

LMS Matters

Tel No: 01908 508678

Email address: office@longmeadow.milton-keynes.sch.uk

www.longmeadow.milton-keynes.sch.uk

Issue: 04

Date: 04.10.24



Dear Parents and Carers

We started this week celebrating the start of **BLACK HISTORY MONTH 2024**. In today's world, stories are powerful tools that shape how we understand our past, present, and future. For too long, the history of Black communities has been told through lenses that often misrepresent, oversimplify, or entirely overlook the rich and diverse experiences of those who lived it. But 2024 is set to be a transformative year. Black History Month UK has unveiled its compelling theme: **RECLAIMING NARRATIVES**. One of the most exciting aspects of Reclaiming Narratives is its potential to inspire and educate the next generation. In schools, universities, and cultural institutions, this theme offers a fresh perspective on Black history that goes beyond the traditional focus on slavery and civil rights. It's about celebrating Black excellence in all its forms — whether in the arts, sciences, politics, or everyday life.

This week we have also celebrated **NATIONAL LSA DAY** and **NATIONAL TEACHER DAY**. We don't do this job for thank yous and we certainly don't do it for the money, but as a school we want to recognise the very special people that work at LMS. No matter what they do, every single person makes a huge contribution to your children's education and lives, most of which you will never see or hear of. So from me to my staff – **THANK YOU!**

Unfortunately I have had contact from a local resident who has had **STONES** and **STICKS** thrown into their garden from the little park next to the school. They rang me because the children doing it were in LMS uniform. As a gentle reminder, whilst the children are in uniform, they are representing the school and as such, still come under our behaviour policy. This behaviour needs to cease immediately, as next time the resident will be informing the Police.

We are well on our way on our **OPAL** journey now. We have had lots of donations into the **DONATION STATION**, plus so many pallets and tyres! On KS2 you may also have seen us reclaiming land back from the bushes next to the playground. We plan to use every inch! Monday sees our first **PLAY ASSEMBLY** when we will be launching the **2 PLAYGROUND DISCOS!** Good play environments are vibrant and fluid places where the nature and content of play is constantly shifting. It is vital that the adults and children have an ongoing means of communication about play. This is a key part of our health and safety process and of our risk management approach. The assemblies are part of planning and reflecting for play and are a key part of providing sufficient care for the children in our school. Please **KEEP DONATING** and please complete your **PLAY SURVEY!**

We are now at the time of year where prospective parents will be completing **SCHOOL VISITS** as they choose a school for their children to start next year. We are very **#PROUD** of everything we do here and would love to show as many people as possible what we do. You can help us by spreading the word to people you may know and share the dates which can be found further on in this newsletter. This unfortunately is now going to be even more vital for us as there is a significant drop in the birth rate over the coming years, which could have a huge effect on our budget!

There is also lots going on in and around school. Firstly, **MR BOURKE'S SELF DEFENCE CLASS** has been arranged for 4th and 11th November from 7-9pm. Please let the office know if you want to attend. The **WESTBURY MK OPEN YOUNG ARTIST** exhibition is on this weekend and open from 10am-4pm; please see the attached poster. Network Rail are hosting a **STEM AND CAREERS FESTIVAL** in The Quadrant: Milton Keynes, on Saturday 9th - Sunday 10th November, from 9am – 3pm. **FAMILY FIRST** are supporting the physical and mental well-being of families living in England. Their magazine is free and can be found at: <https://familyfirst.co.uk/magazines/family-first-issue-4-2024/>. **MK DONS SPORT AND EDUCATION TRUST** are holding a **HALLOWEEN TRICK AND TREAT GIRLS FOOTBALL CAMP**; please see the flyer further on. And finally, **VI-KARE** holds an after school **SEN CLUB** every Friday from 3-6pm. Check out the flyer.

Mr Gray



EYFS/KSI

Tadpoles

who achieved

100%

KS2

Ferns

who achieved

99%



Don't forget
this week's
update of
LMS
SUCCESS –
our behaviour
curriculum -
further on in
this
newsletter!



FOR YOUR DIARY

School Term and Bank Holiday Dates 2024 / 2025

Term	Open morning of:	Close at the end of afternoon session of:
Autumn Term 2024	Thursday 5 September 2024	Friday 25 October 2024
	Monday 4 November 2024	Friday 20 December 2024
Spring Term 2025	Tuesday 7 January 2025	Friday 14 February 2025
	Monday 24 February 2025	Thursday 3 April 2025
Summer Term 2025	Tuesday 22 April 2025	Friday 23 May 2025
	Monday 2 June 2025	Tuesday 22 July 2025

Training days agreed to date: (on these days children do not come to school but staff do)

Tuesday 3 September 2024 / Wednesday 4 September 2024 / Monday 6 January 2025 / Friday 4 April 2025 / Wednesday 23 July 2025

Good Friday: **Friday 18 April 2025**

Easter Monday: **Monday 21 April 2025**

May Day: **Monday 5 May 2025**

Autumn Term 2024

w/c Monday 7 October	Year 6 Mock SATs
Wednesday 9 October	EYFS Drawing Club Workshop (3.15-4.15)
Thursday 10 October	World Mental Health Day
Thursday 10 October	Year 3 Holdenby House
Thursday 10 October	PALMS Discos (KS1 5.30-6.30pm / KS2 6.45-7.45pm)
Thursday 17 October	Year 4 Learning Fair
Thursday 17 October	EYFS Phonics Workshop (5.30-6.30pm)
w/c Monday 21 October	Parent Consultations
Thursday 24 October	Individual School Photos
Monday 28 - Friday 1 November	Half Term
Thursday 7 November	Bags2School
Friday 8 November	Year 4 Fitzwilliam Museum
w/c Monday 11 November	Anti-Bullying Week
Monday 11 November	World Science Day
Thursday 14 November	Year 6 MK Discovery Centre
Friday 15 November	Children in Need
Friday 15 November	Year 1 MK Museum
Friday 29 November	PALMS Launch: Design a Decoration competition
Friday 6 December	PALMS Christmas Fair
Monday 9 December	Year 1/2 Carol Concert (9.15-9.45am)
Tuesday 10 December	Year 1/2 Carol Concert (2.15-2.45pm)
Thursday 12 December	Christmas Jumper Day
Thursday 12 December	EYFS Christmas Performance (1.30-2.30pm)
Friday 13 December	PALMS Festive Friday
Friday 13 December	Year 6 Learning Fair
Monday 16 December	PALMS Christmas Dash
Tuesday 17 December	EYFS/KS1 Awards Assembly (9.10-10.10am)
Tuesday 17 December	Year 3/4 Awards Assembly (2.15.3.15pm)
Wednesday 18 December	Year 5/6 Awards Assembly (9.10-10.10am)
Thursday 19 December	Party Day
Friday 20 December	Last day of term
Monday 6 January	INSET Day

Stay & Play Sessions - (9.00 - 10.30am)

Wednesday 9 October	Pirates
Wednesday 23 October	Autumn
Wednesday 6 November	Fireworks
Wednesday 20 November	Space
Wednesday 4 December	People Who Help Us
Wednesday 18 December	Christmas

LMS Safeguarding

Please follow this [LINK](#) for parents and carers. It explains what activities clubs, tutors and coaches should be doing to provide a safe environment for the children that attend their setting. This includes:

- community activities - for example, youth clubs
- before- and after-school clubs
- holiday clubs
- supplementary schools - for example, language, cultural and religious
- private tuition
- music lessons
- sports training and coaching

These are sometimes referred to as out-of-school settings.

LMS Well-being

It is easy to feel like the world is hanging by a thread at the moment. Everywhere you look there are problems. War. Crime. Violence. Politics. With the rolling news cycles and the noise on social media, it seems like we are in dark times and the light at the end of the tunnel is getting further and further away. It's easy for this to start to take its toll on you and leave you feeling overwhelmed. Even if you had great mental health to start with, the last few years have been challenging and hard for everyone. Good news though, *you* can make it a *little* easier.

Manage your inputs - Each day can feel like information overload. In 1986, if you added up all the information a human receives each day (TV, reading, radio) it amounted to 40 newspapers worth a day. Fast forward to 2011, that figured had risen to 174 newspapers a day. I think it is safe to assume that in 2024, that number will have increased again. We need to manage our inputs. Reduce some of the noise that is coming in each day. Turn off notifications. Unsubscribe from email newsletters. Use the 'do not disturb' feature. Limit your social media use to a certain time each day. If we aren't careful the trivial will get in the way of the meaningful.

Control the controllables - Most people feel overwhelmed about things they have no control over – the news, politics, the weather, the in-laws – remember we all have a finite amount of energy each day and if we use it getting worked up about things we have no control over, it leaves us drained and depleted to handle the things that we do have some say in. Save your energy for the things you can control. Focus on how you respond to situations, it will be a far better use of your time.

One thing at a time - Living in this hyperconnected world with devices and distraction all around, it is easy to feel that everything needs a response straight away but not everything is equally important. Remember you can only do one thing at a time, so quit trying to do otherwise. Better results come from focusing on one task before looking ahead at the next one. You will not save time by doing two things at once, you will lose time because you will probably need to redo a task. Doing too many things at the same time usually translates to being average.



Congratulations to our Top Doodlers...

Dheer J for his 100 day English streak;
Sehaj J for her 365 day English streak and
Elliot R for his 1000 day English streak.

Well done!



doodle



Long Meadow Legends

Tadpoles – Ali for being a super subitiser & a wonderful member of the class.

Minnows – Olivia for coming into school every day and doing her jobs independently.

Pondskaters – Bamiki for really challenging herself in maths.

Sticklebacks – Riley for showing resilience in his learning & writing three lovely sentences.

Newts – Ezra for giving everything a go!

Frogs – Esme for outstanding contributions during lessons.

Bracken – Layla for sharing what she has learnt about Rosa Parks.

Hogweed – Mia for coming in every day with a smile, saying good morning & always being ready to help adults.

Foxgloves – Winky for working hard in her English lessons & writing a brilliant adventure story.

Hawthorn – Zac for being the best 'M' in LMS success!

Ferns – Alec for an amazing diagram and explanation in science.

Thistles – Roxie for starting Y5 with a mature & positive attitude.

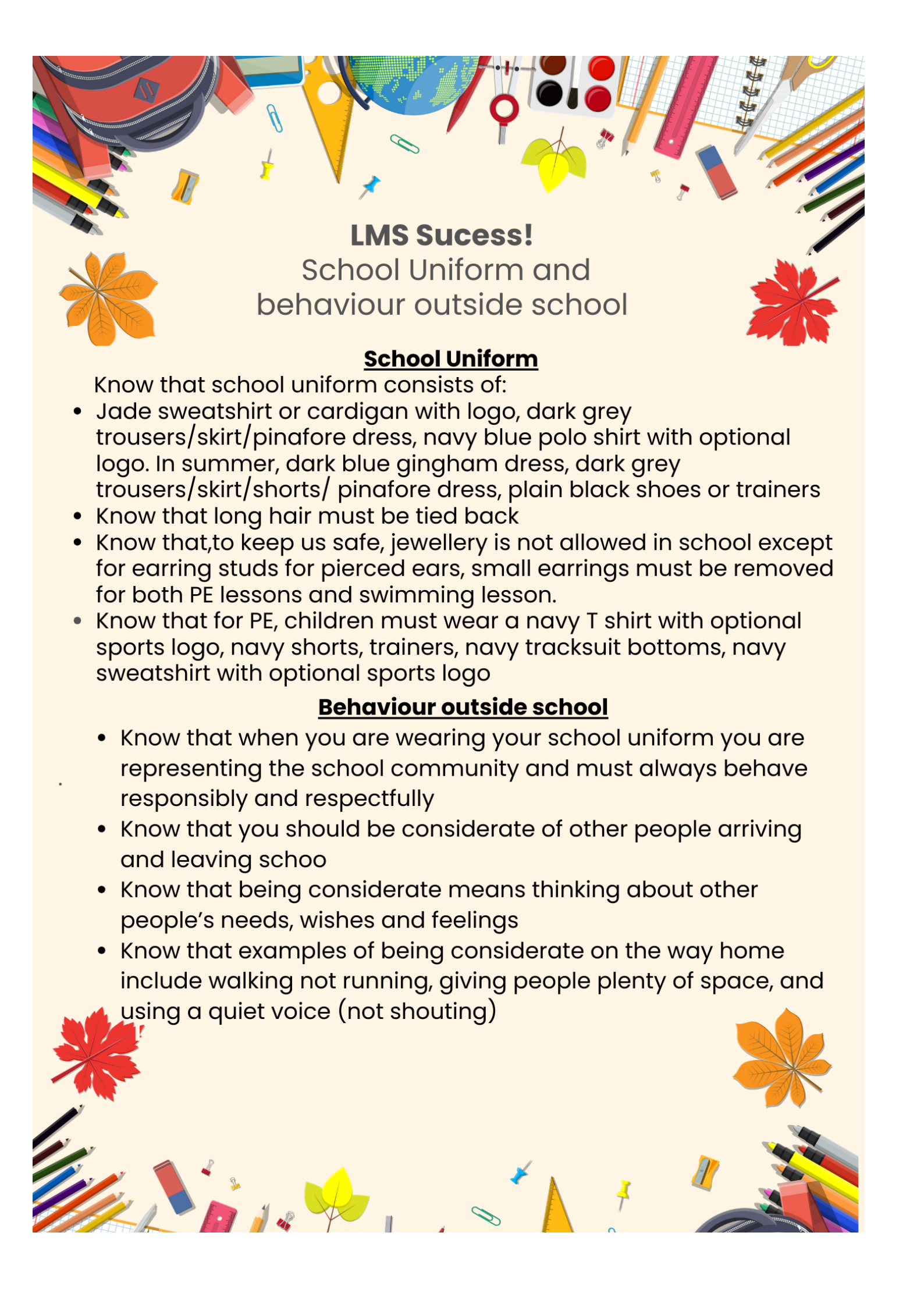
Brambles – Jasmine for being kind, mature & hard working.

Teasels – Hamza for confidently sharing facts in RE about his own religion.

Sports Person of the Week

Tilly W for being focused & ready to learn—she has worked hard on learning how to shoot in handball.

#PROUD



LMS Success!

School Uniform and behaviour outside school

School Uniform

Know that school uniform consists of:

- Jade sweatshirt or cardigan with logo, dark grey trousers/skirt/pinafore dress, navy blue polo shirt with optional logo. In summer, dark blue gingham dress, dark grey trousers/skirt/shorts/ pinafore dress, plain black shoes or trainers
- Know that long hair must be tied back
- Know that, to keep us safe, jewellery is not allowed in school except for earring studs for pierced ears, small earrings must be removed for both PE lessons and swimming lesson.
- Know that for PE, children must wear a navy T shirt with optional sports logo, navy shorts, trainers, navy tracksuit bottoms, navy sweatshirt with optional sports logo

Behaviour outside school

- Know that when you are wearing your school uniform you are representing the school community and must always behave responsibly and respectfully
- Know that you should be considerate of other people arriving and leaving school
- Know that being considerate means thinking about other people's needs, wishes and feelings
- Know that examples of being considerate on the way home include walking not running, giving people plenty of space, and using a quiet voice (not shouting)

A decorative border surrounds the page, featuring various school supplies like a red backpack, a globe, a ruler, a pencil sharpener, and several colorful autumn leaves in shades of orange, red, and yellow.

LMS Success!

Playing outdoors and Manners matter

Playing Outdoors

- Know that you must walk from the classroom to the playground using 'Walking Tall'
- Know that you must play safely without hurting anyone
- Know that you do not 'play fight' because you may hurt someone by accident
- Know that you must be kind, by including people in your games and sharing equipment
- Know that someone who is kind behaves in a gently, caring and helpful way towards other people

Manners Matter

- Know that you should always say 'please' when asking for something
- Know that you should always say 'thank you' when you receive something or someone does something for you
- Know that you should say 'Good morning/afternoon' to adults if spoken to
- Know that a calm and polite tone is respectful
- know that we hold doors open for people
- Know that we Talk kindly to each other
- Know that we respect school property by looking after it
- Know that we value differences

Apply online from
1 September 2024 to 15 January 2025

You must apply by
15 January 2025
or you will
have limited choice

Starting school for the first time in September 2025?

For children born between
1 September 2020 and
31 August 2021

To access support with making an application, face to face drop-in sessions are available at Milton Keynes City Council Civic Building on the following dates between 11.30am - 3.30pm

- 18 September
- 25 September
- 2 October
- 9 October
- 16 October
- 23 October
- 30 October
- 20 November
- 8 January 2025
- 15 January

1.00pm - 4.00pm on the dates below

- 27 November
- 4 December
- 11 December

Find out more at:

Starting primary or junior/middle school in September 2025
Milton Keynes City Council (milton-keynes.gov.uk)

Apply here



MK Milton Keynes
City Council

01453 440000 August 2024

Maximise your chance of getting a preferred reception class place

Apply on time

- The closing date is **15 January 2025**
- Any applications received after this will be processed after national offer day
- A late application means you are less likely to get any of your preferences
- Notifications of the places offered will be made on **16 April 2025** (unless your application is late)

Use all four preferences

- You can apply for up to four schools. The schools will not know in which order you have placed the preferences
- Each preference is considered in its own right, so please ensure that you give yourself four separate chances
- If more than one school is able to offer your child a place then the order of preference is important, so ensure you list the schools in the order that you want them considered
- It's best to include your catchment school as one of your preferences, it does not need to be your first preference
- A Guide for Parents and Carers is available on our website for further guidance

Apply online

- You can only apply online at Citizen Portal - Sign in (milton-keynes.gov.uk) between **1 September 2024 and 15 January 2025**
- You will be able to view, update and submit your application through the portal
- Communication with you will be quicker and your application will be secure
- You will be able to log on from **16 April 2025** to view the school that has been allocated

Choose wisely

- Ensure you are aware of the oversubscription criteria for your preference schools. This is how all the applications will be ranked
- Don't assume you will be allocated a place at your catchment school if you don't state it as one of your preferences
- Give consideration to your secondary school liaison group, is your preferred school linked to the secondary school within your area?
- Don't assume your child will get priority just because they attend a nursery class attached to your preferred school
- Consider how you will access your school place

Admissions information for all schools is available on our website.

Starting primary or junior/middle school in September 2025 | Milton Keynes City Council (milton-keynes.gov.uk)

Apply online from
1 September 2024 to 31 October 2024

You must apply by
31 October 2024
or you will
have limited choice

Moving up to secondary school in September 2025

As your child is now in Year 6 it is time for you to apply for a secondary school place for September 2025.

You can apply online and find out more information on the council's website at

Starting secondary/upper school in September 2025 | Milton Keynes City Council (milton-keynes.gov.uk)

Please read carefully the Guide for Parents and Carers on our website. To help you understand the likelihood of securing a place at one of your preferred schools, you should make particular note of the 'key facts' section for each school which tells you the cut off point for places offered last year.

Make sure you read the over-subscription criteria for each school that you want to apply for as many schools are over-subscribed each year.

Details of open events for all secondary schools in Milton Keynes are also included in the guide.

Parents and carers can express a preference for four schools.

If you pay your council tax to Milton Keynes Council, apply on our website. If you pay your council tax to another local authority you must apply through that local authority even if you want to apply for a Milton Keynes school.

To access support with making an application, face to face drop-in sessions are available at Milton Keynes City Council Civic Building on the following dates between 11.30am - 3.30pm

- 18 September
- 25 September
- 2 October
- 9 October
- 16 October
- 23 October
- 30 October
- 20 November
- 8 January 2025
- 15 January

1.00pm - 4.00pm on the dates below

- 27 November
- 4 December
- 11 December

Find out more at:

Starting secondary/upper school in September 2025
Milton Keynes City Council (milton-keynes.gov.uk)

Apply here



Milton Keynes
City Council

M19522 August 2024

Maximise your chance of getting your preferred secondary school place

Apply on time

- The closing date is **31 October 2024**
- Any applications received after this will be processed after national offer day
- A late application means you are less likely to get any of your preferences
- Notifications of the places allocated will be made on **3 March 2025** (unless your application is late)

Apply online

- You can only apply online at **Citizen Portal - Sign in (milton-keynes.gov.uk)** up until midnight on **31 October 2024**
- You will be able to view, update, and submit your application throughout the application window
- Communication with you will be quicker and your application will be secure
- You will be able to log on from **3 March 2025** to view the school that has been allocated

Use all four preferences

- You can apply for up to four schools. The schools will not know in which order you have placed the preferences
- Each preference is considered in its own right, so please ensure that you give yourself four separate chances
- If more than one school is able to offer your child a place then the order of preference is important, so ensure you list the schools in the order that you want them considered
- It's best to include your catchment school as one of your preferences, it does not need to be your first preference

Choose wisely

- Make sure you are aware of the oversubscription criteria for your preference schools. This is how all the applications will be ranked
- Don't assume you will be allocated a place at your catchment school if you don't state it as one of your preferences
- Don't assume your child will get priority just because they attend a primary school within the area of the secondary school
- Consider how you will access your school place

Admissions information for all schools is available on our website.

Starting secondary/upper school in September 2025 | Milton Keynes City Council (milton-keynes.gov.uk)

Fabricated loose parts e.g.

Astro turf off-cuts

Boards, old cabinet doors, panels

Bread, milk, bottle and grocery crates

Briefcases

Buggies, pushchairs

Cable drums

Carpet samples/squares

Fabrics – all shapes and sizes

Foam pipe covers and noodles

Guttering

Hoses

Keyboards

Metal pots, pans, trays etc, especially catering sizes

Nets: fishing, cargo, football

Office removal crates Tea Crates

Old clothes, jackets, overalls, hats, bags

Old household appliances, hoovers, fax machines, microwaves etc

One-ton dumpy bags

Pallets

Phones

Piping, gas, water and drainage

Planks – decking

Plastic road barriers

Small wheely bins

Steering wheels

Suitcases

Tarps

Traffic Cones

Tubes of all kinds

Wooden block and off-cuts Carpenters, builders





And Natural loose parts such as:

Branches and sticks

Fruit trees

Grass Plants

Leaves

Logs

Mud

Pea gravel

Peat

Pinecones

Play bark/woodchip

Sand (washed dredged not 'sharp')

Sea pebbles

Shells

Varied aggregates, slate, flint, clay

Wood off-cuts

If you have or can help with any of these, please put them in the **OPAL DONATION STATION** in the main foyer, or speak to the school office.



**COME AND SEE WHY WE ARE
#PROUD OF OUR SCHOOL**

Friday 11th October: 1.20pm – 2.20pm
 Monday 14th October: 10.15am – 11.15am
 Wednesday 16th October: 1.20pm – 2.20pm
 Tuesday 22nd October: 1.20pm – 2.20pm
 Friday 25th October: 10.15am – 11.15am
 Monday 4th November: 1.20pm – 2.20pm
 Thursday 7th November: 10.15am – 11.15am

Please phone 01908 508678 to book onto one of our tours
 More dates will be added throughout the term

WESTBURY MK OPEN YOUNG ARTIST

Be inspired and celebrate the work of the many young artists within our community, from the schools of Milton Keynes at Westbury Arts Centre.

**5/10/24
10am- 4pm
Midday presentation
ceremony**

**Westbury
Arts Centre**

Westbury Arts Centre, Foxcovert Road, Shenley Wood, Milton Keynes, MK5 6AA
 On street parking available or at the public car park on Merlewood Drive, MK5 6GG



CAREERS FESTIVAL

Get involved in some interesting STEM events that will get you thinking about the railway in Britain.



SIGN UP HERE



[Or, click here to sign up](#)

Saturday 9th & Sunday 10th November 2024
9:00 am - 3:00 pm

The Quadrant: Milton Keynes
Elder Gate, Milton Keynes, MK9 1EN



MK Food Bank

14 Burners Lane, Kiln Farm,
Milton Keynes,
MK11 3HB
office@mkfoodbank.org.uk
01908 322 800



Most Needed Items!



- Tinned Meat
- Tinned Fish
- Tinned Pulses
- Tinned Fruit
- Tinned Tomatoes
- Long Life UHT Milk
- Juice or Squash
- Spreads – Jams, Peanut Butter
- Tea / Coffee / Hot Chocolate
- Tinned Pasta
- Tinned Veg
- Pasta Sauce
- Dried Rice – 500g or 1kg packets
- Rice Pudding / Custard
- Cereal / Mini Cereal
- Biscuits
- Instant Mash



Helping those in crisis in Milton Keynes

ZONE INN

8 - 11YRS
WITH A
SUPPORTING
ADULT

CHILL - CHAT - SUPPORT

11+ - 18YRS

SUPPORTING
ADULT WELCOME

GREENLEYS
CHILDREN CENTRE
SATURDAY
10AM - 12NOON

SAFE
CONFIDENTIAL
SPACE

EXERCISE &
WELLBEING
ACTIVITIES

POSITIVE
KIND
SUPPORTIVE

USE THE

10 KEYS TO HAPPIER
LIVING

AS TOOLS TO HELP
IMPROVE WELL-BEING

MINDFULNESS

CONFIDENCE &
RESILIENCE
BUILDING

ACTION FOR
HAPPINESS

A WELL-BEING SERVICE PROVIDED BY RELATEMK

FOR MORE DETAILS CONTACT 📞 01908 310010 ✉️ APPOINTMENT@RELATEMK.ORG

🌐 WWW.RELATEMK.ORG OR DROP IN AND MEET US

My child has anxious thoughts and feelings which are leading to school avoidance. What can parents and carers do?

This workshop for parents/carers will be led by the Educational Psychology Service. It aims to support parents and carers of school-age children and young people whose experience of anxious thoughts and feelings is leading to school avoidance. These difficulties are often referred to as Emotionally Based School Avoidance (EBSA).

During this session, we will cover the following:

- Helping your child with their fears and worries
- The impact on parents/carers and the importance of self-care
- Working with your child's school to create an action plan of support

The workshop will be available to join on the following dates:

- Thursday 30th November 13:00 – 14:30
- Wednesday 31st January 10:30 – 12:00
- Wednesday 5th June 10:30 – 12:00

You will only need to attend one date as the same workshop is repeated over the three dates. All workshops will be delivered via Microsoft Teams.

To book your place email us on SENDsupport@milton-keynes.gov.uk stating that you would like to attend the EBSA parent and carer workshop. An invite will be sent to your email address in the week leading up to the workshop.

<https://www.mksendlocaloffer.co.uk>

 **Milton Keynes**
City Council



Mobile Top Up Shop
EVERY FRIDAY!
10 - 11.30AM

MKCC Car Park, Strudwick Drive,
Oldbrook, MK6 2TG

Call our Helpline for details: **0300 303 4933**



Mobile Top Up Shop
Every Thursday!
10:00 - 11:30am

Sir Herbert Leon Academy
Car Park, Fern Grove, Bletchley,
MK2 3HQ

Call our Helpline for details: **0300 303 4933**



Mobile Top Up Shop
Every Thursday!!
13:00 - 14:30pm

Rowans Family Centre Car Park,
Fullers Slade, MK11 2BD

Call our Helpline for details: **0300 303 4933**



VI-KARE AFTER SCHOOL SEN CLUB

3-6PM

EVERY FRIDAY

**CHURCH END RD, SHENLEY
BROOK END, MILTON
KEYNES MK5 7AA
£15**

**OTHER CARERS AND THEIR
CLIENTS ARE ALSO
WELCOME FREE OF CHARGE**



Contact Vicki

Call 07555036759

What's app 07725626697

Email

vi.kare2023@gmail.com

Westcroft

COMMUNITY LARDER



Shenley Brook End & Tattenhoe
Parish Council

Fridays
10am - 1pm

Westcroft Pavilion
Cranborne Avenue
Milton Keynes
MK4 4GB

What is a community larder?

A membership programme
that provides:

- Access to surplus food
- Local business discounts
- Little larder club
- Access to other services and support
- Meet new people in a friendly environment

Who can join?

Anyone who wants to prevent
food waste and save money.
It is not means tested.

Where does the food come from?

A Didcot based charity, providing surplus
food, training and opportunities to young
people and organisations.

One Off
£10
Joining Fee



INDIVIDUAL
MEMBERSHIP
FROM
£3.50
P/WEEK

FAMILY
MEMBERSHIP
FROM
£7
P/WEEK

An **individual membership** provides up to 10 items of food per
week, plus a selection of fruit and vegetables. (family
membership is double that)

Want free food and a
bunch of other benefits?

Sign up today!
www.sofea.uk.com

Registered Charity Number 1155783



POWERED BY





Book Now!



£20 Per Day
OR
£50
For Three Days

**Special Guests
Across The
Week!**



Halloween Trick + Treat Girls Camp



9am - 1pm

AGES 8-16

**28TH, 29TH, 30TH
OCTOBER**

 Fairfields Sports Hub, MK11 4BA

For more information contact
jon.dewick@mkdonsset.com
01908622888





WESTCROFT

COMMUNITY FRIDGE

A simple solution to wasting less through the sharing of good-quality food.

Tuesdays 2pm – 4pm
Westcroft Pavilion
Cranbourne Avenue
Westcroft
MK4 4GB

For more details, call Karen on
07891 818 259 / 01908 521538 or email
karen.wheeler@shenleybrookend-pc.gov.uk