

LMS Matters

Tel No: 01908 508678

Email address: office@longmeadow.milton-keynes.sch.uk

www.longmeadow.milton-keynes.sch.uk

Issue: 21

Date: 01.03.24



Dear Parents and Carers

As you are aware, we had a 'special visitor' in school on Tuesday and Wednesday this week from **OFSTED**. We have been awaiting the call and were due for an inspection. Due to our previous inspection and our consistent standards, we had one inspector for two days, inspecting whether we continued to be good, were very close to outstanding and they needed to come back, or we had gone backwards and require improvement. Unfortunately, I am not formally allowed to share with you the outcome until the report has gone through all of the quality control measures. However I would like to take this opportunity firstly to say a huge thank you to our amazing children. Ofsted spend a large amount of time speaking with children of all ages across the school; this is because children tell the truth and give you a clear perspective of their views on our school. During these conversations with the children, school staff were not present, allowing the children to give an honest and open account to whatever the inspector asked. I was totally blown away by the feedback the inspector gave us about our children. They are articulate, polite, open, and truly told her what they felt about lots of elements of our school. This was then matched with the children's attitudes, manners and learning across the school when we visited lessons – thank you.

Secondly, I would like to thank you as parents and carers. As a school we get to see all of the responses from your surveys and are given an overview of your free text comments. The overwhelmingly positive, kind words and love for our school was nothing but amazing. This was also helped by a parent sharing on Tuesday morning on the door that they had seen the overview so far and that "this is such a positive start". Thank you for your continued support everyone.

And finally I would like to thank every single member of school staff. When you get the phone call, you react and remember that it takes a whole family to raise a village! Every single member of staff dropped what they were doing, offered help and fine tuned what was already in place. What you as parents and carers won't have seen is also the kind words, texts, emails, etc. that staff sent to me and my leadership team, not just words of encouragement, but checking to see if we were ok, in what can be the most stressful and anxious of times. There are very few places that this would happen and I am #proud to be head of this family! As soon as the report is published we will share it with you and celebrate all the successes it will hold. But until then, thank you once again,

As you may already know, Friday 15th March is the date for this year's **COMIC RELIEF**. Our school is excited to be joining in with others around the UK to participate in fundraising for this good cause. These fundraising events help your children to learn about the lives of disadvantaged people facing poverty, violence and discrimination. To support the cause we will be hosting a non-school uniform on Friday 15th March. All children will be able to wear their own clothes (with some red if possible!) for a small contribution. Your child can also wear a red nose if they have one. In exchange for the children wearing their own clothes we would be grateful for donations of £1-£2. We are pleased to confirm that we have set up a new online donation page through ParentPay again to avoid parents having to search for change on the day; simply visit <https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=13505> to give what you can. The added benefit of making your donation online is that you can add Gift Aid, making your money go even further!

We love our extra curricular clubs but sometimes they are just too popular!. Did you know that the **YOGA CLUB** also have a class on a Tuesday 4.15-5.15pm at Oxley Park Community Centre? So if you don't get a place after Easter you can always join this one!

Thank you all once again and we will all see you next week after a rest this weekend, ready to go again on Monday.

Yours
Mr Gray



Our weekly attendance trophy winners were...

EYFS/KSI

Sticklebacks

who achieved

97%

KS2

Bracken

who achieved

98.7%



Please remember
the school **does**
not endorse any
clubs or events
advertised in
this newsletter. It
is a parent's /
carer's
responsibility to
ensure they check
the suitability of
anything they
attend.



Long Meadow Legends

Tadpoles – Daisy for always trying her hardest & learning so much since starting school

Minnows – Sashmitha for being an absolute superstar this week

Sticklebacks – Selena for excellent reading during RWI lessons

Pondskaters – Edith for outstanding contributions to all of her learning

Frogs – Aakesh for brilliant focus in all lessons

Newts – Ava for having bundles of perseverance in maths

Hogweed – Eva for her consistent high standards of presentation

Bracken – Milly for always producing high quality & thoughtful learning

Foxgloves – Ivy for being focussed in her learning & trying her best in every subject

Hawthorn – Alec for being fully focussed in every lesson

Ferns – Maya for developing a new found love of reading

Thistles – Naidhrua for perseverance & bravery during swimming lessons

Brambles – Archie for his enthusiasm and interest in history

Teasels – Joshua for his amazing contribution to algebra lessons

Sports Person of the Week

Lacey W for a wonderful, enthusiastic start to our Dance unit of work. Lacey has been working really hard in all PE lessons and it's been brilliant to see how much more confident she is becoming.

#PROUD

LMS Safeguarding

Undressed - London Grid for Learning

The danger posed to young people by their presence on social media, in regards to unacceptable requests, is sadly an affair that often happens within friend groups or within relationships. Of course, the issue of strangers making the same requests is always present, but these are principally teenage concerns. Underneath this lies a more sinister age group that often finds itself targeted almost exclusively by unknown adults online. That sector is the youngest of primary pupils. At primary ages, children are very easily taken advantage of as they are highly impressionable and unaware of the dangers they may be facing. The Undressed Song by the London Grid for Learning is designed to educate these youngest of pupils on what should and shouldn't be done online. It does this through an understandable and age-appropriate medium - song. To find out more please follow the link below:

<https://undressed.lgfl.net/>

LMS Well-being

3 key ways to improve your wellbeing!

1. Connect with other people

Good relationships are important for your mental wellbeing. They can:

- help you to build a sense of belonging and self-worth
- give you an opportunity to share positive experiences
- provide emotional support and allow you to support others

2. Be physically active

Being active is not only great for your physical health and fitness. Evidence shows it can also improve your mental wellbeing by:

- raising your self-esteem
- helping you to set goals or challenges and achieve them
- causing chemical changes in your brain which can help to positively change your mood

3. Pay attention to the present moment (mindfulness)

Paying more attention to the present moment can improve your mental wellbeing. This includes your thoughts and feelings, your body and the world around you.

Some people call this awareness "mindfulness". Mindfulness can help you enjoy life more and understand yourself better. It can positively change the way you feel about life and how you approach challenges.

Read more about mindfulness, including steps you can take to be more mindful in your everyday life.

D A T E S

FOR YOUR DIARY

School Term and Bank Holiday Dates 2023 / 2024

Term	Open morning of:	Close at the end of afternoon session of:
Autumn Term 2023	Monday 4 September 2023	Friday 20 October 2023
	Monday 30 October 2023	Thursday 21 December 2023
Spring Term 2024	Tuesday 9 January 2024	Friday 16 February 2024
	Monday 26 February 2024	Thursday 28 March 2024
Summer Term 2024	Tuesday 16 April 2024	Friday 24 May 2024
	Monday 3 June 2024	Friday 19 July 2024

Training days agreed to date: (on these days children do not come to school but staff do)

Friday 1 September 2023 / Friday 22 December 2023 / Monday 8 January 2024 / Monday 15 April 2024 / Monday 22 July 2024

Good Friday: Friday 29 March 2024

Easter Monday: Monday 1 April 2024

May Day: Monday 6 May 2024

Spring Term 2024

Thursday 7 March	World Book Day
Friday 8 - Thursday 14 March	Book Fair
Monday 11 March	EYFS visit to the library
Tuesday 12 March	Year 1 Curly Tails visit
Wednesday 13 March	Stay & Play session
Wednesday 13 March	Year 1 Curly Tails visit
Wednesday 13 March	Year 2 Easter Crafts Fundraiser
Thursday 14 March	Year 1 Curly Tails visit
Friday 15 March	Year 1 Curly Tails visit
w/c Monday 18 March	Year 6 Mock SATs
Tuesday 19 March	Year 6 Bletchley Park
Wednesday 20 March	Year 6 Bletchley Park
Thursday 21 March	Year 6 Wilderhope parents meeting (5.30pm)
Tuesday 26 March	EYFS & KS1 Awards Assembly (9.10am)
Wednesday 27 March	Year 3 & 4 Awards Assembly (9.10am)
Wednesday 27 March	Year 5 & 6 Awards Assembly (2.15pm)
Thursday 28 March	School Class Photos
Thursday 28 March	Last day of term

Congratulations to our Top Doodlers...

Theo Y & Myla O for their 50 day maths streaks; Betul C & Oliver B for their 50 day English streaks; Evie-Grace H, Ethan B & Rishank D for their 100 day English streaks; Ethan B for his 100 day maths streak; Maxililian B for his 250 day English streak; Isla C for her 365 maths streak; Maddie C for her 500 day maths & English streak; Aiden A for his 500 day English streak; Katrina C for her 750 day English & maths streak; Matthew W for his 1000 day maths streak and Hannah W for her 1000 day maths streak!

Well done!





YAMAHA DRUM ENCOUNTERS

If you are age 8+ and are interested in learning the drums
then please get in touch!

We are running free taster sessions on Thursdays at 5pm.

Please visit our website to book your place:

<https://www.waltonhigh.org.uk/yamaha-music/taster-booking/>

01908 528808

yamaha@mket.org.uk



MILTON KEYNES

TRY US FOR
FREE!

FROM ONLY
£6.99
PER CLASS
AFTER TASTER
SESSION

LEARN
NEW SKILLS!

NINJA
CLASSES

GYMNASTICS
CLASSES

by **Beth
Tweede**

NO
CONTRACT!

FOR ALL
ABILITIES

MAKE
FRIENDS

PLUS CLASSES FOR
YOUNGER CHILDREN

SCAN HERE
TO BOOK A FREE TASTER



Gymfinity Kids
CLUBS

book your FREE taster session at
gymfinitykids.com

16's only. See website for details.

LONG MEADOW SCHOOL PRESENTS

Stay and Play Sessions

Run by the school's Deputy and Assistant Heads
Different theme each session

- MESSY PLAY
- CREATIVE TABLE
- IMAGINATIVE PLAY
- PUZZLES
- GAMES
- REFRESHMENTS INCLUDED

CONTACT US FOR
MORE INFO

01908 508678

office@longmeadow.milton-keynes.sch.uk

Only
£1 pp



FOR UNDER 5S

Every other Wednesday

9am - 10:30am

VEHICLES

28.02.24





**Around 50% of
children will have
a sleep issue at
some point***

WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP ME?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in mental health wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why you might not be sleeping well and how that can change

03303 530 541

Monday, Tuesday & Thursday 7pm - 9pm
Monday & Wednesday 9am - 11am



IN PARTNERSHIP WITH

Furniture
Village

My child has anxious thoughts and feelings which are leading to school avoidance. What can parents and carers do?

This workshop for parents/carers will be led by the Educational Psychology Service. It aims to support parents and carers of school-age children and young people whose experience of anxious thoughts and feelings is leading to school avoidance. These difficulties are often referred to as Emotionally Based School Avoidance (EBSA).

During this session, we will cover the following:

- Helping your child with their fears and worries
- The impact on parents/carers and the importance of self-care
- Working with your child's school to create an action plan of support

The workshop will be available to join on the following dates:

- Thursday 30th November 13:00 – 14:30
- Wednesday 31st January 10:30 – 12:00
- Wednesday 5th June 10:30 – 12:00

You will only need to attend one date as the same workshop is repeated over the three dates. All workshops will be delivered via Microsoft Teams.

To book your place email us on SENDsupport@milton-keynes.gov.uk stating that you would like to attend the EBSA parent and carer workshop. An invite will be sent to your email address in the week leading up to the workshop.

<https://www.mksendlocaloffer.co.uk>

Tried and tested loose parts



Natural

- Wooden pennies (slices of wood about three inches thick)
- Logs of different heights and widths
- A variety of lengths of wood
- Willow or hazel rods at least 1.5m long
- Sticks – various lengths
- Stones, pebbles, cobbles.

Manufactured wood

- Whisky barrel planters for mixing and collecting
- Pieces of decking.

Surfaces and features

- Planted willow tunnels, dens and hedges
- Water supplied from an outside tap, a barrel pump, water butt or jerry cans with taps
- Sand (and resources for sand play and maintenance – including sieves, buckets, spades, trowels, long handled sturdy brooms, brushes, rakes etc.)
- Pebbles, pea gravel or other small stones
- Bark chips
- Mud
- Long grass
- Trees – plant now for future generations of children
- Fire pit (temporary or permanent).



More temporary

- Chalk
- Straw bales
- Cardboard boxes and tubes – various sizes and shapes
- Leaves, feathers, shells, pine cones
- Air drying modelling clay
- Tree brashings
- Leaves
- Cones and seed pods
- Seaweed
- Plastic bottles and containers.



Man-made

- Quick drying materials such as organza, fleece blankets and shower curtains
- Tarpaulins (various sizes, types and colours)
- Milk and bread crates
- Wooden pallets – tough ones in good condition
- Tough buckets
- Cable drums or reels
- Tubes, guttering and funnels, hosepipe, bore pipes and other pipes
- Ramps and lengths of plastics and other materials such as corrugated transparent plastic
- Nets
- Tyres – bicycle, motorbike, go-kart and car tyres
- Large shallow tray
- Trolley to aid tidying up
- Wheelbarrow
- Old suitcases or wheeled shopping bags
- Baskets for collecting and transporting
- Steering wheels
- Computer keyboards
- Old clothes for dressing up, for example, jacket suits, waistcoats and handbags
- Portable seats and things to sit on: aluminium bubble-wrap, camping mats and gardening mats.



Useful little bits

(some may be kept by adults in pockets or bags)

- Velcro straps
- Fence clamps and hooks
- String, paracord and high visibility guy ropes
- Karabiners (from climbing or camping shops)
- Pegs of different sorts, including tent pegs
- Duct tape and masking tape.

Are you concerned about a pupil?



Safeguarding is everyone's responsibility.

You do not need to wait until you have proof there is a safeguarding concern to step in. If you have a concern, please raise it as this could be the first step to protecting a child.

Staying silent because you do not have proof
may leave a child exposed to danger.

Remember it is not up to you to decide whether a child has been abused **BUT** it is up to you to report concerns so that appropriate action can be taken.

You must share your concerns without delay.

**Concerns are to be reported to the
Designated Safeguarding Leads:**



Designated Safeguarding Lead
Philip Gray - Head Teacher



Designated Safeguarding Lead
Emma Kidd - Deputy Head Teacher



Deputy Safeguarding Lead
Kerrie Evans - Assistant Head Teacher



Deputy Safeguarding Lead
Sarah Mossman - Learning Mentor / Family Support Worker

Working Together to Safeguard Children

mk moneylifeline

Free, confidential, impartial debt advice...

- Struggling to pay bills?
- Under pressure from creditors?
- Paying the minimum balance on your credit cards?

WE CAN HELP!



0300 123 5198



office@mkmoneylifeline.org.uk



www.mkmoneylifeline.org.uk

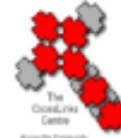
Working in association with:

cma
Freedom from debt
Hope for the future
Community Money Advice



SHENLEY
CHRISTIAN FELLOWSHIP
A BAPTIST CHURCH IN MILTON KEYNES

St Mary's
Bletchley



Tel: 0300 123 5198 / 01908 550630 • office@mkmoneylifeline.org.uk • www.mkmoneylifeline.org.uk
Authorised and regulated by the Financial Conduct Authority No. 618802 • MK Money Lifeline is a company limited
by guarantee registered in England and Wales with company number 07917713. Registered charity No 1146001

Westcroft

COMMUNITY LARDER



Shenley Brook End & Tattenhoe
Parish Council

Fridays
10am - 1pm

Westcroft Pavilion
Cranborne Avenue
Milton Keynes
MK4 4GB

What is a community larder?

A membership programme
that provides:

- Access to surplus food
- Local business discounts
- Little larder club
- Access to other services and support
- Meet new people in a friendly environment

Who can join?

Anyone who wants to prevent
food waste and save money.
It is not means tested.

Where does the food come from?

A Didcot based charity, providing surplus
food, training and opportunities to young
people and organisations.

One Off
£10
Joining Fee



INDIVIDUAL
MEMBERSHIP
FROM
£3.50
P/WEEK

FAMILY
MEMBERSHIP
FROM
£7
P/WEEK

An **individual membership** provides up to 10 items of food per
week, plus a selection of fruit and vegetables. (family
membership is double that)

Want free food and a
bunch of other benefits?

Sign up today!
www.sofea.uk.com

Registered Charity Number 1155783

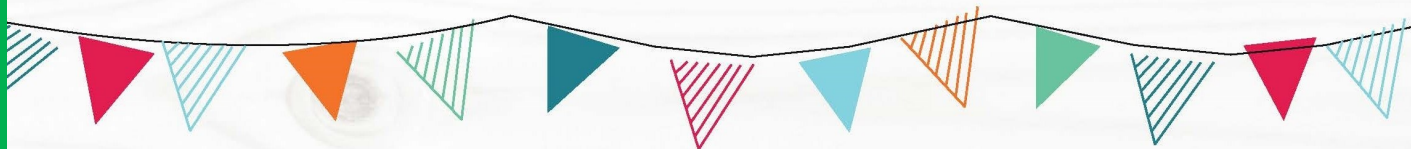




360 SEND Sessions

1st Wednesday
of every month
from 3rd May

£8.95 per child
all adults free



WESTCROFT

COMMUNITY FRIDGE

A simple solution to wasting less through the sharing of good-quality food.

Tuesdays 2pm – 4pm
Westcroft Pavilion
Cranbourne Avenue
Westcroft
MK4 4GB

For more details, call Karen on
07891 818 259 / 01908 521538 or email
karen.wheeler@shenleybrookend-pc.gov.uk



Mobile Top Up Shop
EVERY FRIDAY!
10 - 11.30AM

MKCC Car Park, Strudwick Drive,
Oldbrook, MK6 2TG

Call our Helpline for details: **0300 303 4933**



Mobile Top Up Shop
Every Thursday!
10:00 - 11:30am

Sir Herbert Leon Academy
Car Park, Fern Grove, Bletchley,
MK2 3HQ

Call our Helpline for details: **0300 303 4933**



Mobile Top Up Shop
Every Thursday!!
13:00 - 14:30pm

Rowans Family Centre Car Park,
Fullers Slade, MK11 2BD

Call our Helpline for details: **0300 303 4933**

