The 24-hour clock informs us whether a time is in the first 12 hours of the day (before midday) or after midday. 24-hour time is commonly used as a format on digital clocks. Time is often displayed with 4 digits that show the hours and the minutes. The digits show the 24 hours in a day and so a.m. and p.m. are not needed.

Builds from Year 3:
Tell the time (analogue including Roman numerals).
Interpret a 24-hour clock.
Calculate and compare durations of time. Understand the difference between am and pm.

This year:
Convert time between analogue and digital 12and 24 -hour clocks.
Solve problems involving converting from hours to minutes, minutes to seconds, years to months, weeks to days.

Leads to Year 5:
To convert between units of time.

24-Hour Time

| 12 a.m. (midnight) | 00:00 |
| :---: | :---: |
| 1 a.m. | 01:00 |
| 2 a.m. | 02:00 |
| $3 \mathrm{a} . \mathrm{m}$. | 03:00 |
| 4 a.m. | 04:00 |
| 5 a.m. | 05:00 |
| 6 a.m. | 06:00 |
| 7 a.m. | 07:00 |
| 8 a.m. | 08:00 |
| 9 a.m. | 09:00 |
| 10 a.m. | 10:00 |
| 11 a.m. | 11:00 |
| 12 p.m. (noon) | 12:00 |
| 1 p.m. | 13:00 |
| 2 p.m. | 14:00 |
| 3 p.m. | 15:00 |
| 4 p.m. | 16:00 |
| 5 p.m. | 17:00 |
| 6 p.m. | 18:00 |
| 7 p.m. | 19:00 |
| 8 p.m. | 20:00 |
| 9 p.m. | 21:00 |
| 10 p.m. | 22:00 |
| 11 p.m. | 23:00 |



8:10

## quarter to

## ten past



Durations of Time


## Key Vocabulary



