# **LMS Matters**

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Our weekly attendance trophy winners were...

# **EYFS/KSI**

# **Minnows**

who achieved

100%

KS2

# **Teasels**

who achieved

98.3%



Please remember
the school does
not endorse any
clubs or events
advertised in
this newsletter. It
is a parent's /
carer's
responsibility to
ensure they check
the suitability of
anything they
attend.

### Dear Parents and Carers

It has been lovely to see so many parents, carers and children walking, cycling and scooting to school this week. It's great to see so many people embracing it. It looks like it has made a difference to the traffic too! (with the exception of the morning it rained when everyone decided that walking wasn't a great idea and created gridlock!) The Golden Padlocks have been well received and remember, all you have to do is cycle or scoot to school and if yours is randomly chosen, you receive a prize. Don't forget there is also a prize for the class with the most active travel days over the two weeks. We also want to smash last year's total of 2271 journeys – together we can do this! I hope we have the same enthusiasm next week as well. Thank you for your support.

As you know, the **BOOK FAIR** has been on this week. Due to your support, we took a total of £550 which allowed us £250 worth of books and meant we were able to get 50 free books. I would like to thank parents for being **AMAZING** and supporting our book fair, without this support we wouldn't be able to get the up to date books that the children enjoy; we always allow the children to choose some of the books. Mrs Watson was even able to order some books that aren't released until the end of the month so the children need to look out for these in the library when they arrive. I would also like to say a big thank you to Mrs Demmon for all her help too.

All of the class teachers are currently preparing your children's **ANNUAL SCHOOL REPORTS** for you. As you are aware, we send our reports out after the Easter break and they should be with you on Friday 26th April. This allows us to work on targets across the summer term and you will then receive a Report Card (an update) at the end of the year.

Today saw us supporting Comic Relief's **RED NOSE DAY.** Our school was excited to be joining in with others around the UK to participate in fundraising for this good cause. These fundraising events help your children to learn about the lives of disadvantaged people facing poverty, violence and discrimination. To support the cause we hosted a non-school uniform day for a small contribution. If you haven't donated already, you can do so here: <a href="https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=13505">https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=13505</a>. A huge well done to the School Council and Mrs Stiles for their organisation. Let's make a big difference to the lives of disadvantaged people around the world.

Finally this week, I would like to say a huge **THANK YOU** to all the parents and carers who have taken the time to nominate members of LMS in the **PEARSON TEACHING AWARDS.** The Pearson Teaching Awards are a wonderful opportunity to acknowledge and celebrate the outstanding contributions of teachers who go above and beyond to inspire and educate students nationwide. They accept nominations from schools and parents. Some parents have just sent a thank you – this means the world to us and is really appreciated. If you would like to nominate, the link is <a href="https://www.teachingawards.com/the-2024-pearson-national-teaching-awards/">https://www.teachingawards.com/the-2024-pearson-national-teaching-awards/</a>.

We are still awaiting the arrival of the first draft of our **OFSTED** report and we cannot wait to share it with you. I promise you, as soon as we can, we will. It will be something that we should all be #PROUD of.

Have a fab weekend all.

Yours

Mr Gray



Tadpoles - Isobel for showing care & consideration to others.

Minnows - Dhiya for creating the amazing 'Saturn' planet out of salt dough.

**Sticklebacks** – Lola for excellent animal knowledge and confronting her fears feeding the pigs.

**Pondskaters** – Ali R for always showing excellent problem solving skills in maths.

Frogs – Lola for super focus in our maths mastery sessions.

Newts - Noah for developing his vocabulary and pronunciation.

**Hogweed** – Conie for her fantastic explanation text for hedgehogs on how to cross the road safely.

**Bracken** – Joshua, Evie & Lacey for setting up the cloakroom each afternoon this week for our learning conversations and also Lacey for being an all round superstar!

Foxgloves - Kemal for creating an awesome diagram of the journey of a river.

Hawthorn - Eva for being such a lovely member of Hawthorn.

Ferns - Casper for an amazing explanation text on caring for a Kitsune!

Thistles – Mervin for writing a fantastic explanation of 'How to look after a Phoenix'.

Brambles - Lily for always concentrating on improving her work.

**Teasels** – Maisy for demonstrating great confidence in her learning.

# Sports Person of the Week

Maya O for just being a superstar! Maya is a happy, friendly and inclusive member of the class who always tries her best. She has a super attitude towards PE and is a joy to teach.

# **LMS Safeguarding**

A cybersecurity question this week: Do you know the meaning of **phishing**, **smishing**, **vishing** and **quishing**?

**Phishing** - a malicious email encouraging you to click on a link with the aim of collecting your details or downloading malicious code.

**Smishing** - a text message (SMS) encouraging you to click on a link with the aim of collecting your details or transferring you to a fake website.

**Vishing** - an unsolicited telephone call to collect your details or defraud you.

**Quishing** - a fake QR code diverting you to a fake website or some other fraudulent link.

# **LMS Well-being**

The <u>Healthier Together</u> website is a digital resource designed to support children, young people and their parents/carers. It aims to empower parents and carers – giving them the right tools to manage their children and young people's physical health and emotional well-being. In addition, it has a lot of information for young people to access and use for themselves.

The section for parents/carers covers key areas such as 'Should my child go to school/nursery today', information on a range of common illnesses and childhood vaccinations, as wella a large section on SEND. Another section entitled Health for Young People speaks directly to young people and provides information on mental health, sexual health and LGBTQ+ issues.

Thanks to a functionality called Recite Me, the site is also accessible to people who may be disabled, visually impaired, speak English as a second language or are elderly. The web content can be translated into over 100 different languages.



### School Term and Bank Holiday Dates 2023 / 2024

Term	Open morning of:	Close at the end of afternoon session of:
Autumn Term 2023	Monday 4 September 2023	Friday 20 October 2023
	Monday 30 October 2023	Thursday 21 December 2023
Spring Term 2024	Tuesday 9 January 2024	Friday 16 February 2024
	Monday 26 February 2024	Thursday 28 March 2024
Summer Term 2024	Tuesday 16 April 2024	Friday 24 May 2024
	Monday 3 June 2024	Friday 19 July 2024

Training days agreed to date: (on these days children do not come to school but staff do)

Friday 1 September 2023 / Friday 22 December 2023 / Monday 8 January 2024 / Monday 15 April 2024 / Monday 22 July 2024

Good Friday: Friday 29 March 2024
Easter Monday: Monday 1 April 2024
May Day: Monday 6 May 2024

### Spring Term 2024

Friday 8 - Thursday 14 March Book Fair

Monday 11 March EYFS visit to the library
Tuesday 12 March Year 1 Curly Tails visit
Wednesday 13 March Stay & Play session
Wednesday 13 March Year 1 Curly Tails visit

Wednesday 13 March Year 2 Easter Crafts Fundraiser

Thursday 14 March

Friday 15 March

W/c Monday 18 March

Tuesday 19 March

Wednesday 20 March

Year 1 Curly Tails visit

Year 6 Mock SATs

Year 6 Bletchley Park

Year 6 Bletchley Park

Wednesday 20 March Maths workshop in EYFS (3.20 - 4.00pm)

Thursday 21 March Year 6 Wilderhope parents meeting (5.30pm)

Tuesday 26 March EYFS & KS1 Awards Assembly (9.10am)

Wednesday 27 March Year 3 & 4 Awards Assembly (9.10am)

Wednesday 27 March Grandparents Day—EYFS (2.00 - 3.00pm)

Wednesday 27 March Year 5 & 6 Awards Assembly (2.15pm)

Thursday 28 March School Class Photos
Thursday 28 March Last day of term



Kimmy C for her 50 day maths & English streaks; Todd T & Wayne T for their 100 day English streaks; Jessica H for her 365 day maths streak and Naidhrua S for her 1000 day maths streak!

Well done!

doodle 📏





# YAMAHA DRUM ENCOUNTERS

If you are age 8+ and are interested in learning the drums then please get in touch!

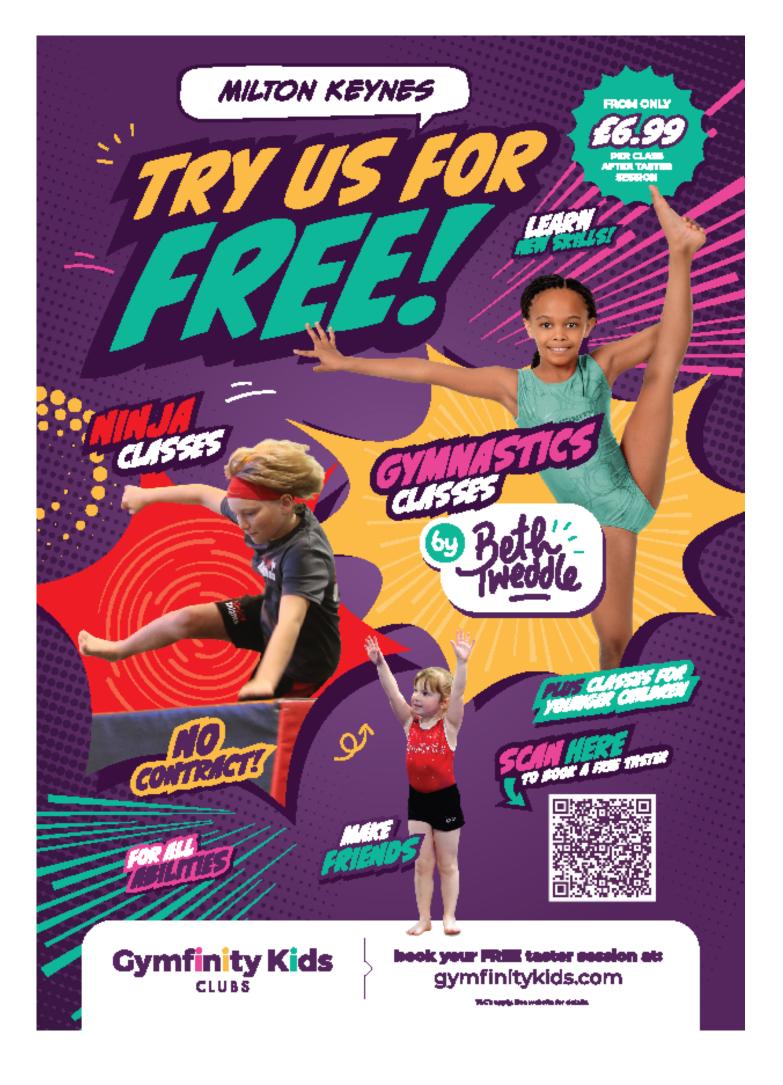
We are running free taster sessions on Thursdays at 5pm.

Please visit our website to book your place:

https://www.waltonhigh.org.uk/yamaha-music/taster-booking/ 01908 528808

yamaha@mket.org.uk





LONG MEADOW SCHOOL PRESENTS

# Stay and Play Sessions

Run by the school's Deputy and Assistant Heads

Different theme each session

- MESSY PLAY
- CREATIVE TABLE
- IMAGINATIVE PLAY
- PUZZLES
- GAMES
- REFRESHMENTS INCLUDED

CONTACT US FOR MORE INFO

01908 508678

office@longmeadow.milton-keynes.sch.uk

Only £1 pp





FOR UNDER 5S

**Every other Wednesday** 

9am - 10:30am







# Around 50% of children will have a sleep issue at some point\*

# WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

## HOW CAN THE NATIONAL SLEEP HELPLINE HELP ME?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in mental health wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why you might not be sleeping well and how that can change

03303 530 541

Monday, Tuesday & Thursday 7pm - 9pm Monday & Wednesday 9am - 11am





# My child has anxious thoughts and feelings which are leading to school avoidance. What can parents and carers do?

This workshop for parents/carers will be led by the Educational Psychology Service. It aims to support parents and carers of school-age children and young people whose experience of anxious thoughts and feelings is leading to school avoidance. These difficulties are often referred to as Emotionally Based School Avoidance (EBSA).

### During this session, we will cover the following:

- Helping your child with their fears and worries
- The impact on parents/carers and the importance of self-care
- Working with your child's school to create an action plan of support

### The workshop will be available to join on the following dates:

- Thursday 30th November 13:00 14:30
- Wednesday 31st January 10:30 12:00
- Wednesday 5th June 10:30 12:00

You will only need to attend one date as the same workshop is repeated over the three dates. All workshops will be delivered via Microsoft Teams.

To book your place email us on SENDsupport@milton-keynes.gov.uk stating that you would like to attend the EBSA parent and carer workshop. An invite will be sent to your email address in the week leading up to the workshop.



# Tried and tested loose parts



### **Natural**

- Wooden pennies (slices of wood about three inches thick)
- Logs of different heights and widths
- A variety of lengths of wood
- · Willow or hazel rods at least 1.5m long
- Sticks various lengths
- Stones, pebbles, cobbles.

### Manufactured wood

- Whisky barrel planters for mixing and collecting
- Pieces of decking.

### Surfaces and features

- Planted willow tunnels, dens and hedges
- Water supplied from an outside tap, a barrel pump, water butt or jerry cans with taps
- Sand (and resources for sand play and maintenance

   including sieves, buckets, spades, trowels, long
   handled sturdy brooms, brushes, rakes etc.)
- Pebbles, pea gravel or other small stones
- Bark chips
- Mud
- Long grass
- Trees plant now for future generations of children
- · Fire pit (temporary or permanent).

# \*

### More temporary

- Chalk
- Straw bales
- Cardboard boxes and tubes various sizes and shapes
- Leaves, feathers, shells, pine cones
- Air drying modelling clay
- Tree brashings
- Leaves
- Cones and seed pods
- Seaweed
- Plastic bottles and containers.



### Man-made

- Quick drying materials such as organza, fleece blankets and shower curtains
- Tarpaulins (various sizes, types and colours)
- Milk and bread crates
- Wooden pallets tough ones in good condition
- Tough buckets
- · Cable drums or reels
- Tubes, guttering and funnels, hosepipe, bore pipes and other pipes
- Ramps and lengths of plastics and other materials such as corrugated transparent plastic
- Net
- Tyres bicycle, motorbike, go-kart and car tyres
- · Large shallow tray
- Trolley to aid tidying up
- Wheelbarrow
- Old suitcases or wheeled shopping bags
- Baskets for collecting and transporting
- Steering wheels
- Computer keyboards
- Old clothes for dressing up, for example, jacket suits, waistcoats and handbags
- Portable seats and things to sit on: aluminium bubble-wrap, camping mats and gardening mats.



### **Useful little bits**

### (some may be kept by adults in pockets or bags)

- Velcro straps
- Fence clamps and hooks
- String, paracord and high visibility guy ropes
- Karabiners (from climbing or camping shops)
- Pegs of different sorts, including tent pegs
- Duct tape and masking tape.

# Are you concerned about a pupil?



Safeguarding is everyone's responsibility.

You do not need to wait until you have proof there is a safeguarding concern to step in. If you have a concern, please raise it as this could be the first step to protecting a child.

Staying silent because you do not have proof may leave a child exposed to danger.

Remember it is not up to you to decide whether a child has been abused **BUT** it is up to you to report concerns so that appropriate action can be taken.

You must share your concerns without delay.

Concerns are to be reported to the

Designated Safeguarding Leads:



Designated Safeguarding Lead

Philip Gray - Head Teacher



Designated Safeguarding Lead

Emma Kidd - Deputy Head Teacher



Deputy Safeguarding Lead

Kerrie Evans - Assistant Head Teacher



Deputy Safeguarding Lead

Sarah Mossman - Learning Mentor/Family Support Worker

Working Together to Safeguard Children



Free, confidential, impartial debt advice...

- Struggling to pay bills?
- Under pressure from creditors?
- Paying the minimum balance on your credit cards?

# **WE CAN HELP!**





www.mkmoneylifeline.org.uk

Working in association with:

cma

Freedom from debt Hope for the future Community Money Advice



Supported and funded by:









Tel: 0300 123 5198 / 01908 550630 • office@mkmoneylifeline.org.uk • www.mkmoneylifeline.org.uk Authorised and regulated by the Financial Conduct Authority No. 618802 • MK Money Lifeline is a company limited by guarantee registered in England and Wales with company number 07917713. Registered charity No 1146001

# Westcroft

# COMMUNITY ARDER



**Fridays** 10am - 1pm

Westcroft Pavilion Cranborne Avenue Milton Keynes MK44GB

# What is a community larder?

## A membership programme that provides:

- Access to surplus food
- Local business discounts
- Little larder club
- Access to other services and support
- Meet new people in a friendly environment

# Who can join?

food waste and save money. It is not means tested.

# Where does the food come from?

Anyone who wants to prevent A Didcot based charity, providing surplus food, training and opportunities to young people and organisations.

One Off £10 Joining Fee



INDIVIDUAL MEMBERSHIP

FAMILY MEMBERSHIP

An **individual membership** provides up to 10 items of food per week, plus a selection of fruit and vegetables. (family membership is double that)

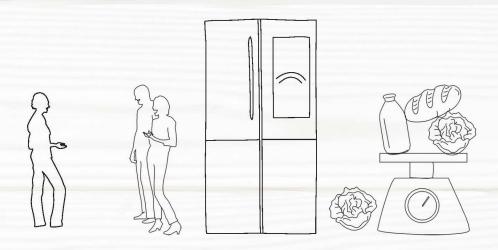
Want free food and a bunch of other benefits?

Sign up today! www.sofea.uk.com









# WESTCROFT

# COMMUNITY FRIDGE

A simple solution to wasting less through the sharing of good-quality food.

Tuesdays 2pm – 4pm
Westcroft Pavilion
Cranbourne Avenue
Westcroft
MK4 4GB

For more details, call Karen on 07891 818 259 / 01908 521538 or email karen.wheeler@shenleybrookend-pc.gov.uk



# Mobile Top Up Shop

# **EVERY FRIDAY!**

10 - 11.30AM

MKCC Car Park, Strudwick Drive,
Oldbrook, MK6 2TG

Call our Helpline for details: 0300 303 4933





# Mobile Top Up Shop

**Every Thursday!** 

10:00 - 11:30am

Sir Herbert Leon Academy Car Park, Fern Grove, Bletchley,

MK23HQ

Call our Helpline for details: 0300 303 4933



# Mobile Top Up Shop

**Every Thursday!!** 

13:00 - 14:30pm

Rowans Family Centre Car Park, Fullers Slade, MK11 2BD

Call our Helpline for details: 0300 303 4933

