharp')

Sea pebbles

Shells

Varied aggregates, slate, flint, clay

Wood off-cuts

If you have or can help with any of these, please put them in the **OPAL DONATION STATION** in the main foyer, or speak to the school office.

BLMK

ORCHESTRAL JAMBOREE

2025



**Do you play a string, brass,
woodwind or percussion instrument
at pre-grade and grade 1 standard?
Then this fun day of music making is
for you!**

TO BOOK SCAN



Cost - £10

**Sunday 23rd
March**

10am - 4pm

Concert for parents

4pm

**Great Hall
Bedford School
De Parys Avenue
Bedford
MK40 2TU**

<https://www.bedfordshiremusictrust.org.uk/book-a-course/>

Play a brass instrument?

Want to perform at Music for Youth in MK?



Milton Keynes Music Service is putting together a one-off group, the **MK Young Brass Hoppers** to play in the regional festival of Music for Youth this year.

- This will be an inclusive ensemble intended for anyone from beginner up to grade 5 standard, up to age 18 - the event is non-competitive.
- The band can include any brass instrument, including plastic instruments.
- The rehearsals and event itself are completely FREE. Parents can watch the event for free too!
- Great opportunity to play with a group and meet new friends who also play an instrument!

We will have two rehearsals before the day. You will need to be available to attend all the dates below and make your own way to the rehearsals and the event.

- **Rehearsal 1** – Tuesday 18 March 2025 6pm to 7.30pm at The Church of Christ the Cornerstone, 300 Saxon Gate West, Central Milton Keynes, Milton Keynes MK9 2ES
- **Rehearsal 2** – Tuesday 25 March 2025 6pm to 7.30pm at Church of Christ the Cornerstone (as above)
- **Performance Day** – Wednesday 2 April 2025, 4:15-6pm, The Church of Christ the Cornerstone (as above)

If you would like to join **MK Young Brass Hoppers** and take part, please use the link below to apply:

<https://forms.office.com/e/hjXNJB22hH>

Closing date for applications is Friday 7 March 2025



Milton Keynes Music Service

Email: music@milton-keynes.gov.uk

www.miltonkeynesmusicservice.com

MK Milton Keynes
City Council



A PASSION FOR SPORT

DODGEBALL CLUB

NEW! Shenley Brook End Location

First Session FREE!

MONDAY EVENING FROM 5-6PM @ GARTHWAITE PAVILION

PLEASE REGISTER YOUR INTEREST VIA EMAIL

For more info, please email:
mkmonstarsclub@gmail.com

www.mkmonstars.com

**£7
PER SESSION**



ZONE INN

8 - 11YRS
WITH A
SUPPORTING
ADULT

CHILL - CHAT - SUPPORT

11+ - 18YRS
SUPPORTING
ADULT WELCOME

GREENLEYS
CHILDREN CENTRE
SATURDAY
10AM - 12NOON

EXERCISE &
WELLBEING
ACTIVITIES

SAFE
CONFIDENTIAL
SPACE

POSITIVE
KIND
SUPPORTIVE

USE THE

10 KEYS TO HAPPIER
LIVING

MINDFULNESS

AS TOOLS TO HELP
IMPROVE WELL-BEING

ACTION FOR
HAPPINESS

CONFIDENCE &
RESILIENCE
BUILDING



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FOR MORE DETAILS CONTACT ☎ 01908 310010 ✉ APPOINTMENT@RELATEMK.ORG

🌐 WWW.RELATEMK.ORG OR DROP IN AND MEET US

VI-KARE AFTER SCHOOL SEN CLUB

3-6PM

EVERY FRIDAY

**CHURCH END RD, SHENLEY
BROOK END, MILTON
KEYNES MK5 7AA
£15**

**OTHER CARERS AND THEIR
CLIENTS ARE ALSO
WELCOME FREE OF CHARGE**



Contact Vicki

Call 07555036759

What's app 07725626697

Email

vi.kare2023@gmail.com



Autism In Early Years Parent Programme.

For parents and carers who have an Autistic child aged 2-5 or a child with social communication needs – no diagnosis needed.

Session	Date	Time	Location	Title
1	25.02.25	1pm – 2pm	TEAMS	Autism in the Early Years: What does it look like?
2	04.03.25	1pm – 2pm	TEAMS	Autism in the Early Years: Play and Learning
3	11.03.25	1pm – 2pm	TEAMS	Autism in the Early Years: Considering Behaviour
4	18.03.25	1pm – 2pm	TEAMS	Autism in the Early Years: Supporting Communication
5	25.03.25	1pm – 2pm	Hummingbird Children Centre	In Person Get Together: Parent Support

Four of the sessions will be on Microsoft Teams (cameras on) and one will be in person. For further information please click on the link: [Parent and carer programmes | Milton Keynes City Council](#)

To book a place please email us on SENDsupport@miton-Keynes.gov.uk stating you would like to attend the Autism In Early Years Parent Programme and which sessions you want to attend.