

LMS Matters

Tel No: 01908 508678

Email address: office@longmeadow.milton-keynes.sch.uk

www.longmeadow.milton-keynes.sch.uk

Issue: 07

Date: 25.10.24



Dear Parents and Carers

We hope that you all signed up for and attended the **LEARNING CONVERSATIONS** (formerly known as Parent Consultations) this week. These are a vital part of our home school relationship and are a great opportunity to see how well your child is doing. Unfortunately we have had some no shows this week which is very disappointing. If you missed yours, please contact the class teacher directly and they will see when they can find a time after half term to meet with you.

MAISIES, our school uniform supplier, have informed us of their opening dates over the coming half term. They will be closed every Wednesday from 6th November 2024 until Spring 2025. The date when they will re-open on Wednesdays will be posted on their website and notices within the shop. They have also posted their closing dates over Christmas and New Year. Please see the school website for full details.

Fancy trying a new sport? Some ex pupils of ours now belong to a **TRIATHLON CLUB** and they are looking for new, younger members. It's a lovely club where they focus on the children rather than a need to win everything. **PHOENIX TRI-MK** are all about the finish line, not finish times! Please see their flyer further on.

Don't forget we are on the lookout for **DONATIONS OF WELLINGTON BOOTS**. If you have any that have been grown out of, please could you give them to us. This is part of the master plan! Please leave them next to the **DONATION STATION** in the foyer. Please remember us if you have a sort out over the break and drop donations off whenever you can. Thanks in advance. We hope the children have been enjoying the **DISCOS** on the two playgrounds this week. I am also pleased to announce that we are hosting our first **FREEDOM FRIDAY** on 7th November. More details to follow but this will be one lunchtime when the children can move onto each playground as they wish! We will also be testing the children eating their lunch at a time of their choosing! We are very excited about this.

Don't forget that **PALMS** are working in conjunction with **THE LITTLE RECYCLERS** to collect bags of clothing to raise money for the school. Our collection date has been arranged for **FRIDAY 15TH NOVEMBER**, when you can bring your bags to school, they get collected and weighed and we get money! There is a list of things that they will accept and things they won't, so please check the list before filling your bags. The flyer can be found further on in the newsletter. Thank you in advance.

COOL FOR SCHOOL tell us that if you are looking for Maths and English activities to enhance your child's learning – they are the company for you! Their learning boxes are designed by educational experts and provide games and activities linked to key National Curriculum objectives. All the activities are quick and easy to set up, fun to play and all the resources you need are included in your box, designed for children in Reception to Year 3. See the flyer further on.

There are lots of things out there for parents/carers and children this half term: There is a **HALLOWEEN PARTY** at Westcroft Pavilion on 31st October, 4.45-6.45pm, for children aged 10 and over. Also, look out for details of **PLACES WHERE KIDS EAT FREE (or for £1)**; find the list later in this newsletter. **MK DON'S** are running a **HAUNTED HALF TERM ACTIVITY CAMP**; this is for ages 5-14, from 28th-31st October at Woughton on the Green. Contact details can be found on the flyer further on in the newsletter.

MK ARTS CENTRE would like to invite you to join them for a **FREE** event celebrating **SOUTH ASIAN CULTURE**. Helping them celebrate will be artist Tanvi Kant, leading a participatory Rangoli workshop using colourful sands, materials and objects to create large scale works of floor art, with the help of families attending. They will also be joined by the Artistic Director of Satyam School of Dance and Music, Debbie Ganguli-Patel, who will perform a dance in the space inspired by the works created. Refreshments will be served including a **FREE Sri Lankan buffet!** This is on 7th November 4pm-7pm. This event is **FREE**, booking is required. <https://www.ticketsource.co.uk/milton-keynes-arts-centre/celebratory-event-rangoli-and-dance/e-koyzyb>

We hope you all have a wonderful time this half term holiday, the children and staff are extremely tired and everyone deserves this break. Keep safe and we will see you all on Monday 4th November for the run up to the Christmas break.

Mr Gray



EYFS/KS1

Sticklebacks

who achieved

100%

KS2

Ferns

who achieved

99.7%



TTROCK Stars

Weekly class champions!

KS1

Frogs & Newts

KS2

Foxgloves & Teasels



Save the date

Biscuits and Books will be on 13th November in the morning.



FOR YOUR DIARY

School Term and Bank Holiday Dates 2024 / 2025

Term	Open morning of:	Close at the end of afternoon session of:
Autumn Term 2024	Thursday 5 September 2024	Friday 25 October 2024
	Monday 4 November 2024	Friday 20 December 2024
Spring Term 2025	Tuesday 7 January 2025	Friday 14 February 2025
	Monday 24 February 2025	Thursday 3 April 2025
Summer Term 2025	Tuesday 22 April 2025	Friday 23 May 2025
	Monday 2 June 2025	Tuesday 22 July 2025

Training days agreed to date: (on these days children do not come to school but staff do)

Tuesday 3 September 2024 / Wednesday 4 September 2024 / Monday 6 January 2025 / Friday 4 April 2025 / Wednesday 23 July 2025

Good Friday: **Friday 18 April 2025**

Easter Monday: **Monday 21 April 2025**

May Day: **Monday 5 May 2025**

Autumn Term 2024

w/c Monday 21 October	Parent Consultations
Thursday 24 October	Individual School Photos
Monday 28 - Friday 1 November	Half Term
Friday 8 November	Year 4 Fitzwilliam Museum
w/c Monday 11 November	Anti-Bullying Week
Monday 11 November	World Science Day
Wednesday 13 November	Biscuits & Books (8.30-9am)
Thursday 14 November	Year 6 MK Discovery Centre
Friday 15 November	The Little Recyclers (unwanted clothes donations - 8am - 9.30am)
Friday 15 November	Children in Need
Friday 15 November	Year 1 MK Museum
Friday 29 November	PALMS Launch: Design a Decoration competition
Friday 6 December	PALMS Christmas Fair
Monday 9 December	Year 1/2 Carol Concert (9.15-9.45am)
Tuesday 10 December	Year 1/2 Carol Concert (2.15-2.45pm)
Thursday 12 December	Christmas Jumper Day
Thursday 12 December	EYFS Christmas Performance (1.30-2.30pm)
Friday 13 December	PALMS Festive Friday
Friday 13 December	Year 6 Learning Fair
Monday 16 December	PALMS Christmas Dash
Tuesday 17 December	EYFS/KS1 Awards Assembly (9.10-10.10am)
Tuesday 17 December	Year 3/4 Awards Assembly (2.15.3.15pm)
Wednesday 18 December	Year 5/6 Awards Assembly (9.10-10.10am)
Thursday 19 December	Party Day
Friday 20 December	Last day of term
Monday 6 January	INSET Day

Stay & Play Sessions - (9.00 - 10.30am)

Wednesday 23 October	Autumn
Wednesday 6 November	Fireworks
Wednesday 20 November	Space
Wednesday 4 December	People Who Help Us
Wednesday 18 December	Christmas

LMS Safeguarding

Q: What's the difference between an arranged marriage and a forced marriage?

A: Full and free consent.

Arranged marriages are accepted in many communities. Although the parties to the marriage may not have chosen their future partner, they enter the marriage willingly and freely, both parties involved have the final say and can decline at any point; this is not the case with a forced marriage.

Forcing a person into a marriage is a crime in England and Wales. A forced marriage is one entered into without the full and free consent of one or both parties and where violence, threats or any other form of coercion is used to cause a person to enter into a marriage.

Threats can be physical or emotional and psychological. A lack of full and free consent can be where a person does not consent or where they cannot consent (if they have learning disabilities, for example). Nevertheless, some perpetrators use perceived cultural practices to coerce a person into marriage.

Since February 2023, it has been a crime to carry out any conduct whose purpose is to cause a child to marry before their eighteenth birthday, even if violence, threats or another form of coercion are not used. As with the existing forced marriage law, this applies to non-binding, unofficial 'marriages' as well as legal marriages.

LMS Well-being

Creativity

Few human qualities are more misunderstood than creativity. While everyone is capable of it, many believe they aren't creative. The creative process is often unpredictable, spontaneous, and non-linear, with no clear answer and fraught with failure.

People who say they aren't creative typically mean they're uncomfortable with this uncertainty. Yet if they can learn to sit with it and persist, they'll eventually find themselves in a flow state amid the creative act.

Embracing uncertainty, accepting failure, and exploring new solutions makes creativity an excellent vehicle for personal growth and connecting us more deeply with the world. It is valuable not just for what it enables us to produce but also for the positive change it effects within us.

"A creative life is an amplified life. It's a bigger life, a happier life, an expanded life, and a hell of a lot more interesting life." – Elizabeth Gilbert

"If you were Google, how might you approach this?" Encouraging people to view a situation from someone else's perspective can be a powerful reframe that helps them explore ideas they hadn't previously considered.

Congratulations to our Top Doodlers...

Ivy M, Parker W, Mollie R & Aiden A for their 50 day maths streaks; Theo Y for his 100 day maths streak; Kadmiel K for his 100 day English streak; Noah C for his 365 day maths and English streak; Alba S for her 500 day maths streak; Enrico P for his 750 day maths streak; Emma G & Katrina C for their 1000 day English streaks and Katrina C & Georgette F for their 1000 day maths streaks!

#PROUD



doodle



Long Meadow Legends

Tadpoles – Ridhi for always being a super role model and Lucia for being such a kind & patient friend.

Minnows – Sophie for successfully substiting the smarties on the gingerbread man, Esmae for super listening skills in PE this week and Dominik for always coming into school with a big smile on his face.

Pondskaters – Joaquim for his mighty maths this week and Parker for always following the 'LMS Learning Behaviours'.

Sticklebacks – Adhvaith for a brilliant Autumn sentence in English and Dhruvin for settling in so well & learning our values.

Newts – Beatrice for super understanding in maths and Edith for writing a lovely adventure story in English.

Frogs – Calix for super adding using his number bonds and Grace for an excellent design & making of a cookie.

Bracken – Daniel for contributions to DT lessons and Tani for a great start to life at LMS.

Hogweed – Aakesh for always being a shining star and Eden for incredible effort during her Hot Write!

Foxgloves – Conie for improving her handwriting through lots of hard work & determination and Maddie for showing kindness & always helping others.

Hawthorn – Ariana for a fantastic newspaper report about an Egyptian tomb and Aadhya for fabulous efforts in all her English work.

Ferns – Kalissa for being really helpful in the mornings and Sohni for some lightning fast mental arithmetic this week.

Thistles – Lara for always being such a conscientious & hardworking member of the class and Violet for her amazing artwork.

Brambles – Sophie for being the most thoughtful, kind and helpful young person and Erika for her fantastic ideas during our English shared write on our Holes diary entry.

Teasels – Alex for demonstrating great resilience in maths and Kadmiel for being the most polite person I have ever met.

Sports Person of the Week

Henry M for absolutely smashing his Tag Rugby unit of work this half term and Summer for engaging throughout the whole lesson, showing excellent control of the ball.

Congratulations to Coby, Reyansh, Selena, Amelia, Elijah, Esme, Karter, Robyn & Theo for showing such lovely manners & behaviour at the KS1 Fun & Fit festival.

#PROUD



10% OFF when using code **SPOOKY10**



Haunted Half Term Activity Camp



28TH, 29TH, 30TH, 31ST
OCTOBER

AGES 5-14

📍 Woughton on the Green

For more information contact
matthew.broughton@mkdonsset.com
01908622888





COME AND SEE WHY WE ARE

#PROUD OF OUR SCHOOL

Friday 11th October: 1.20pm - 2.20pm

Monday 14th October: 10.15am - 11.15am

Wednesday 16th October: 1.20pm - 2.20pm

Tuesday 22nd October: 1.20pm - 2.20pm

Friday 25th October: 10.15am - 11.15am

Monday 4th November: 1.20pm - 2.20pm

Thursday 7th November: 10.15am - 11.15am

Please phone 01908 508678 to book onto one of our tours

More dates will be added throughout the term

Halloween Party

4:45–6:45pm, Thursday 31st October
Westcroft Pavilion, Cranborne Avenue,
Westcroft MK4 4GB

Ghoulish Games

Creepy Crafts ▪ Fiendish Food

Prizes for the best fancy dress!

**All welcome
from aged 10 and over**



Shenley Brook End & Tattenhoe
Parish Council

For more information, call Karen on 01908 521538 (option 3)
or email karen.wheeler@shenleybrookend-pc.gov.uk



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE OCTOBER HALF TERM 2024

moneysavingcentral.co.uk/kids-eat-free



MORRISONS

Spend £5 from the hot menu and get one free kids meal all day, every day.

COCONUT TREE

One child (under 10) eats free every day
Monday 21st Oct- Sunday 3rd Nov 2024

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase any adult meal (Via App)

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

YO! SUSHI

Monday 14th October - Friday 1st November 2024 kids eat free with every £10 adult spend

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

BILLS

2 kids eat FREE Mon - Fri from Monday 21st October - Friday 1st November 2024

PIZZA HUT

Free Kids buffet Monday 14th Oct - Tuesday 5th Nov daily until 3pm with code **SPOOKY**

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

IKEA

Kids get a meal from 95p daily from 11am

HUNGRY HORSE

Kids eat for £1 on Mondays

FUTURE INNS

Under 5s eat for free with any adult meal.



WESTCROFT

COMMUNITY FRIDGE

A simple solution to wasting less through the sharing of good-quality food.

Tuesdays 2pm – 4pm
Westcroft Pavilion
Cranbourne Avenue
Westcroft
MK4 4GB

For more details, call Karen on
07891 818 259 / 01908 521538 or email
karen.wheeler@shenleybrookend-pc.gov.uk



TRI-MK
FOUNDED 2017

Triathlon Club

AGES 8-18

**FINISH
LINES NOT
FINISH TIMES**

Phoenix Tri-MK train every Thursday
- **Juniors (Ages 8 - 12)** from 19:15 -
20:45 & **Seniors (Ages 13 - 18)** from
20:00 - 21:30

**Venue - Leon Leisure Centre, Sir
Herbert Leon Academy, Fern Grove,
Bletchley, Milton Keynes, MK2 3HQ**

For a free trial session
contact:-

**Stuart - chair@tri-mk.com
Crispin - secretary@tri-mk.com**

**South Central
Regional Club of
the Year 2022**



Fabricated loose parts e.g.

Astro turf off-cuts

Boards, old cabinet doors, panels

Bread, milk, bottle and grocery crates

Briefcases

Buggies, pushchairs

Cable drums

Carpet samples/squares

Fabrics – all shapes and sizes

Foam pipe covers and noodles

Guttering

Hoses

Keyboards

Metal pots, pans, trays etc, especially catering sizes

Nets: fishing, cargo, football

Office removal crates Tea Crates

Old clothes, jackets, overalls, hats, bags

Old household appliances, hoovers, fax machines, microwaves etc

One-ton dumpy bags

Pallets

Phones

Piping, gas, water and drainage

Planks – decking

Plastic road barriers

Small wheely bins

Steering wheels

Suitcases

Tarps

Traffic Cones

Tubes of all kinds

Wooden block and off-cuts Carpenters, builders





And Natural loose parts such as:

Branches and sticks

Fruit trees

Grass Plants

Leaves

Logs

Mud

Pea gravel

Peat

Pinecones

Play bark/woodchip

Sand (washed dredged not 'sharp')

Sea pebbles

Shells

Varied aggregates, slate, flint, clay

Wood off-cuts

If you have or can help with any of these, please put them in the **OPAL DONATION STATION** in the main foyer, or speak to the school office.



SCHOOL FUNDRAISING

More clothes -
more funds for
your organisation.
1 kg = £0.55

YOUR COLLECTION IS
ARRANGED ON:

15th November

FILL ANY BAGS WITH CLOTHING AND
BRING THEM TO SCHOOL/ORGANISATION
WE WILL COLLECT AND WEIGH THEM

WE ACCEPT

- Good quality clean clothing (adult's, children's, baby)
- Shoes (paired)
- Bags
- Hats & scarves
- Belts
- Fashion accessories
- Swimwear, lingerie
- Jewellery
- Perfumes

WE DON'T ACCEPT

- Uniforms
- Dirty, wet, ripped, damaged clothing
- Traditional clothing
- Duvets & pillows
- Single shoes
- Toys, stationery
- Bric-a-brac & electrical items
- Books, CDs, DVDs
- Workwear
- Carpets, rugs, mats, curtains
- Hygiene items, diapers
- Linen & towels

PLEASE NO UNIFORMS & DUVETS!

RAISE MONEY FOR YOUR SCHOOL BY GIVING
AWAY YOUR UNWANTED CLOTHES

A close-up photograph showing a hand applying colorful powders to a rangoli design on a piece of fabric. The design features pink, purple, orange, and green colors. The hand is positioned in the upper right corner, and the fabric is in the lower right corner. The background is a light-colored, textured surface.

Free!

**Celebratory Event:
Rangoli and Dance**

Date and time: Thursday 07 Nov (4-7pm)

Location: Milton Keynes Arts Centre

- Rangoli workshop
- Dance performance
- Free Sri Lankan buffet

This event is free, booking required!

ZONE INN

8 - 11YRS
WITH A
SUPPORTING
ADULT

CHILL - CHAT - SUPPORT

11+ - 18YRS
SUPPORTING
ADULT WELCOME

GREENLEYS
CHILDREN CENTRE
SATURDAY
10AM - 12NOON

SAFE
CONFIDENTIAL
SPACE

EXERCISE &
WELLBEING
ACTIVITIES

POSITIVE
KIND
SUPPORTIVE

USE THE

10 KEYS TO HAPPIER
LIVING

AS TOOLS TO HELP
IMPROVE WELL-BEING

MINDFULNESS

CONFIDENCE &
RESILIENCE
BUILDING

ACTION FOR
HAPPINESS



A WELL-BEING SERVICE PROVIDED BY RELATEMK

FOR MORE DETAILS CONTACT 📞 01908 310010 ✉️ APPOINTMENT@RELATEMK.ORG

🌐 WWW.RELATEMK.ORG OR DROP IN AND MEET US

ENGLAND ROCKS

12TH - 14TH NOVEMBER
7:30AM TO 7:30PM DAILY



PLAY IN ANY
GAME TYPE!

1HR TIME LIMIT
PER PERSON!



WINNING CLASS WILL HAVE THE
HIGHEST NUMBER OF CORRECT
ANSWERS PER STUDENT!



TIMES TABLES
ROCK STARS



COOL FOR SCHOOL

Have fun learning together

Looking for Maths and English activities to enhance your child's learning?



Our learning boxes are designed by educational experts and provide games and activities linked to key National Curriculum objectives.

All the activities are quick and easy to set up, fun to play and all the resources you need are included in your box.

Visit our website to view our full range of boxes, designed for children in Reception to Year 3.

For 25% off your first box use the code CFS25 at the checkout
www.coolforschoollearning.co.uk

Telephone – 07874 255203



VI-KARE AFTER SCHOOL SEN CLUB

3-6PM

EVERY FRIDAY

**CHURCH END RD, SHENLEY
BROOK END, MILTON
KEYNES MK5 7AA
£15**

**OTHER CARERS AND THEIR
CLIENTS ARE ALSO
WELCOME FREE OF CHARGE**



Contact Vicki

Call 07555036759

What's app 07725626697

Email

vi.kare2023@gmail.com

Westcroft

COMMUNITY LARDER



Shenley Brook End & Tattenhoe
Parish Council

Fridays
10am - 1pm

Westcroft Pavilion
Cranborne Avenue
Milton Keynes
MK4 4GB

What is a community larder?

A membership programme that provides:

- Access to surplus food
- Local business discounts
- Little larder club
- Access to other services and support
- Meet new people in a friendly environment

Who can join?

Anyone who wants to prevent food waste and save money. It is not means tested.

Where does the food come from?

A Didcot based charity, providing surplus food, training and opportunities to young people and organisations.

One Off
£10
Joining Fee



INDIVIDUAL
MEMBERSHIP
FROM
£3.50
P/WEEK

FAMILY
MEMBERSHIP
FROM
£7
P/WEEK

An **individual membership** provides up to 10 items of food per week, plus a selection of fruit and vegetables. (family membership is double that)

Want free food and a bunch of other benefits?

Sign up today!
www.sofea.uk.com

Registered Charity Number 1155783



POWERED BY





Book Now!



£20 Per Day
OR
£50
For Three Days

**Special Guests
Across The
Week!**



Halloween Trick + Treat Girls Camp



9am - 1pm

AGES 8-16

**28TH, 29TH, 30TH
OCTOBER**

 **Fairfields Sports Hub, MK11 4BA**

For more information contact
jon.dewick@mkdonsset.com

01908622888

