LMS Matters

Tel No: 01908 508678

Email address: office@longmeadow.milton-keynes.sch.uk

www.longmeadow.milton-keynes.sch.uk

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EYFS/KSI

Tadpoles

who achieved 100%

KS2

Foxgloves who achieved

99%



TTROCK Stars
Weekly class champions!
KSI
Sticklebacks

KS2 Bracken



Please check the Dates For Your Diary section for details of all the Christmas events taking place over the next week.

Dear Parents and Carers

A warm welcome to the final newsletter of 2024!

Christmas certainly has kicked in, firstly with the **PALMS CHRISTMAS FAIR** last Friday after school. It was lovely to be part of this event and the whole afternoon had a lovely feel to it. Many thanks as always to PALMS and also to Year 6 with their Young Enterprise ideas. As ever, all the money raised goes back to your children. Thanks also to Santa and his elves for stopping by, we hope you are all on the 'Good' list this year. We then have been treated to the **YEAR I and 2 CAROL CONCERT** and **EYFS NATIVITY**. Nothing says Christmas more than carols and cute children with tea towels on their heads! We hope all the parents/ carers enjoyed the performance and that the children enjoyed performing, as well as wearing their **XMAS IUMPERS** yesterday. I however took a lot of abuse for mine for some reason!

The news this week speaks of a "tidal wave" of **FLU INFECTIONS** which has led to a 70% increase in hospital cases in England in just seven days. Flu cases are currently highest among 5 to 14-year-olds, according to the UK Health Security Agency, but adult cases are expected to rise when schools and nurseries close. Cases of norovirus (the winter vomiting bug) and RSV (a common cause of coughs and colds, and a cause of chest infections in babies) are also on the rise. NHS leaders have issued a warning that cases of flu, norovirus and respiratory syncytial virus (RSV) are increasing, with a rise in COVID-19 also expected. Vaccines work against the 'quad-demic' In fact, by getting vaccinated, you halve your risk of catching any of the four illnesses The NHS provides vaccinations against three of the four illnesses: flu, COVID-19 and, as of September this year, RSV. The new RSV vaccine was developed as the illness can prove to be extremely dangerous for young babies and older people, especially those with heart or lung conditions, according to the NHS.

Don't forget we have got our rebranded **CHRISTMAS DASH** to help us all get into the spirit whilst doing something active. This will take place on **Monday 16th December 2024** with the first run starting at 1:15pm. The run will take place around the school grounds, starting and finishing in the school hall, which will allow us to ensure the route is always clear and every child gets around the course and back to their classes safely. The course will involve children running on both the playground surface and a small part of the field which is likely to be wet and muddy so please plan accordingly. Parents are invited to attend and watch the children complete the run. Entry and exit to the school site will be through the **MAIN GATE ONLY** (Garthwaite Crescent). We welcome your support along the route to cheer all of the children on but you **MUST** keep the route clear for the runners and stay on the designated playground areas. Directions will be given on the day by staff and Year 6. Please help them to keep the route clear.

ART AND WELL-BEING FOR YOUNG PEOPLE at Milton Keynes Arts Centre! These 10-week artist led workshop series are aimed at young people, ages 11-13 years old and 14-17 years old, in the Milton Keynes area who are experiencing mild-moderate mental health challenges such as anxiety, depression or social isolation. Each week participants will learn a new art technique. The activities will encourage an awareness and appreciation of art making to support wellbeing and offer a chance to meet like-minded people under the guidance of a professional artist. This workshop is pay what you can - starting from free - attendance by booking / referral. For 11-13 year olds - dates: Thursdays 16, 23, 30 January and 06, 13 February 2025 - Time: 6:00pm-8:00pm - Sign up here: https://www.ticketsource.co.uk/milton-keynes-arts-centre/art-and-wellbeing-for-young-people-14-17-year-olds/e-yelmgz.

Our **OPAL** lunchtime journey goes from strength to strength with **FREEDOM FRIDAY 6** taking place today with the introduction of **DEN BUILDING** and **LOOSE PARTS** play. We are now on the look out for **ITEMS FOR OUR SANDPITS**. Do you have any **BUCKETS** and **SPADES?** Or things our children can play with in the sand? If you have some please drop these into our donation station asap.

Finally this week, as per my email, some parents/carers have received letters regarding ATTENDANCE. If you received one regarding your child being PERSISTENTLY ABSENT, please ensure you have contacted Mrs Seaton ASAP. If you received a letter regarding a risk, you DO NOT need to take any action, this is for information only. Please be aware that the absence figure is calculated on AUTHORISED AND UNAUTHORISED absences. We are fully aware of illnesses and complications but have a duty to inform parents if their child's attendance drops below a certain level. The LOCAL AUTHORITY have also unfortunately had to issue FIXED PENALTY NOTICES to some parents for UNAUTHORISED LEAVE DURING TERM TIME. This will now be the case for parents/carers going forwards.

Have a peaceful weekend everyone.



School Term and Bank Holiday Dates 2024 / 2025

| Term | Open morning of: | Close at the end of afternoon session of: |
|------------------|---------------------------|---|
| Autumn Term 2024 | Thursday 5 September 2024 | Friday 25 October 2024 |
| | Monday 4 November 2024 | Friday 20 December 2024 |
| Spring Term 2025 | Tuesday 7 January 2025 | Friday 14 February 2025 |
| | Monday 24 February 2025 | Thursday 3 April 2025 |
| Summer Term 2025 | Tuesday 22 April 2025 | Friday 23 May 2025 |
| | Monday 2 June 2025 | Tuesday 22 July 2025 |

Training days agreed to date: (on these days children do not come to school but staff do)

Tuesday 3 September 2024 / Wednesday 4 September 2024 / Monday 6 January 2025 / Friday 4 April 2025 / Wednesday 23 July 2025

Good Friday: Friday 18 April 2025

Easter Monday: Monday 21 April 2025 May Day: Monday 5 May 2025

Autumn Term 2024

Monday 9 December Year 1/2 Carol Concert (9.15-9.45am)

Tuesday 10 December Year 1/2 Carol Concert (2.15-2.45pm)

Thursday 12 December Christmas Jumper Day

Thursday 12 December EYFS Christmas Performance (1.30-2.30pm)

Friday 13 December Year 6 Learning Fair

Monday 16 December PALMS Christmas Dash

Tuesday 17 December EYFS/KS1 Awards Assembly (9.10-10.10am)

Tuesday 17 December Year 3/4 Awards Assembly (2.15.3.15pm)

Wednesday 18 December Year 5/6 Awards Assembly (9.10-10.10am)

Thursday 19 December Party Day

Friday 20 December Last day of term

Monday 6 January INSET Day

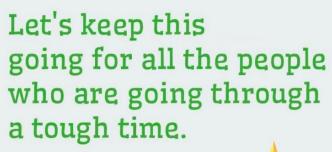
LMS Safeguarding

Resources to support regulation, connection and rest during <u>December (Beacon House)</u>

Beacon House have published a brilliant collection of resources specially designed by their therapists to support regulation, connection and rest during December. Take a look here:

https://beaconhouse.org.uk/winter-resources/

LMS Well-being



For anyone who needs some support right now.

CALM - 0800585858
Mind - 03001233393
No Panic - 08449674848
Bereavement - 08088081677
PAPYRUS - 08000684141
Samaritans - 116 123
SHOUT - 85258
Abuse - 080820005000
Refuge - 08082000247
shout text 85258



SIMPLE WAYS TO BOND WITH YOUR KIDS

Start off the day with a hug

Go on a one-on-one "date" (let them choose where!) Sit down on the floor and play Cook a meal or bake something together Tell them what makes them special Look at a photo album Play a card game or board game Take a photo together and put it in a frame Share stories from your childhood Read a story before bed Write a positive note and leave it on their pillow Ask them about their day Find a reason to say "thank you" every day Tell each other silly jokes Let them stay up late to watch a movie together Hold hands while you walk Share the high points and low points of your day Learn a special handshake

Stay up and watch the sunset together

Congratulations to our Top Doodlers...

Annabelle R, Cohen PLayla A, Eli B,
Daniel N & Jessica Y for their 50 day
maths streaks; Cohen P, Milly C, Diana
M, Zac A-B, Alex D, Hania H, Martin C &
Thomas E for their 50 day English
streaks; Ivy M for her 100 day maths
streak; Aakesh R for his 250 day maths
streak; Amelia L & Wayne T for their
365 day English streak; Naomi R for
her 500 day maths streak and Hal T for
his 1000 day English streak!

doodle 📏 🤘







Long Meadow Legends

Tadpoles - Chloe for being so creative in drawing club.

Minnows – Esmae for being Subitiser of the Week, Geovana for being an absolute superstar & settling in so well & Hasadi for settling in well and her fabulous Fred talk say the word.

Sticklebacks - Dhiya for being a superstar & trying her best in all of her learning.

Pondskaters - Daisy & Joaquim for their fabulous dance in PE.

Newts - Jamal for working hard this week to manage distractions.

Frogs - Robyn for her positive 'I can do' attitude towards her maths learning.

Hogweed - Madison for always making great choices & following the rules.

Bracken - Kyran for excellent descriptive writing.

Foxgloves - Emily for working really hard & improving her TTRS rock status.

Hawthorn – Lois for always completing her work with such pride.

Ferns – Amy F for producing outstanding work on a regular basis.

Thistles - Jessica Y for being such a lovely, kind & supportive class member.

Brambles – Emily for demonstrating excellent resilience recently & Logan for always working hard, particularly when problem solving in maths.

Teasels – Poppy for fantastic use of new watercolour skills.

Teasels & Brambles for excellent ideas, resilience & drive for their Enterprise stalls at the Xmas Fair.

Sports Person of the Week

Lara H for always being fabulous and being ready to learn! She listens well and tries her best in everything, setting a great example of being a wonderful team player.

Tommy F for his amazing creativity when learning about rhythmic gymnastics and for coming up with some great ideas of how to use the different equipment.





Mas games Muli sports Muli sports Muli sports



For more information contact **information@mkdonsset.com** or **01908622888**



Stay and Play Sessions

Run by the school's Deputy and Assistant Heads

Different theme each session

- **MESSY PLAY**
- **CREATIVE TABLES**
- **IMAGINATIVE PLAY**
- SENSORY ACTIVITIES
- **READING AREA**
- REFRESHMENTS

INCLUDED

Only £1 pp

CONTACT US FOR **MORE INFO**

01908 508678

15th January - Farm 29th January - Vehicles 5th March - Fairytales 26th March - Spring **30th April - Dinosaurs** 21st May - Food 4th June - Weather 18th June - Summer

2nd July - Sports

FOR UNDER 5S

9am - 10:30am

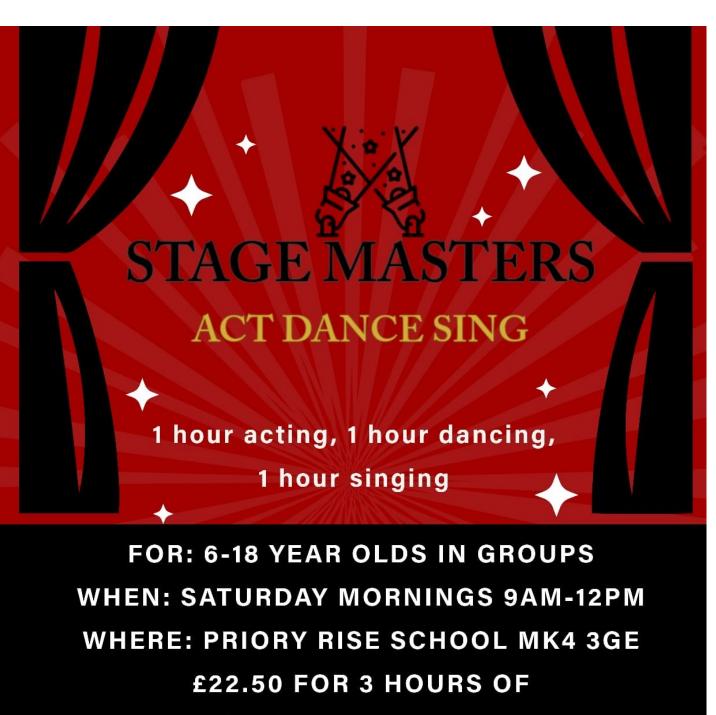
office@longmeadow.milton-keynes.sch.uk



MINI STAGE MASTERS FOR 4 AND 5 YEAR OLDS

WHEN: SATURDAYS 12:15PM-1:15PM
WHERE: PRIORY RISE SCHOOL MK4 3GE
1 HOUR- COMBINING ACTING
DANCING AND SINGING
£10 PER SESSION

SIGN UP FOR A FREE TRIAL NOW! CONTACT US VIA FACEBOOK/INSTAGRAM OR EMAIL: STAGEMASTERSUK@GMAIL.COM





Fabricated loose parts e.g.

Astro turf off-cuts

Boards, old cabinet doors, panels

Bread, milk, bottle and grocery crates

Briefcases

Buggies, pushchairs

Cable drums

Carpet samples/squares

Fabrics – all shapes and sizes

Foam pipe covers and noodles

Guttering

Hoses

Keyboards

Metal pots, pans, trays etc, especially catering sizes

Nets: fishing, cargo, football

Office removal crates Tea Crates

Old clothes, jackets, overalls, hats, bags

Old household appliances, hoovers, fax machines, microwaves etc

One-ton dumpy bags

Pallets

Phones

Piping, gas, water and drainage

Planks – decking

Plastic road barriers

Small wheely bins

Steering wheels

Suitcases

Tarps

Traffic Cones

Tubes of all kinds

Wooden block and off-cuts Carpenters, builders





And Natural loose parts such as:

Branches and sticks

Fruit trees

Grass Plants

Leaves

Logs

Mud

Pea gravel

Peat

Pinecones

Play bark/woodchip

Sand (washed dredged not 'sharp')

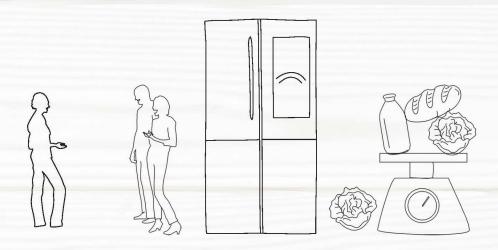
Sea pebbles

Shells

Varied aggregates, slate, flint, clay

Wood off-cuts

If you have or can help with any of these, please put them in the **OPAL DONATION STATION** in the main foyer, or speak to the school office.



WESTCROFT

COMMUNITY FRIDGE

A simple solution to wasting less through the sharing of good-quality food.

Tuesdays 2pm – 4pm
Westcroft Pavilion
Cranbourne Avenue
Westcroft
MK4 4GB

For more details, call Karen on 07891 818 259 / 01908 521538 or email karen.wheeler@shenleybrookend-pc.gov.uk

CALLING ALL YEAR 2, 3,4,5,6 & 7 PUPILS

ENGLAND'S TOP BADMINTON ACADEMY IS RECRUITING!
COME ALONG AND TRY OUR SHUTTLE STARS COACHING FESTIVALS



Shuttle Stars is Badminton England's new flagship junior programme for beginners looking to get their Badminton journey off to a smashing start.

Discover the excitement of the world's fastest racket sport at our Shuttle Stars Festivals!!!

Our fun, FREE 75 minute come and try sessions are designed to introduce beginners to Badminton basics with guidance from top national coaches.







3-6PM

EVERY FRIDAY

CHURCH END RD, SHENLEY BROOK END, MILTON KEYNES MK5 7AA £15

OTHER CARERSAND THEIR CLIENTS ARE ALSO WELCOME FREE OF CHARGE



Contact Vicki Call 07555036759 What's app 07725626697

Email

are2023@amail.com

ZONEINN

8 - 114RS WITH A SUPPORTING ADULT

CHILL - CHAT - SUPPORT

GREENLEYS
CHILDREN CENTRE
SATURDAY
10AM -12NOON

11+ - 184RS

SUPPORTING ADULT WELCOME

EXERCISE & WELLBEING ACTIVITIES

SAFE CONFIDENTIAL SPACE

USE THE

10 KEYS TO HAPPIER LIVING

AS TOOLS TO HELP IMPROVE WELL-BEING MINDFULLNESS

POSITIVE
KIND
SUPPORTIVE



CONFIDENCE & RESILIENCE BUILDING



A WELL-BEING SERVICE PROVIDED BY RELATEMK

FOR MORE DETAILS CONTACT © 01908 310010 MAPPOINTMENT@RELATEMK.ORG

WWW.RELATEMK.ORG OR DROP IN AND MEET US



WHAT THE PARENTS SAY...

MY SON HAS BEEN ATTENDING NINJA CLASSES OVER THE PAST YEAR AND HE LOVES IT! - TANJEELA

IT'S NOW LIKE A SECOND HOME TO US - SOPHIE

MY LITTLE ONE ENJOYED HIS TASTER SESSION. THE COACH WAS AMAZING AND FRIENDLY.- VENESSA

FULL OF ENGAGING ACTIVITIES THAT DEVELOP THEIR PHYSICAL SKILLS AND CONFIDENCE. - ASAD



HOW TO FIND US...

SCAN HERE
TO BOOK A FREE TASTER

Gymfinity Kids Milton Keynes
1st Floor (Above Fitness First)
Stadium Way West, Milton Keynes,
MK1 1ST

T: 01908 032050

E: info@gymfinitykids.com

T&C's apply. See website for details.



Gymfinity Kids

book your FREE taster session at: gymfinitykids.com