

LMS Matters



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Dear Parents and Carers

As I write this, preparations for tomorrow's school fete are in full swing. We are so lucky to have PALMS to support our school, providing much needed funds for those things we could not purchase without them. There are two very simple ways to support this event tomorrow:

1. come to the event and spend some money! Every penny raised goes straight back to your children.
2. Come a bit earlier and help set up – we always need things carried and sorted - or stay to the end and carry some tables and chairs or tie up some rubbish bags. All of these jobs are small but eat into time for the people already helping. I hope to see you all tomorrow.

This afternoon all parents and carers will find out which class and which teacher their child/ren will be having next year. This is a culmination of lots of hard work to ensure we are operating strategically in the best way and the best ways for all of our children. As you will see in the letter, all children will have the chance to meet their new teacher (and for some, new classmates) on **TRANSITION DAY on MONDAY**. The children will spend the day with their new teacher in their new classrooms. This is a great way to get to know each other and is also great fun. Children will be entering and leaving the school through their **NEW CLASSROOMS** so please look carefully at the signage for their new year groups.

Looking for a freebie? Did you know that children aged between 5 and 9 can get a free quarterly **LEGO LIFE MAGAZINE** subscription. More details [HERE](#). Also, the charity **MERLIN'S MAGIC WAND** offers tickets to Merlin Group attractions for young people with disabilities, serious or long-term illnesses; those in care or foster homes or adopted; those impacted by domestic violence, abuse, bullying or serious crime; those with a terminally ill or recently deceased parent/carer or sibling; and young carers. If you think this could benefit you, details can be found [HERE](#).

FAMILY FIRST is a free publication that covers everything you and your family need in order to build a happier and healthier lifestyle. Family First is a quarterly magazine specifically designed to improve the health of over 6,000,000 families across England, Scotland & Wales. Working alongside major sporting governing bodies, Public Health England, leading food & drink brands, sportswear giants, and local authorities, Family First is helping to combat childhood obesity. Their aim is simple: to get children & young adults active, playing more sport, exercising regularly, and eating healthily. Family First is published in June & December of each year, providing valuable information for families wanting to be active, whatever the weather. Find your free copy [HERE](#).

Don't forget that between 1st July-31st August, Doodle are running two exciting, aquatic-themed Summer Challenges — the DoodleMaths Challenge and DoodleEnglish Challenge! **THE DOODLE SUMMER CHALLENGES** are both designed to encourage a few minutes of daily Doodling, keeping your child engaged over the summer and boosting their skills. Plus, they can earn exclusive rewards by taking part! Please see the attached information sheet for exact details.

FAMILY FUN WORKSHOPS at Milton Keynes Arts Centre are back for July! Enjoy an afternoon of creative fun with them, creating David Hockney Landscapes. Join them for a workshop creating your own summer landscape inspired by David Hockney and his use of vibrant colours, patterns and textures, using oil pastels, paint and bright papers to create layers of detail. Date: Saturday 6th July. Time: 1pm-3pm Location: Milton Keynes Arts Centre. Drop-in, no booking needed. £4 per person, payable on the door. (All children need to be accompanied and supported by parents.)

For next season, **MK IRISH FC** are starting a new U10s girls' team and they are looking for girls currently in Year 4 who would love to play. They train on a Monday evening and play games on Saturdays. Girls of all abilities are welcome to go along to a training session for free to see what it's all about. Please see the flyer further on in the newsletter.

Mr Gray



EYFS/KSI

Pondskaters

who achieved

97.9%

KS2

Hawthorn

who achieved

98.7%



Please remember the school **does not endorse any clubs or events** advertised in this newsletter. It is a parent's / carer's responsibility to ensure they check the suitability of anything they attend.

DATES

FOR YOUR DIARY

School Term and Bank Holiday Dates 2023 / 2024

Term	Open morning of:	Close at the end of afternoon session of:
Autumn Term 2023	Monday 4 September 2023	Friday 20 October 2023
	Monday 30 October 2023	Thursday 21 December 2023
Spring Term 2024	Tuesday 9 January 2024	Friday 16 February 2024
	Monday 26 February 2024	Thursday 28 March 2024
Summer Term 2024	Tuesday 16 April 2024	Friday 24 May 2024
	Monday 3 June 2024	Friday 19 July 2024

Training days agreed to date: (on these days children do not come to school but staff do)

Friday 1 September 2023 / Friday 22 December 2023 / Monday 8 January 2024 / Monday 15 April 2024 / Monday 22 July 2024

Good Friday: Friday 29 March 2024

Easter Monday: Monday 1 April 2024

May Day: Monday 6 May 2024

Summer Term 2024

Friday 21 June	Year 2 Night Under the Stars
Tuesday 25 June	Hazard Alley to see Year 6
Wednesday 26 June	Stay & Play session (Sports Day)
Wednesday 26 June	New EYs Parents meeting (6.00pm)
Saturday 29 June	School Fete
Monday 1 July	Meet New Teacher Day
Thursday 4 July	Year 3 Learning Fair (2.15pm)
Friday 5 July	Food Fayre
Tuesday 9 July	KS1 & EYFS Sports Day
Wednesday 10 July	KS2 Sports Day
Thursday 11 July	EYFS Learning Fair (2.00-2.45pm)
Thursday 11 July	Year 6 Performance (6.00pm)
Tuesday 16 July	Awards Assembly - EYFS & KS1 (9.10am)
Wednesday 17 July	Stay & Play session (Summer)
Wednesday 17 July	Awards Assembly - Y5/6 (2.15pm)
Thursday 18 July	Awards Assembly - Y3/4 (9.10am)
Thursday 18 July	Year 6 Leavers Disco
Friday 19 July	Year 6 Leavers Assembly
Friday 19 July	Last day of term
Monday 22 July	Inset Day

LMS Safeguarding

The Small Fish Podcast - Salvation Army

It's nearly that time of year again. Soon classrooms will be locked, bags will be packed for warmer climates and children will cheer their way out of the school gates. For six to eight weeks, pupils and educational professionals will enjoy a much deserved break from the scholastic odyssey. For one category of children though, the end of another academic year will provide cause for concern - those in Year Six. After years of attending the same school and forging close relationships with staff and peers, it all suddenly stops and the transition to secondary school awaits. For many this will be a concerning time, and their worries will build up throughout the summer holidays. The Salvation Army has once again released its Small Fish Podcast, where they seek to allay the fears of children going into this next developmental stage. The podcast had 2,000 downloads last year, and the feedback from educational professionals has been positive. If interested in recommending this to your class, or simply to get to know the state of mind of new secondary pupils, please click on the links below:

Spotify Version

<https://open.spotify.com/episode/2jKz4AyAwkC01FHhHf7G5O?si=660ff7e40bc04981&nd=1&dlsi=001e6638d09a4a3c>

Illustrated YouTube Version

<https://www.youtube.com/watch?v=AritDYDhdRw&list=PLIVf2jMavW4uYR0SMNQUyeZgDqasEXfdD>

LMS Well-being

It's easy to get stuck in habitual work patterns that may no longer serve our deeper needs and desires.

Sometimes, it's essential to take a step back and consider questions such as:

- What are my values and strengths?
- What do I enjoy doing?
- Is my work in balance with my other priorities?
- Am I in control of my career, or does it control me?

Reflecting on these questions can help us make conscious choices that lead to a more fulfilling life, both professionally and personally.

You might need to reflect on these questions (and others like them), or you might not.

Are you concerned about a pupil?



Safeguarding is everyone's responsibility.

You do not need to wait until you have proof there is a safeguarding concern to step in. If you have a concern, please raise it as this could be the first step to protecting a child.

Staying silent because you do not have proof may leave a child exposed to danger.

Remember it is not up to you to decide whether a child has been abused **BUT** it is up to you to report concerns so that appropriate action can be taken.

You must share your concerns without delay.

Concerns are to be reported to the Designated Safeguarding Leads:



Designated Safeguarding Lead

Philip Gray - Head Teacher



Designated Safeguarding Lead

Emma Kidd - Deputy Head Teacher



Designated Safeguarding Lead

Kerrie Evans - Assistant Head Teacher

Working Together to Safeguard Children



SUMMER FAIR

SATURDAY, 29TH JUNE
2:00 to 4:30pm

Parents/Friends at Long Meadow School (PTA)
would love to invite the whole community to
join in on a day of fun.

Get ready for a summer of fun at our
upcoming fair! We've got a full line-up
of family-friendly activities and
entertainment that will make this the
highlight of your summer.



Long Meadow School Garthwaite Crescent, Shenley Brook End MK5 7XX



Long Meadow Legends

Tadpoles - Nina for growing in self belief & gaining confidence in writing and Joaquim for doing brilliantly in phonics.

Minnows - Kyan for being a number composition superstar! Noah for his perseverance & determination in his sentence writing.

Sticklebacks - Eva for always trying her best in everything she does and Krystine for being a marvellous mathematician!

Pondskaters - Emily for outstanding independent writing and Robyn for outstanding maths learning.

Frogs - Mikayla for always being ready to learn & trying hard to improve her knowledge in all subjects and Aahil for amazing perseverance making his pirate hat.

Newts - Ubayd for showing great perseverance on our DT Day and Rosie for a good use of adjectives in English.

Hogweed & Bracken - for giving everything a go at Caldecotte!

Hogweed - Freddie for helping out at Caldecotte & being a superstar! Wayne for challenging himself to write full sentences in English.

Bracken - Abbey for listening carefully & supporting others and Evie for being a bundle of positivity everyday.

Hawthorn - Kalissa for her fantastic attitude to learning this week and Daisy for making fantastic progress in her reading.

Foxgloves - Jacob for being an excellent entertainer and helper at Night Under the Stars and also for all his hard, focus & concentration during English lessons. Anson for being a maths superstar & always pushing himself to do more.

Ferns - Tilly for phenomenal attention to detail in her artwork and Emily for demonstrating amazing inner strength & determination.

Thistles - Harry for showing strength & determination during the obstacle challenge on residential and Hudson for always persevering & trying his best.

Brambles - Kanishk for his amazing knowledge/memory in remembering dates from history & his number work/skills and Ruby for throwing herself into her character for the Y6 performance.

Teasels - Isaac for excellent descriptive writing and Jessica for great contributions in art.

Sports Person of the Week

Ethan B for absolutely smashing the triple jump in PE this week and Isobel G for being a wonderful member of the class, showing support to her team learning to balance beanbags on their heads in the obstacle race.

The Y3/4 girls football team who finished their last round in the football league—they have represented LMS with a smile every week & have been complimented lots of times by other schools on their kindness, enthusiasm and respect and have been a credit to the school!



Congratulations to our Top Doodlers...

Winky P for her 50 day maths & English streaks; Cole E & Joshua H for their 100 day maths streaks; Noah C for his 250 day maths & English streak; Max B for his 365 day English streak and Max B & Naomi R for their 365 day maths streaks.

Well done!



doodle



FREE CRICKET IN MK

For 5-11 Year Old Girls & Boys



ALL STARS: 5-8 year olds

6 WEEK EVENING COURSE (BURSARY CODE = MCULN)
Monday 17th June - Monday 22nd July. 5:30-6:30pm each week.
At Campbell Park, MK9 4AD

4 DAY SUMMER HOLIDAY COURSE (BURSARY CODE = VZGFO)
Monday 29th July - Thursday 1st August. 9:30-11:00am daily.
At Campbell Park, MK9 4AD

4 DAY SUMMER HOLIDAY COURSE (BURSARY CODE = EYKNT)
Tuesday 27th - Friday 30th August 9:30-11:00am daily.
At Open University, MK7 6AA

All Stars Cricket is suitable for all skill levels, providing your child with the foundations to begin a lifelong love of physical activity, while making friends in a safe & enjoyable environment.

BOOKING LINKS



Dynamos Cricket will help grow your child's love of the game, & will give them the opportunity to socialise & make friends in a safe environment.

6 WEEK EVENING COURSE (BURSARY CODE = BHBPD)
Monday 17th June - Monday 22nd July. 6:30-7:30pm each week.
At Campbell Park, MK9 4AD

4 DAY SUMMER HOLIDAY COURSE (BURSARY CODE = WSHZR)
Monday 29th July - Thursday 1st August. 11:00am-12:30pm daily.
At Campbell Park, MK9 4AD

4 DAY SUMMER HOLIDAY COURSE (BURSARY CODE = YLIIA)
Tuesday 27th - Friday 30th August. 11:00am-12:30pm daily.
At Open University, MK7 6AA

DYNAMOS: 8-11 year olds

Please ignore the prices shown and use the bursary codes listed above to book for FREE. Please note the codes can only be used once per parent for a maximum of 3 places. If you have any questions please contact: muhsin.raquib@bucksicricket.co.uk



PRIDE. PASSION. RESPECT



GIVE RUGBY A TRY



Learn new skills for
ages 5 - 16 in relevant
age groups



Men & women's
touch games



And fun activities!

30TH JUNE

10 - 12 P.M.

**BBQ &
REFRESHMENTS**

**RFU WILL BE
IN ATTENDANCE**



England
Rugby



BUCKS COUNTY SHOW

Children's Competitions

For Under 5's to 16 with free entry to all competitions

Unlock your creativity at the Bucks County Show! Kids of all ages can participate in exciting categories like painting seaside scenes, building Lego vehicles, crafting animal shapes from fruits and veg, photography and baking delicious rock cakes.

Show off your unique talents and make this year's event unforgettable.

Full details overleaf!

Prize money is awarded for 1st, 2nd and 3rd places.

buckscountyshow.co.uk

**FREE CHILD
TICKETS**
(SEE OVER)





Children's Competitions

Please state age on day of show on entry form. Entries are free of charge!

CH1 A fingerprint picture (under 5yrs)

CH2 Vehicle made of Lego/Duplo or similar materials (5-7yrs)

CH3 Sugar and spice rock cakes – see set recipe (5-7yrs)

CH4 Animal made from fruit and/or vegetables (5-7yrs)

CH5 An A4 painting or drawing entitled 'The Seaside' (5-7yrs)

CH6 Painted stone – 1 item (5-7yrs)

CH7 Chocolate & vanilla pinwheel biscuits – see set recipe (8-12yrs)

CH8 Logo creation – theme of 'Outer Space' (8-12yrs)

CH9 A painting or drawing entitled 'The Olympics' (8-12yrs)

CH10 A floral arrangement in a mug (8-12yrs)

CH11 Flowerpot person – max height 70cm, self-supporting (8-12yrs)

CH12 Sugared pretzels – see set recipe (13-16yrs)

CH13 Decorated photo frame – any medium (13-16yrs)

CH14 Design and make a board game – using any materials (13-16yrs)

Children's Photography (Entry fee £1)

Each exhibit must be unframed and mounted on stiff black card.

Maximum size 50cm x 40cm. Prints may be colour or black and white.

H41 Toys (5-9yrs)

H42 Friends (10-13yrs)

H43 Water (14-16yrs)

H44 Clouds (any age) H45 On my travels (any age) H46 Bucks County Show (any age)

Please visit www.buckscountyshow.co.uk or scan the QR code for more details and set recipes, which will be found in the Home & Garden Schedule.



FREE CHILD TICKETS

You can book entry tickets online and take advantage of our FREE child ticket offer.

The offer is to get up to 3 FREE child tickets (up to 16yrs) with a full paying Adult or over 65 ticket when purchased online. To take advantage book online using code 'SCHOOL24' at checkout.

This offer ends at midnight on 28th August 2024.

<https://buckscountyshow.ticketsrv.co.uk/tickets/schoolbookings>

MK Irish recruiting for new U10s Girls Team

MK Irish are looking for **NEW PLAYERS** to help build-up our squad to start a new Under 10s Girls Team (Year 4 or 5 in next school year) for the 2024/25 season.

We're really excited to build on the existing Girls Team we have at U11, as we look to further support growth of the female game at grass roots level in MK.

We train at Manor Fields, Bletchley, on Mondays at 7pm.

If interested, we'd love to hear from you. Please contact Michael on 07908 158780 or DM directly.





**Around 50% of
children will have
a sleep issue at
some point***

WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP ME?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in mental health wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why you might not be sleeping well and how that can change

03303 530 541

Monday, Tuesday & Thursday 7pm - 9pm
Monday & Wednesday 9am - 11am



IN PARTNERSHIP WITH

**Furniture
Village**

My child has anxious thoughts and feelings which are leading to school avoidance. What can parents and carers do?

This workshop for parents/carers will be led by the Educational Psychology Service. It aims to support parents and carers of school-age children and young people whose experience of anxious thoughts and feelings is leading to school avoidance. These difficulties are often referred to as Emotionally Based School Avoidance (EBSA).

During this session, we will cover the following:

- Helping your child with their fears and worries
- The impact on parents/carers and the importance of self-care
- Working with your child's school to create an action plan of support

The workshop will be available to join on the following dates:

- Thursday 30th November 13:00 – 14:30
- Wednesday 31st January 10:30 – 12:00
- Wednesday 5th June 10:30 – 12:00

You will only need to attend one date as the same workshop is repeated over the three dates. All workshops will be delivered via Microsoft Teams.

To book your place email us on SENDsupport@milton-keynes.gov.uk stating that you would like to attend the EBSA parent and carer workshop. An invite will be sent to your email address in the week leading up to the workshop.

<https://www.mksendlocaloffer.co.uk>



Mobile Top Up Shop
EVERY FRIDAY!
10 - 11.30AM

MKCC Car Park, Strudwick Drive,
Oldbrook, MK6 2TG

Call our Helpline for details: **0300 303 4933**



Mobile Top Up Shop
Every Thursday!
10:00 - 11:30am

Sir Herbert Leon Academy
Car Park, Fern Grove, Bletchley,
MK2 3HQ

Call our Helpline for details: **0300 303 4933**



Mobile Top Up Shop
Every Thursday!!
13:00 - 14:30pm

Rowans Family Centre Car Park,
Fullers Slade, MK11 2BD

Call our Helpline for details: **0300 303 4933**



mk moneylifeline

Free, confidential, impartial debt advice...

- Struggling to pay bills?
- Under pressure from creditors?
- Paying the minimum balance on your credit cards?

WE CAN HELP!



0300 123 5198



office@mkmoneylifeline.org.uk



www.mkmoneylifeline.org.uk

Working in association with:

cma
Freedom from debt
Hope for the future
Community Money Advice



SHENLEY
CHRISTIAN FELLOWSHIP
A BAPTIST CHURCH IN MILTON KEYNES

St Mary's
Bletchley



Tel: 0300 123 5198 / 01908 550630 • office@mkmoneylifeline.org.uk • www.mkmoneylifeline.org.uk
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by guarantee registered in England and Wales with company number 07917713. Registered charity No 1146001

Westcroft

COMMUNITY LARDER



Shenley Brook End & Tattenhoe
Parish Council

Fridays
10am - 1pm

Westcroft Pavilion
Cranborne Avenue
Milton Keynes
MK4 4GB

What is a community larder?

A membership programme
that provides:

- Access to surplus food
- Local business discounts
- Little larder club
- Access to other services and support
- Meet new people in a friendly environment

Who can join?

Anyone who wants to prevent
food waste and save money.
It is not means tested.

Where does the food come from?

A Didcot based charity, providing surplus
food, training and opportunities to young
people and organisations.

One Off
£10
Joining Fee



INDIVIDUAL
MEMBERSHIP
FROM
£3.50
P/WEEK

FAMILY
MEMBERSHIP
FROM
£7
P/WEEK

An **individual membership** provides up to 10 items of food per
week, plus a selection of fruit and vegetables. (family
membership is double that)

Want free food and a
bunch of other benefits?

Sign up today!
www.sofea.uk.com

Registered Charity Number 1155783



POWERED BY





WESTCROFT

COMMUNITY FRIDGE

A simple solution to wasting less through the sharing of good-quality food.

Tuesdays 2pm – 4pm
Westcroft Pavilion
Cranbourne Avenue
Westcroft
MK4 4GB

For more details, call Karen on
07891 818 259 / 01908 521538 or email
karen.wheeler@shenleybrookend-pc.gov.uk