

# LMS Matters

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Dear Parents and Carers

The weather has been horrific this week, but it hasn't dampened our drive in school. This year we have three key aims: **PLAY, ASSESSMENT** and **BACK TO BASICS**. We have been working really hard on the back to basics part over these first few weeks by following our LMS Success, creating routines, focussing on having pride in all we do, even right down to our handwriting. I am so #PROUD of how well the children are responding, long may this continue.

**SAVE THE DATE:** Miss Furneaux and Ms Fraser who lead maths across our school will be running some **MATHS WORKSHOPS FOR PARENTS** after school on the following dates: **Year 1 & 2** - Tuesday 15th October, **Year 3 & 4** - Wednesday 16th October **Year 5 & 6** - Thursday 17th October. These will run after school, starting at 3.30pm and last 30-40 minutes. More details will follow but we wanted you to be aware of the dates.

Did you know that we have children in our school with some severe allergic reactions? One of these is to **NUTS**. This means that if children with these reactions come into contact with them it can make them very ill. To this end we try to be as **NUT FREE** as possible. Parents and carers can play their part by not sending nuts in as their children's snacks. This ensures that we keep our children safe. Thank you in advance for your support.

This week, Miss Kidd and Mrs Seaton went to visit **SUNSHINE CHILDREN'S CENTRE** based at Merebrook Primary School in Furzton, which provides a wide range of activities and services for parents/carers and families of children aged 0-18 years. There are so many things available to you all, from activities for your children, alongside the Employment Support Service, as well as a sensory room which is available for you to book. I have added their weekly calendar of events further on, so please take advantage of this amazing service. There is also a **ZONE INN**, chill, chat, support session, a drop in to support mental well being. This is held at **GREENLEYS CHILDREN'S CENTRE** on a Saturday – see the flyer further on.

The **PALMS AGM** is taking place at 6:30pm on Tuesday 15th October at the school. Everyone is very welcome. Come and support the wonderful team who provide so many memorable experiences for our children and raise lots of money for things we could never provide. Come and see what they do and how you can get involved.

A huge thank you for using the **OPAL DONATION STATION** but please don't stop! We are going to need lots of things, and replacements too when they wear out. Please see the list further on to see what we are after. We also managed to secure the scaffolding boards and have lots of pallets too – thank you once again.

**FROSTS GARDEN CENTRE** are holding a **CIRQUOISE HALLOWEEN CIRCUS** Spooktacular daily from 26 October-3rd November. Please see the flyer further on in the newsletter for details and prices.

**MILTON KEYNES ARTS CENTRE** have asked you to join them on Saturday 5th October from 1-3pm for another **FAMILY FIRST SATURDAY**. This time, it's all about Funny Faces! Create your own funny face portraits using drawing, tracing and colourful collaging and use it as a reference to make your own mask! Reserve your place or pay on the day. You can book [HERE](#).

Don't forget to look further on to see this week's parental information section about our **NEW BEHAVIOUR CURRICULUM** which the children and staff know as **LMS SUCCESS**.

Let's all cross our fingers for all of this wet weather to leave us alone as soon as possible. Have some quality family time together this weekend and I'll see you all on Monday.

Mr Gray



## EYFS/KSI

### Tadpoles

who achieved

**99.1%**

## KS2

### Foxgloves

who achieved

**98.7%**



Please remember the school **does not endorse any clubs or events** advertised in this newsletter. It is a parent's / carer's responsibility to ensure they check the suitability of anything they attend.



## FOR YOUR DIARY

### School Term and Bank Holiday Dates 2024 / 2025

Term	Open morning of:	Close at the end of afternoon session of:
Autumn Term 2024	Thursday 5 September 2024	Friday 25 October 2024
	Monday 4 November 2024	Friday 20 December 2024
Spring Term 2025	Tuesday 7 January 2025	Friday 14 February 2025
	Monday 24 February 2025	Thursday 3 April 2025
Summer Term 2025	Tuesday 22 April 2025	Friday 23 May 2025
	Monday 2 June 2025	Tuesday 22 July 2025

Training days agreed to date: (on these days children do not come to school but staff do)

Tuesday 3 September 2024 / Wednesday 4 September 2024 / Monday 6 January 2025 / Friday 4 April 2025 / Wednesday 23 July 2025

**Good Friday:** **Friday 18 April 2025**

**Easter Monday:** **Monday 21 April 2025**

**May Day:** **Monday 5 May 2025**

#### Autumn Term 2024

Thursday 3 October	EYFS Maths Workshop (3.15-4.15)
Friday 4 October	PALMS Non-Uniform Day
w/c Monday 7 October	Year 6 Mock SATs
Wednesday 9 October	EYFS Drawing Club Workshop (3.15-4.15)
Thursday 10 October	World Mental Health Day
Thursday 10 October	Year 3 Holdenby House
Thursday 10 October	PALMS Discos (KS1 5.30-6.30pm / KS2 6.45-7.45pm)
Thursday 17 October	Year 4 Learning Fair
Thursday 17 October	EYFS Phonics Workshop (5.30-6.30pm)
w/c Monday 21 October	Parent Consultations
Thursday 24 October	Individual School Photos
Monday 28 - Friday 1 November	Half Term
Thursday 7 November	Bags2School
Friday 8 November	Year 4 Fitzwilliam Museum
w/c Monday 11 November	Anti-Bullying Week
Monday 11 November	World Science Day
Thursday 14 November	Year 6 MK Discovery Centre
Friday 15 November	Children in Need
Friday 15 November	Year 1 MK Museum
Friday 29 November	PALMS Launch: Design a Decoration competition
Friday 6 December	PALMS Christmas Fair
Monday 9 December	Year 1/2 Carol Concert (9.15-9.45am)
Tuesday 10 December	Year 1/2 Carol Concert (2.15-2.45pm)
Thursday 12 December	Christmas Jumper Day
Thursday 12 December	EYFS Christmas Performance (1.30-2.30pm)
Friday 13 December	PALMS Festive Friday
Friday 13 December	Year 6 Learning Fair
Monday 16 December	PALMS Christmas Dash
Tuesday 17 December	EYFS/KS1 Awards Assembly (9.10-10.10am)
Tuesday 17 December	Year 3/4 Awards Assembly (2.15.3.15pm)
Wednesday 18 December	Year 5/6 Awards Assembly (9.10-10.10am)
Thursday 19 December	Party Day
Friday 20 December	Last day of term
Monday 6 January	INSET Day

#### Stay & Play Sessions - (9.00 - 10.30am)

Wednesday 9 October	Pirates
Wednesday 23 October	Autumn
Wednesday 6 November	Fireworks
Wednesday 20 November	Space
Wednesday 4 December	People Who Help Us
Wednesday 18 December	Christmas

## LMS Safeguarding

### Prohibition On So-Called 'Zombie Knives' - UK Government

From 24th September 2024, a new wave of prohibitions has been applied to individuals possessing and selling so-called Zombie knives. These blades take their name from a marketing ploy, being 'inspired' by shows and games such as the Walking Dead, The Last of Us, World War Z, etc.. Typically they'll be shaped in unusual manners to give them a more demonstrative 'cool' factor within certain subcultures. The UK Government's legislative definition for these products is as follows: 1) Possesses a plain cutting edge; 2) A sharp pointed end; 3) A blade of 8"+ as measured from handle top to blade tip. The blade in question must also have at least one of the following features: I) A serrated cutting edge more than 2" next to the handle. II) More than one hole machined into the blade. III) Spikes. IV) More than two sharp points on the blade. To find out more about the incoming prohibition, see the following links below: Guidance for Surrender of 'Zombie' Blades:

<https://www.gov.uk/government/publications/compensation-scheme-for-zombie-knives-and-machetes>

## LMS Well-being

How well do we look out for ourselves and each other? Here are some things to look for and hints/tips to look for and try with ourselves and others:

- Signs of stress and burnout - when something feels 'not the normal', when you see a change in behaviour, body language, physical well-being or hearing negative self-talk. Or it could be the small stake things start to slip; talk to someone!
- Create your own 'habit tracker' - the things you always do (walk, gym, sing in the car, anything); when you stop going to/doing these things, speak to someone.
- Do we actively support each other? Recognise something, do something about it.
- There is an unrealistic pressure to notice everything in your children all the time - the key is giving ourselves the best shot of doing this - take your parent mask off in your down time.

# Congratulations to our Top Doodlers...

Cole E for his 50 day English streak;  
Simeon O for his 50 day maths streak;  
Amelia L for her 500 day maths streak and  
Enrico P for his 750 day maths streak.

Well done!



doodle



## Long Meadow Legends

**Tadpoles** – Heidi for being simply brilliant!

**Minnows** – Nico for becoming resilient. #Proud

**Pondskaters** – Thomas S for being a motivated & independent learner.

**Sticklebacks** – Zahra for using the ‘wow’ word ‘agitate’ correctly.

**Newts** – Chido for brilliant effort in English this week.

**Frogs** – Isabelle for always going the extra mile in her learning.

**Bracken** – Iclal for being a kind and caring pupil.

**Hogweed** – Elsie for building her confidence every day, it is wonderful to see!

**Foxgloves** – Ebum for working really hard on her times tables & securing rock legend status on TTRS.

**Hawthorn** – Eli for actively engaging in all aspects of learning.

**Ferns** – Shenley for producing brilliant written work in English & History.

**Thistles** – Shaan for his positive attitude to every aspect of his learning.

**Brambles** – Emaan for her fantastic editing in English.

**Teasels** – Philip for being a mathematical genius!

### Sports Person of the Week

Thomas E for making a brilliantly mature start to being a Sports Leader in Year 6. He is a role model to others and used his knowledge to support the learning of younger children at Tag Rugby Club.



#PROUD





## LMS Success!

### Legendary Lining up and Adult hand Signals Legendary Lining up



- 
- 
- Know that we need to line up sensibly and smartly to keep ourselves and others safe and to be ready to learn
  - Know that we are in register order
  - know we are in single file and quiet
  - Know we Keep hands and feet to ourselves
  - Know that we won't dawdle and so gaps will not appear in the line
  - know that an adult will be at the front of our line
  - Know that an adult will ask us to go to a certain point and stop
  - know that we will form our line again before we enter the classroom

### Adult hand signals

#### • **1,2,3 transition**

- Know that when the teacher signals **(1)** I should tuck my chair in if seated and stand up if sat down. Know that when the teacher signals **(2)** I should move to my table/carpet or line up. Know that when my teacher signals **(3)** I sit down.

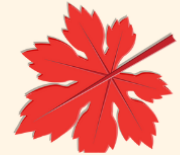
#### **Turn to your partner**

- 
- 
- Know that when my teacher signals their hand towards each other, I turn to my partner and discuss what I been asked to



## **LMS Success!**

### End of the day and using the toilets



#### **End of the day**

- Know that you must stay in the classroom behind the adult who is dismissing you
- Know that you must not go home until the teacher has checked that the correct adult is picking you up
- Know that these procedures are put in place to keep all children safe at lunchtime

#### **Using the toilets**

- Know that you should try use the toilet at break and lunchtime
- Know that you shut the door behind you when you go in the cubicle
- Know that you go in the cubicle by yourself
- Know that you do not look into a cubicle
- Know that you flush the toilet after you have used it
- Know that you wash your hands
- Know that if there is something wrong with the toilets you tell a grown up straight away





Apply online from  
1 September 2024 to 15 January 2025

You must apply by  
**15 January 2025**  
or you will  
have limited choice

# Starting school for the first time in September 2025?

For children born between  
1 September 2020 and  
31 August 2021

To access support with making an application, face to face drop-in sessions are available at Milton Keynes City Council Civic Building on the following dates between 11.30am - 3.30pm

- 18 September
- 25 September
- 2 October
- 9 October
- 16 October
- 23 October
- 30 October
- 20 November
- 8 January 2025
- 15 January

1.00pm - 4.00pm on the dates below

- 27 November
- 4 December
- 11 December

Find out more at:

Starting primary or junior/middle school in September 2025  
Milton Keynes City Council ([milton-keynes.gov.uk](http://milton-keynes.gov.uk))

Apply here



**MK** Milton Keynes  
City Council

01471 430000 August 2024

## Maximise your chance of getting a preferred reception class place

### Apply on time

- The closing date is **15 January 2025**
- Any applications received after this will be processed after national offer day
- A late application means you are less likely to get any of your preferences
- Notifications of the places offered will be made on **16 April 2025** (unless your application is late)

### Use all four preferences

- You can apply for up to four schools. The schools will not know in which order you have placed the preferences
- Each preference is considered in its own right, so please ensure that you give yourself four separate chances
- If more than one school is able to offer your child a place then the order of preference is important, so ensure you list the schools in the order that you want them considered
- It's best to include your catchment school as one of your preferences, it does not need to be your first preference
- A Guide for Parents and Carers is available on our website for further guidance

### Apply online

- You can only apply online at Citizen Portal - Sign in ([milton-keynes.gov.uk](http://milton-keynes.gov.uk)) between **1 September 2024 and 15 January 2025**
- You will be able to view, update and submit your application through the portal
- Communication with you will be quicker and your application will be secure
- You will be able to log on from **16 April 2025** to view the school that has been allocated

### Choose wisely

- Ensure you are aware of the oversubscription criteria for your preference schools. This is how all the applications will be ranked
- Don't assume you will be allocated a place at your catchment school if you don't state it as one of your preferences
- Give consideration to your secondary school liaison group, is your preferred school linked to the secondary school within your area?
- Don't assume your child will get priority just because they attend a nursery class attached to your preferred school
- Consider how you will access your school place

Admissions information for all schools is available on our website.

Starting primary or junior/middle school in September 2025 | Milton Keynes City Council ([milton-keynes.gov.uk](http://milton-keynes.gov.uk))



Apply online from  
1 September 2024 to 31 October 2024

You must apply by  
**31 October 2024**  
or you will  
have limited choice

# Moving up to secondary school in September 2025

As your child is now in Year 6 it is time for you to apply for a secondary school place for September 2025.

You can apply online and find out more information on the council's website at

**Starting secondary/upper school in September 2025 | Milton Keynes City Council (milton-keynes.gov.uk)**

Please read carefully the Guide for Parents and Carers on our website. To help you understand the likelihood of securing a place at one of your preferred schools, you should make particular note of the 'key facts' section for each school which tells you the cut off point for places offered last year.

Make sure you read the over-subscription criteria for each school that you want to apply for as many schools are over-subscribed each year.

Details of open events for all secondary schools in Milton Keynes are also included in the guide.

Parents and carers can express a preference for four schools.

If you pay your council tax to Milton Keynes Council, apply on our website. If you pay your council tax to another local authority you must apply through that local authority even if you want to apply for a Milton Keynes school.

To access support with making an application, face to face drop-in sessions are available at Milton Keynes City Council Civic Building on the following dates between 11.30am - 3.30pm

- 18 September
- 25 September
- 2 October
- 9 October
- 16 October
- 23 October
- 30 October
- 20 November
- 8 January 2025
- 15 January

1.00pm - 4.00pm on the dates below

- 27 November
- 4 December
- 11 December

Find out more at:

**Starting secondary/upper school in September 2025**  
Milton Keynes City Council (milton-keynes.gov.uk)

Apply here



**Milton Keynes**  
City Council

M19522 August 2024

## Maximise your chance of getting your preferred secondary school place

### Apply on time

- The closing date is **31 October 2024**
- Any applications received after this will be processed after national offer day
- A late application means you are less likely to get any of your preferences
- Notifications of the places allocated will be made on **3 March 2025** (unless your application is late)

### Apply online

- You can only apply online at **Citizen Portal - Sign in (milton-keynes.gov.uk)** up until midnight on **31 October 2024**
- You will be able to view, update, and submit your application throughout the application window
- Communication with you will be quicker and your application will be secure
- You will be able to log on from **3 March 2025** to view the school that has been allocated

### Use all four preferences

- You can apply for up to four schools. The schools will not know in which order you have placed the preferences
- Each preference is considered in its own right, so please ensure that you give yourself four separate chances
- If more than one school is able to offer your child a place then the order of preference is important, so ensure you list the schools in the order that you want them considered
- It's best to include your catchment school as one of your preferences, it does not need to be your first preference

### Choose wisely

- Make sure you are aware of the oversubscription criteria for your preference schools. This is how all the applications will be ranked
- Don't assume you will be allocated a place at your catchment school if you don't state it as one of your preferences
- Don't assume your child will get priority just because they attend a primary school within the area of the secondary school
- Consider how you will access your school place

Admissions information for all schools is available on our website.

Starting secondary/upper school in September 2025 | Milton Keynes City Council (milton-keynes.gov.uk)

Fabricated loose parts e.g.

Astro turf off-cuts

Boards, old cabinet doors, panels

Bread, milk, bottle and grocery crates

Briefcases

Buggies, pushchairs

Cable drums

Carpet samples/squares

Fabrics – all shapes and sizes

Foam pipe covers and noodles

Guttering

Hoses

Keyboards

Metal pots, pans, trays etc, especially catering sizes

Nets: fishing, cargo, football

Office removal crates Tea Crates

Old clothes, jackets, overalls, hats, bags

Old household appliances, hoovers, fax machines, microwaves etc

One-ton dumpy bags

Pallets

Phones

Piping, gas, water and drainage

Planks – decking

Plastic road barriers

Small wheely bins

Steering wheels

Suitcases

Tarps

Traffic Cones

Tubes of all kinds

Wooden block and off-cuts Carpenters, builders





And Natural loose parts such as:

Branches and sticks

Fruit trees

Grass Plants

Leaves

Logs

Mud

Pea gravel

Peat

Pinecones

Play bark/woodchip

Sand (washed dredged not 'sharp')

Sea pebbles

Shells

Varied aggregates, slate, flint, clay

Wood off-cuts

If you have or can help with any of these, please put them in the **OPAL DONATION STATION** in the main foyer, or speak to the school office.



Sunshine Family Centre, Merebrook Infant School, Furzton, MK4 1EZ. Tel: 01908 508566				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>10:00am-10:45am Starting 7<sup>th</sup> October</p> <p>Sunshine Story, Songs &amp; Rhymes at Westcroft Library</p> <p>followed by 10:45-11:30am Westcroft Library Support Drop - in</p>	<p>10:00am-11:30am Stay and Play</p> <p>A play session for under 5's with indoor and outdoor play. Includes a healthy snack and songs and rhymes.</p>	<p>10:00am-12:00pm Perinatal Support Music Group Run by Arts for Health Coming soon. Contact the centre for more information. 9:00am-12:00pm Employment Support Service 10:00am-11:00am Messy Play</p>	<p>9:30-10:45 Baby Group</p> <p>A relaxed session including songs and rhymes. From newborn to non-walkers. Breast feeding support available.</p>	<p>9:30am-11:00am Walk and Talk</p> <p>Join us for a walk to the local parks.</p> <p>10:00am-12:00pm Music Bugs Contact <a href="mailto:michele@musicbugs.co.uk">michele@musicbugs.co.uk</a></p>
<p>Sensory Room available Call the centre to book.</p>	<p>9:00am-12:00pm Employment Support Service</p>	<p>Other local activities 10:30am-12:00pm Parents &amp; Tots Shenley Brook End Parish Council at Westcroft Pavilion, MK4 4GB</p>	<p>11:15am-12:00pm SocialTots</p> <p>Fun free football for 1-4 year-olds</p>	<p>Other local activities Storytime at Westcroft Library 10:00am-10:30am 10:00am-1:00pm Westcroft Community Lodge Contact SOFEA at: <a href="http://www.sofea.uk.com">www.sofea.uk.com</a></p>
<p>12:30pm-2:30pm ESOL (English for speakers of Other Languages) CLMK 23<sup>rd</sup> September - 2<sup>nd</sup> December Contact the centre to book.</p>	<p>LIPS- Let's Interact and Play Advice and strategies to support your child's speech and language. 1:30-2:30 4-week course. Starting 2<sup>nd</sup> October. Contact the centre to book</p>	<p>1:30pm-2:45pm Healthy Movers Music and movement with songs and rhymes. Followed by a healthy snack</p>	<p>10:00am-1:00pm Citizen's Advice For brightly appointments. Book at: Shenley Brook End Parish Council Citizens Advice Milton Keynes (<a href="http://miltonkeynes.citizensadvice.org.uk">miltonkeynes.citizensadvice.org.uk</a>) 1:15-1:30pm Employment Support Service</p>	<p>1:30pm-3:00pm Feel Good Friday Café Well-Being Cuppa with adult colouring and simple crafts. Come with or without your children.</p>
<p>Other local activities 5:00pm-6:00pm Free Fun Football Shenley Brook End Parish Council Tattenhoe Sports Pavilion 8-16 years</p>	<p>2:00pm-4:00pm Community Fridge At Westcroft Pavilion, MK4 4GB Help reduce food waste.</p>	<p>Other local activities YMCA Youth Club Shenley Brook End Community Centre Term time 3:30-5:30 11-13 years, 6:30-8:30pm 14-18 years</p>	<p>Other local activities 3:30pm-4:30pm Lego Club at Westcroft Library 4:45pm-6:45pm Youth Club at Westcroft Pavilion, MK4 4GB. 4:45pm-6:45pm</p>	<p>Sensory Room available Call the centre to book.</p>

We welcome families who live in Furzton, Emerson Valley, Shenley Estates, Tattenhoe, Tattenhoe Park, Loughton and Loughton Lodge, Crownhill, Kingsmead, Whitehouse, Grange Farm, Oxley Park, Westcroft, Oakhill and Medbourne.

FROSTS  
Presents

# CIRQUOISE

## HALLOWEEN

CIRCUS SPOOKTACULAR

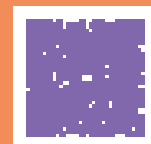
DAILY SCARES  
26<sup>TH</sup> OCT  
-3<sup>RD</sup> NOV

1 HOUR  
OF FAMILY FUN!

£7.99  
PER PERSON  
(UNDER 18 MONTHS FREE)



PURCHASE TICKETS AT  
[FROSTSGARDENCENTRES.CO.UK](http://FROSTSGARDENCENTRES.CO.UK)



# MK Food Bank

14 Burners Lane, Kiln Farm,  
Milton Keynes,  
MK11 3HB  
office@mkfoodbank.org.uk  
01908 322 800



## Most Needed Items!



- Tinned Meat
- Tinned Fish
- Tinned Pulses
- Tinned Fruit
- Tinned Tomatoes
- Long Life UHT Milk
- Juice or Squash
- Spreads – Jams, Peanut Butter
- Tea / Coffee / Hot Chocolate
- Tinned Pasta
- Tinned Veg
- Pasta Sauce
- Dried Rice – 500g or 1kg packets
- Rice Pudding / Custard
- Cereal / Mini Cereal
- Biscuits
- Instant Mash



*Helping those in crisis in Milton Keynes*



# ZONE INN

8 - 11YRS  
WITH A  
SUPPORTING  
ADULT

CHILL - CHAT - SUPPORT

11+ - 18YRS  
SUPPORTING  
ADULT WELCOME

GREENLEYS  
CHILDREN CENTRE  
SATURDAY  
10AM - 12NOON

EXERCISE &  
WELLBEING  
ACTIVITIES

SAFE  
CONFIDENTIAL  
SPACE

POSITIVE  
KIND  
SUPPORTIVE

USE THE  
10 KEYS TO HAPPIER  
LIVING  
AS TOOLS TO HELP  
IMPROVE WELL-BEING

MINDFULNESS

CONFIDENCE &  
RESILIENCE  
BUILDING



A WELL-BEING SERVICE PROVIDED BY RELATEMK

FOR MORE DETAILS CONTACT 📞 01908 310010 ✉️ [APPOINTMENT@RELATEMK.ORG](mailto:APPOINTMENT@RELATEMK.ORG)

🌐 [WWW.RELATEMK.ORG](http://WWW.RELATEMK.ORG) OR DROP IN AND MEET US

# My child has anxious thoughts and feelings which are leading to school avoidance. What can parents and carers do?

This workshop for parents/carers will be led by the Educational Psychology Service. It aims to support parents and carers of school-age children and young people whose experience of anxious thoughts and feelings is leading to school avoidance. These difficulties are often referred to as Emotionally Based School Avoidance (EBSA).

## During this session, we will cover the following:

- Helping your child with their fears and worries
- The impact on parents/carers and the importance of self-care
- Working with your child's school to create an action plan of support

## The workshop will be available to join on the following dates:

- Thursday 30th November 13:00 – 14:30
- Wednesday 31st January 10:30 – 12:00
- Wednesday 5th June 10:30 – 12:00

*You will only need to attend one date as the same workshop is repeated over the three dates. All workshops will be delivered via Microsoft Teams.*

To book your place email us on [SENDsupport@milton-keynes.gov.uk](mailto:SENDsupport@milton-keynes.gov.uk) stating that you would like to attend the EBSA parent and carer workshop. An invite will be sent to your email address in the week leading up to the workshop.

<https://www.mksendlocaloffer.co.uk>

 **Milton Keynes**  
City Council



**Mobile Top Up Shop**  
**EVERY FRIDAY!**  
**10 - 11.30AM**

MKCC Car Park, Strudwick Drive,  
Oldbrook, MK6 2TG

Call our Helpline for details: **0300 303 4933**



**Mobile Top Up Shop**  
**Every Thursday!**  
**10:00 - 11:30am**

Sir Herbert Leon Academy  
Car Park, Fern Grove, Bletchley,  
MK2 3HQ

Call our Helpline for details: **0300 303 4933**



**Mobile Top Up Shop**  
**Every Thursday!!**  
**13:00 - 14:30pm**

Rowans Family Centre Car Park,  
Fullers Slade, MK11 2BD

Call our Helpline for details: **0300 303 4933**





# mk **money**lifeline

Free, confidential, impartial debt advice...

- **Struggling to pay bills?**
- **Under pressure from creditors?**
- **Paying the minimum balance on your credit cards?**

**WE CAN HELP!**



0300 123 5198



office@mkmoneylifeline.org.uk



www.mkmoneylifeline.org.uk

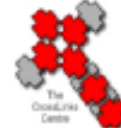
Working in association with:

**cma**  
Freedom from debt  
Hope for the future  
Community Money Advice



**SHENLEY**  
CHRISTIAN FELLOWSHIP  
A BAPTIST CHURCH IN MILTON KEYNES

St Mary's  
Bletchley



Tel: 0300 123 5198 / 01908 550630 • office@mkmoneylifeline.org.uk • www.mkmoneylifeline.org.uk  
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# Westcroft

## COMMUNITY LARDER



Shenley Brook End & Tattenhoe  
Parish Council

Fridays  
10am - 1pm

Westcroft Pavilion  
Cranborne Avenue  
Milton Keynes  
MK4 4GB

### What is a community larder?

A membership programme that provides:

- Access to surplus food
- Local business discounts
- Little larder club
- Access to other services and support
- Meet new people in a friendly environment

### Who can join?

Anyone who wants to prevent food waste and save money. It is not means tested.

### Where does the food come from?

A Didcot based charity, providing surplus food, training and opportunities to young people and organisations.

One Off  
£10  
Joining Fee



INDIVIDUAL  
MEMBERSHIP  
FROM  
£3.50  
P/WEEK

FAMILY  
MEMBERSHIP  
FROM  
£7  
P/WEEK

An **individual membership** provides up to 10 items of food per week, plus a selection of fruit and vegetables. (family membership is double that)

Want free food and a bunch of other benefits?

Sign up today!  
[www.sofea.uk.com](http://www.sofea.uk.com)

Registered Charity Number 1155783



POWERED BY





WESTCROFT

# COMMUNITY FRIDGE

A simple solution to wasting less through the sharing of good-quality food.

**Tuesdays 2pm – 4pm**  
**Westcroft Pavilion**  
**Cranbourne Avenue**  
**Westcroft**  
**MK4 4GB**

For more details, call Karen on  
**07891 818 259 / 01908 521538** or email  
**[karen.wheeler@shenleybrookend-pc.gov.uk](mailto:karen.wheeler@shenleybrookend-pc.gov.uk)**