

# LMS Matters

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Dear Parents and Carers

It was nice to start the week with the final version of our **OFSTED** report coming out. Thank you for all the kind words we have received regarding it – it really means a lot. We hope you enjoyed reading it and are assured by the offer your children get during their time with us - the perfect balance between high academic standards and developing the whole child. The Ofsted inspector also said it was the first time she had ever written a hashtag (#PROUD) in a report! Thank you for all your support during the inspection, it went a long way to helping us. The inspector also said that by the next time they return (4-6 years) something would have seriously gone wrong (such as a pandemic) if we were not graded Outstanding.

Unfortunately however the week also started with a **COMPLAINT** from a local resident regarding the parking of parents and carers, with a particular focus on how close people park on the **JUNCTIONS** around the school. The local resident said they nearly crashed into a child as they came from behind a car parked on a junction and they could not see them. As a polite reminder, according to the Highway Code: **"The nearest you can park to a junction is 10 metres (or 32 feet). This is to allow drivers emerging from, or turning into, the junction a clear view of the road they are joining. It also allows them to see hazards such as pedestrians or cyclists at the junction."** As ever, I do not wish for a child to be seriously hurt before we make a change. Thank you in advance.

As we said goodbye to Miss Mossman on Tuesday we welcomed back Mrs Armstrong to the teaching team. It's great to have her back as part of the LMS family.

**FAMILY FIRST SATURDAY:** Florals for Spring! Artists have always found inspiration in flowers. They are a symbol of joy, beauty, renewal, new life and, of course, spring. Milton Keynes Arts Centre would like you to join them for their May Family First Saturday where they too will be taking inspiration from the season's superstars, flowers! Try the fun and creative activities all inspired by spring flowers such as Folk Flower painting, Still life observation, Seed bombs to grow your own wildflowers for the bees and Painting with flowers! Go to their event page for more info and updates: <https://www.facebook.com/events/1823530791498202/>

The **LEGO CAR RALLY** - Rubber Band Challenge - starts now, with participants challenged to build a rubber band powered vehicle out of LEGO pieces, with awesome LEGO prizes to be won. This challenge is part of the Milton Keynes Brick Festival that is taking place in Middleton Hall on Bank Holiday Monday 6th May. Brick Festival events started in Milton Keynes in 2018, run by a group of LEGO fans who are part of the local community, delivering events that offer something to every kind of LEGO fan. Please see the attached flyer further on in this newsletter.

Our **STAY AND PLAY SESSIONS** have restarted with one of our biggest attendances yet! These are relaxed, friendly sessions with lots of different activities available for babies right through to those who will start school in September. Please see some photos of what's on offer further on.

You would also have seen a letter this week about the **FOOD FAYRE**. This will take place on Friday 5th July which marks the end of our Celebration of Culture Week. If you are able to provide food, please return the sheet by **Wednesday 19th June**.

It's good to be back – have a fab weekend all.

Mr Gray



Our weekly attendance trophy winners were...

**EYFS/KSI**

**Pondskaters**

who achieved

**99.1%**

**KS2**

**Bracken**

who achieved

**95.4%**



Please remember the school **does not endorse any clubs or events advertised in this newsletter**. It is a parent's / carer's responsibility to ensure they check the suitability of anything they attend.



## Long Meadow Legends

**Tadpoles** – Hiba for having a go at independent writing.

**Minnows** – Zoe for being a fantastic talk partner during our 2D & 3D shape learning this week.

**Sticklebacks** – Rychard for fabulous phonics learning.

**Pondskaters** – Isra for always putting a smile on my face.

**Newts** – Juwon for improving his listening skills & focus this week.

**Frogs** – Amelia for fantastic perseverance when tackling her maths learning.

**Hogweed** – Hal for being an incredibly polite & helpful member of the class.

**Bracken** – James for his improved positive attitude.

**Ferns** – Sehaj for showing amazing compassion for her peers and being a fantastic talk partner.

**Thistles** – Alba for super efforts in all her learning.

**Brambles** – Isla for an amazing, positive attitude to learning.

**Teasels** – Eden for developing his skills in writing.

## Sports Person of the Week

Cerys D for a super week. She has made an excellent start to both tennis and rounders. In rounders she worked hard to improve her underarm bowling technique and was able to recap some previous learning on how to play the game, providing some brilliant demonstrations to the class.

#PROUD

# DATES

FOR YOUR DIARY

## School Term and Bank Holiday Dates 2023 / 2024

Term	Open morning of:	Close at the end of afternoon session of:
Autumn Term 2023	Monday 4 September 2023	Friday 20 October 2023
	Monday 30 October 2023	Thursday 21 December 2023
Spring Term 2024	Tuesday 9 January 2024	Friday 16 February 2024
	Monday 26 February 2024	Thursday 28 March 2024
Summer Term 2024	Tuesday 16 April 2024	Friday 24 May 2024
	Monday 3 June 2024	Friday 19 July 2024

Training days agreed to date: (on these days children do not come to school but staff do)

Friday 1 September 2023 / Friday 22 December 2023 / Monday 8 January 2024 / Monday 15 April 2024 / Monday 22 July 2024

**Good Friday:** Friday 29 March 2024

**Easter Monday:** Monday 1 April 2024

**May Day:** Monday 6 May 2024

### Summer Term 2024

Monday 15 April	Inset Day
Tuesday 16 April	Summer term begins
Wednesday 17 April	Year 4 Everdon trip
Wednesday 17 April	Stay & Play session (Spring)
Thursday 18 April	Year 2 Learning Fair
Thursday 18 April	Year 5 National Forest parent meeting (5.30pm)
Thursday 25 April	Year 3 Caldecotte parent meeting (5.30pm)
Wednesday 1 May	Stay & Play session (Dinosaurs)
Monday 6 May	May Day Bank Holiday
Tuesday 7 May	Year 4 Teardrop Lakes
Wednesday 8 May	Mental Health & Wellbeing Fair (2.30pm - 4.00pm)
w/c Monday 13 May	Year 6 SATs
Friday 17 May	Year 5 Learning Fair
Friday 17 May	Dress for Dinners for St Marks Meals
Tuesday 21 May	EYFS Thrift Farm
Wednesday 22 May	Stay & Play session (Food)
Thursday 23 May	Year 2 Woburn Safari Park
27 - 31 May	Half Term
Wednesday 5 June	Year 6 Wilderhope trip
Tuesday 11 June	Alice in Wonderland (school theatre production)
Wednesday 12 June	Stay & Play session (Weather)
Monday 17 June	Year 5 National Forest trip
Thursday 20 June	Year 3 Caldecotte trip
Friday 21 June	Year 2 Night Under the Stars
Tuesday 25 June	Hazard Alley to see Year 6
Wednesday 26 June	Stay & Play session (Sports Day)
Saturday 29 June	School Fete
Friday 5 July	Food Fayre
Tuesday 9 July	Sports Day
Wednesday 10 July	Sports Day
Tuesday 16 July	Awards Assembly- EYFS & KS1 (9.10am)
Wednesday 17 July	Stay & Play session (Summer)
Wednesday 17 July	Awards Assembly- Y5/6 (2.15pm)
Thursday 18 July	Awards Assembly- Y3/4 (9.10am)
Thursday 18 July	Year 6 Leavers Disco



# Congratulations to our Top Doodlers...

Aadvik P & Eva G for their 50 day  
maths streaks; Maaria C for her 50 day  
English streak; Oliver B & Aadhya P  
for their 100 day English streak;  
Aadhya P for her 100 day maths  
streak; Dominic L for his 365 day  
maths streak and Hal T for his 750 day  
English streak.

Well done!



## **LMS Safeguarding**

### **Online Beauty Ideals Study - BIK Youth**

TikTok, Instagram, YouTube and X have revolutionised global society. Today, for better or worse, we are surrounded by the other windows into other peoples lives, actions and worldviews. For children and young people, whom are often permanently online, the perception of attractiveness and behaviour is formed in this sphere. What is considered desirable or beautiful has always been at the forefront of people's perception of themselves. Now those ideals change faster than ever, and not being able to fit into that bracket of desirability can be a driver of personal issues among young people. In this vein the Austrian Safer Internet Centre held a study of 400 12 to 17 year olds, on the topic of beauty ideals. To read this informative report, please follow the link below:

<https://www.betterinternetforkids.eu/practice/articles/article?id=7196278>

## **LMS Well-being**

Many experts agree that self-critical thoughts begin during childhood when we create inwardly directed narratives. We only start to notice our inner critic as we grow, which is when it can influence our wellbeing.

Have a look [HERE](#) for some tip and tricks



# Stay and Play Spring Theme



# Mental Health and Wellbeing Fair



CarersMK

Wednesday 8th May 2024

2:30pm - 4:00pm

mk moneylifeline

In Long Meadow School's Hall

Morelife



ALL WELCOME

Activities for children and free refreshments

Advice and support available







**Around 50% of  
children will have  
a sleep issue at  
some point\***

## WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

## HOW CAN THE NATIONAL SLEEP HELPLINE HELP ME?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in mental health wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why you might not be sleeping well and how that can change

**03303 530 541**

Monday, Tuesday & Thursday 7pm - 9pm  
Monday & Wednesday 9am - 11am



IN PARTNERSHIP WITH

Furniture  
*Village*



# My child has anxious thoughts and feelings which are leading to school avoidance. What can parents and carers do?

This workshop for parents/carers will be led by the Educational Psychology Service. It aims to support parents and carers of school-age children and young people whose experience of anxious thoughts and feelings is leading to school avoidance. These difficulties are often referred to as Emotionally Based School Avoidance (EBSA).

## During this session, we will cover the following:

- Helping your child with their fears and worries
- The impact on parents/carers and the importance of self-care
- Working with your child's school to create an action plan of support

## The workshop will be available to join on the following dates:

- Thursday 30th November 13:00 – 14:30
- Wednesday 31st January 10:30 – 12:00
- Wednesday 5th June 10:30 – 12:00

*You will only need to attend one date as the same workshop is repeated over the three dates. All workshops will be delivered via Microsoft Teams.*

To book your place email us on [SENDsupport@milton-keynes.gov.uk](mailto:SENDsupport@milton-keynes.gov.uk) stating that you would like to attend the EBSA parent and carer workshop. An invite will be sent to your email address in the week leading up to the workshop.

<https://www.mksendlocaloffer.co.uk>

 **Milton Keynes**  
City Council

# Are you concerned about a pupil?



Safeguarding is everyone's responsibility.

You do not need to wait until you have proof there is a safeguarding concern to step in. If you have a concern, please raise it as this could be the first step to protecting a child.

Staying silent because you do not have proof may leave a child exposed to danger.

Remember it is not up to you to decide whether a child has been abused **BUT** it is up to you to report concerns so that appropriate action can be taken.

**You must share your concerns without delay.**

**Concerns are to be reported to the  
Designated Safeguarding Leads:**



Designated Safeguarding Lead  
**Philip Gray** - Head Teacher



Designated Safeguarding Lead  
**Emma Kidd** - Deputy Head Teacher



Designated Safeguarding Lead  
**Kerrie Evans** - Assistant Head Teacher

## Working Together to Safeguard Children

# mk moneylifeline

Free, confidential, impartial debt advice...

- Struggling to pay bills?
- Under pressure from creditors?
- Paying the minimum balance on your credit cards?

**WE CAN HELP!**



0300 123 5198



office@mkmoneylifeline.org.uk



www.mkmoneylifeline.org.uk

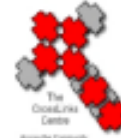
Working in association with:

**cma**  
Freedom from debt  
Hope for the future  
Community Money Advice



**SHENLEY**  
CHRISTIAN FELLOWSHIP  
A BAPTIST CHURCH IN MILTON KEYNES

St Mary's  
Bletchley



Tel: 0300 123 5198 / 01908 550630 • office@mkmoneylifeline.org.uk • www.mkmoneylifeline.org.uk  
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# Westcroft

## COMMUNITY LARDER



Shenley Brook End & Tattenhoe  
Parish Council

Fridays  
10am - 1pm

Westcroft Pavilion  
Cranborne Avenue  
Milton Keynes  
MK4 4GB

### What is a community larder?

A membership programme  
that provides:

- Access to surplus food
- Local business discounts
- Little larder club
- Access to other services and support
- Meet new people in a friendly environment

### Who can join?

Anyone who wants to prevent  
food waste and save money.  
It is not means tested.

### Where does the food come from?

A Didcot based charity, providing surplus  
food, training and opportunities to young  
people and organisations.

One Off  
£10  
Joining Fee



INDIVIDUAL  
MEMBERSHIP  
FROM  
£3.50  
P/WEEK

FAMILY  
MEMBERSHIP  
FROM  
£7  
P/WEEK

An **individual membership** provides up to 10 items of food per  
week, plus a selection of fruit and vegetables. (family  
membership is double that)

Want free food and a  
bunch of other benefits?

Sign up today!  
[www.sofea.uk.com](http://www.sofea.uk.com)

Registered Charity Number 1155783



POWERED BY





WESTCROFT

# COMMUNITY FRIDGE

A simple solution to wasting less through the sharing of good-quality food.

**Tuesdays 2pm – 4pm**  
**Westcroft Pavilion**  
**Cranbourne Avenue**  
**Westcroft**  
**MK4 4GB**

For more details, call Karen on  
**07891 818 259 / 01908 521538** or email  
**[karen.wheeler@shenleybrookend-pc.gov.uk](mailto:karen.wheeler@shenleybrookend-pc.gov.uk)**



**Mobile Top Up Shop**  
**EVERY FRIDAY!**  
**10 - 11.30AM**

MKCC Car Park, Strudwick Drive,  
Oldbrook, MK6 2TG

Call our Helpline for details: **0300 303 4933**



**Mobile Top Up Shop**  
**Every Thursday!**  
**10:00 - 11:30am**

Sir Herbert Leon Academy  
Car Park, Fern Grove, Bletchley,  
MK2 3HQ

Call our Helpline for details: **0300 303 4933**



**New Venue!!**



**Mobile Top Up Shop**  
**Every Thursday!!**  
**13:00 - 14:30pm**

Rowans Family Centre Car Park,  
Fullers Slade, MK11 2BD

Call our Helpline for details: **0300 303 4933**

