

LMS Matters

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Dear Parents and Carers

Unfortunately we have been hit with illness across the school recently, both with children and staff. As a school we do our utmost to make any changes we can internally to ensure as much consistency for the children as possible, but also to ensure the highest quality of teaching possible for your child. However due to some longer term absence and an increased number of staff illnesses this has not been possible. We try our very best and please rest assured we make all our decisions and inform parents as soon as we possibly can of any changes. Thank you in advance for your support.

Did you know that we celebrate a **LANGUAGE OF THE MONTH** in school? Mrs Stiles (our Modern Foreign Languages leader) sends out details of the language with greetings, key phrases and information of where it is spoken. These are chosen from the vast amount of languages our school community speaks. This month it is **URDU**.

I am pleased to say that our metal **PARKING SIGN** has been returned (well, nearly)! This week the metal part turned up in the foyer at Shenley Brook End School! However the heavy black base didn't! If you have seen it or know where it is – please let us know.

This week I launched **LGBT+ HISTORY MONTH** with the children in assembly. I shared the life of **CATHERINE DULEEP SINGH** who stood up for women's rights, received lots of racist abuse and helped Jews leave Germany to safer countries. This was even more dangerous as her partner was a woman. We then explored **SOPHIA JEX-BLAKE** who was the first woman to be accepted onto a medicine degree as, at the time, it was felt that only men could be doctors. Then finally, **GEORGE WARD**, who is a gay man from the Traveller community. He went against the feelings of his community, came out and became a drag artist (Cherry Valentine) and took part in RuPaul's Drag Race show! I have asked the children to share their stories with you — I hope they do. This month is designed because for so long LGBT+ people's history was hidden and this was created to claim their past, celebrate their present and create their future.

The week before half term will be our **LEARNING CONVERSATIONS**. Please see the separate letter coming out with details of days and times and then ensure you check your emails as teachers will be sending out Google forms for you to book sessions. Please note these will be **FACE TO FACE**.

4LOUIS is a remarkable organisation that provides support and comfort to families affected by the loss of a baby. Their impactful work has touched the lives of many, including families in our school. One of our dads will be taking part in a white collar boxing event on 23rd March 2024 to raise money for 4Louis in memory of their son. If you would like to contribute, please see his Just Giving page <https://www.justgiving.com/fundraising/mark-nevell>.

Finally this week, thank you to everyone that was able to support our recent **BISCUITS AND BOOKS**; this is a key event for us and your children to show and share the love for reading we have in our school. Look out for another one next half term.

Have a great weekend everyone!

Mr Gray



Our weekly attendance trophy winners were...

There are no weekly winners this week due to no Legends Assembly - so next week it will be decided on average attendance across 2 weeks!



Please remember the school does not endorse any clubs or events advertised in this newsletter. It is a parent's / carer's responsibility to ensure they check the suitability of anything they attend.



Long Meadow Legends

There was no LMS
Legends Assembly this
week so we will be
having a mega, two
week celebration next
week!

LMS Safeguarding

Time to Talk Day - Rethink Mental Illness

Yesterday was 'Time to Talk Day'. The initiative seeks to give us all a chance to be more open about our mental health, and talk about how we really feel. The celebration is given in partnership with the Co-Op and follows two subsequent years of successful 'Time to Talk' days. The organisation's site currently hosts resources, ways to get involved and stories about how opening up about mental health has aided people up and down the country. To find out more, please follow the link below:

<https://www.rethink.org/campaigns-and-policy/awareness-days-and-events/time-to-talk-day>

LMS Well-being

Don't forget next week sees us supporting
CHILDREN'S MENTAL HEALTH WEEK.

Ahead of this please visit

[https://
www.childrensmentalhealthweek.org.uk/
media/vxgdpw3x/cmhw-24-top-tips-for-
families.pdf](https://www.childrensmentalhealthweek.org.uk/media/vxgdpw3x/cmhw-24-top-tips-for-families.pdf)

to find some fab information and top tips
for families.

D A T E S

FOR YOUR DIARY

School Term and Bank Holiday Dates 2023 / 2024

Term	Open morning of:	Close at the end of afternoon session of:
Autumn Term 2023	Monday 4 September 2023	Friday 20 October 2023
	Monday 30 October 2023	Thursday 21 December 2023
Spring Term 2024	Tuesday 9 January 2024	Friday 16 February 2024
	Monday 26 February 2024	Thursday 28 March 2024
Summer Term 2024	Tuesday 16 April 2024	Friday 24 May 2024
	Monday 3 June 2024	Friday 19 July 2024

Training days agreed to date: (on these days children do not come to school but staff do)

Friday 1 September 2023 / Friday 22 December 2023 / Monday 8 January 2024 / Monday 15 April 2024 / Monday 22 July 2024

Good Friday: Friday 29 March 2024

Easter Monday: Monday 1 April 2024

May Day: Monday 6 May 2024

Spring Term 2024

Wednesday 31 January	Stay & Play session
w/c Monday 5 February	Year 6 Mock SATs
Wednesday 7 February	Year 4 Everdon—Parents Meeting (5.30pm)
Thursday 8 February	PALs Disco
Wednesday 14 February	Stay & Play session
Friday 9th February	Dress to Express Day
Monday 19 - Friday 23 February	HALF TERM
Wednesday 28 February	Stay & Play session
Friday 8 - Thursday 14 March	Book Fair
Tuesday 12 March	Year 1 Curly Tails visit
Wednesday 13 March	Stay & Play session
Wednesday 13 March	Year 1 Curly Tails visit
Thursday 14 March	Year 1 Curly Tails visit
Friday 15 March	Year 1 Curly Tails visit
w/c Monday 18 March	Year 6 Mock SATs
Monday 18 March	Year 4 Teardrop Lakes
Tuesday 19 March	Year 6 Bletchley Park
Wednesday 20 March	Year 6 Bletchley Park
Tuesday 26 March	EYFS & KS1 Awards Assembly (9.10am)
Wednesday 27 March	Year 3 & 4 Awards Assembly (9.10am)
Wednesday 27 March	Year 5 & 6 Awards Assembly (2.15pm)
Thursday 28 March	School Class Photos
Thursday 28 March	Last day of term



Congratulations to our
Top Doodlers...

Due to no LMS
Legends Assembly this
week, Doodlers will
return next week.





COMPETITION TIME



Registered Charity No. 1095870

Calling All Young Artists!

Hey super-creative kids of Long Meadow! Are you ready for a magical art journey?



PALS needs a new Logo and a nickname. Can you help?

The Mission

We're on a quest to find the most awesome logo and we need a nickname for PALS. So we need **YOUR** help!

We need a **new logo and a nickname** that shows how awesome our PTA team is!

Use your favourite colors, draw happy friends, helping hand, or add anything that makes you think of school adventures and teamwork!

Suggest a nickname people will know and love!

The Theme: Imagine a world of friendship, fundraising, fun, helping and learning!

The Theme

Example:



Prizes



First Prize:
£50 Amazon voucher!



Second Prize:
£20 Amazon Voucher



Third Prize:
£10 Amazon Voucher

The Rules

Add your full name and class name.
Drawing must be A4 paper size.
Please include the new name.
You can abbreviate the name as part of the logo.
Simple, clear and visible.
Easy to trace or scan into computer.
Above all, remember to have fun and enjoy the creative process.

How to enter?

✉ How to Send Your Masterpiece:
Ask a grown-up to help you send your drawing to longmeadowpals@gmail.com by **09th February 2024**. Let the magic begin!
Good luck, and happy drawing!

JUNIOUR JUDO CAMP PLUS BEGINNERS COURSE

F E B U A R Y 1 9 T H - 2 1 S T
0 9 . 3 0 - 1 1 . 3 0



Fun filled activities based on the martial art of JUDO

Ages 7 to 15 £45 for all 3 days

All coaches DBS and First Aid trained

Email to book a place and get more info

kitsunegarijudo@gmail.com

JOHN LAWSON'S

CIRCUS SHOW



DAILY SHOWS
19TH-25TH
FEB

1 HOUR
OF FAMILY FUN!

£8.99
PER PERSON
(UNDER 18 MONTHS FREE)

**BRAND
NEW SHOW
FOR 2024!**



PURCHASE TICKETS AT
[FROSTSGARDENCENTRES.CO.UK](https://www.frostsgardencentres.co.uk)



At Frosts Garden Centre, Newport Road, Woburn Sands,
Milton Keynes, MK17 8UE

MILTON KEYNES

TRY US FOR
FREE!

FROM ONLY
£6.99
PER CLASS
AFTER TASTER
SESSION

LEARN
NEW SKILLS!

NINJA
CLASSES

GYMNASTICS
CLASSES

by **Beth
Tweede**

NO
CONTRACT!

FOR ALL
ABILITIES

MAKE
FRIENDS

PLUS CLASSES FOR
YOUNGER CHILDREN

SCAN HERE
TO BOOK A FREE TASTER



Gymfinity Kids
CLUBS

book your FREE taster session at
gymfinitykids.com

16's only. See website for details.



STOWE HOUSE

2024 Photography Competition



To celebrate 25 years of restoration at Stowe House, we're calling all photographers to capture the essence of architecture and enter this competition by submitting your best shots. The selected winners will have their image featured in the 2025 Stowe House Calendar and an exhibition.



Categories: Interiors;
Exteriors; Up-close;
Seasons; Under 18s.

For further info, T&C's
and submission forms
visit our website. Closing
date 31 August 2024.

www.stowehouse.org



**Around 50% of
children will have
a sleep issue at
some point***

WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP ME?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in mental health wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why you might not be sleeping well and how that can change

03303 530 541

Monday, Tuesday & Thursday 7pm - 9pm
Monday & Wednesday 9am - 11am



IN PARTNERSHIP WITH

**Furniture
Village**

My child has anxious thoughts and feelings which are leading to school avoidance. What can parents and carers do?

This workshop for parents/carers will be led by the Educational Psychology Service. It aims to support parents and carers of school-age children and young people whose experience of anxious thoughts and feelings is leading to school avoidance. These difficulties are often referred to as Emotionally Based School Avoidance (EBSA).

During this session, we will cover the following:

- Helping your child with their fears and worries
- The impact on parents/carers and the importance of self-care
- Working with your child's school to create an action plan of support

The workshop will be available to join on the following dates:

- Thursday 30th November 13:00 – 14:30
- Wednesday 31st January 10:30 – 12:00
- Wednesday 5th June 10:30 – 12:00

You will only need to attend one date as the same workshop is repeated over the three dates. All workshops will be delivered via Microsoft Teams.

To book your place email us on SENDsupport@milton-keynes.gov.uk stating that you would like to attend the EBSA parent and carer workshop. An invite will be sent to your email address in the week leading up to the workshop.

<https://www.mksendlocaloffer.co.uk>

 **Milton Keynes**
City Council

Tried and tested loose parts



Natural

- Wooden pennies (slices of wood about three inches thick)
- Logs of different heights and widths
- A variety of lengths of wood
- Willow or hazel rods at least 1.5m long
- Sticks – various lengths
- Stones, pebbles, cobbles.

Manufactured wood

- Whisky barrel planters for mixing and collecting
- Pieces of decking.

Surfaces and features

- Planted willow tunnels, dens and hedges
- Water supplied from an outside tap, a barrel pump, water butt or jerry cans with taps
- Sand (and resources for sand play and maintenance – including sieves, buckets, spades, trowels, long handled sturdy brooms, brushes, rakes etc.)
- Pebbles, pea gravel or other small stones
- Bark chips
- Mud
- Long grass
- Trees – plant now for future generations of children
- Fire pit (temporary or permanent).



More temporary

- Chalk
- Straw bales
- Cardboard boxes and tubes – various sizes and shapes
- Leaves, feathers, shells, pine cones
- Air drying modelling clay
- Tree brashings
- Leaves
- Cones and seed pods
- Seaweed
- Plastic bottles and containers.



Man-made

- Quick drying materials such as organza, fleece blankets and shower curtains
- Tarpaulins (various sizes, types and colours)
- Milk and bread crates
- Wooden pallets – tough ones in good condition
- Tough buckets
- Cable drums or reels
- Tubes, guttering and funnels, hosepipe, bore pipes and other pipes
- Ramps and lengths of plastics and other materials such as corrugated transparent plastic
- Nets
- Tyres – bicycle, motorbike, go-kart and car tyres
- Large shallow tray
- Trolley to aid tidying up
- Wheelbarrow
- Old suitcases or wheeled shopping bags
- Baskets for collecting and transporting
- Steering wheels
- Computer keyboards
- Old clothes for dressing up, for example, jacket suits, waistcoats and handbags
- Portable seats and things to sit on: aluminium bubble-wrap, camping mats and gardening mats.



Useful little bits

(some may be kept by adults in pockets or bags)

- Velcro straps
- Fence clamps and hooks
- String, paracord and high visibility guy ropes
- Karabiners (from climbing or camping shops)
- Pegs of different sorts, including tent pegs
- Duct tape and masking tape.

Are you concerned about a pupil?



Safeguarding is everyone's responsibility.

You do not need to wait until you have proof there is a safeguarding concern to step in. If you have a concern, please raise it as this could be the first step to protecting a child.

Staying silent because you do not have proof may leave a child exposed to danger.

Remember it is not up to you to decide whether a child has been abused **BUT** it is up to you to report concerns so that appropriate action can be taken.

You must share your concerns without delay.

**Concerns are to be reported to the
Designated Safeguarding Leads:**



Designated Safeguarding Lead
Philip Gray - Head Teacher



Designated Safeguarding Lead
Emma Kidd - Deputy Head Teacher



Deputy Safeguarding Lead
Kerrie Evans - Assistant Head Teacher



Deputy Safeguarding Lead
Sarah Mossman - Learning Mentor /Family Support Worker

Working Together to Safeguard Children



Milton
Keynes
Arts
Centre

Family First Saturdays: Drawing with Light

Saturday
3rd Feb
1pm-3pm

Westcroft

COMMUNITY LARDER



Shenley Brook End & Tattenhoe
Parish Council

Fridays
10am - 1pm

Westcroft Pavilion
Cranborne Avenue
Milton Keynes
MK4 4GB

What is a community larder?

A membership programme
that provides:

- Access to surplus food
- Local business discounts
- Little larder club
- Access to other services and support
- Meet new people in a friendly environment

Who can join?

Anyone who wants to prevent
food waste and save money.
It is not means tested.

Where does the food come from?

A Didcot based charity, providing surplus
food, training and opportunities to young
people and organisations.

One Off
£10
Joining Fee



INDIVIDUAL
MEMBERSHIP
FROM
£3.50
P/WEEK

FAMILY
MEMBERSHIP
FROM
£7
P/WEEK

An **individual membership** provides up to 10 items of food per
week, plus a selection of fruit and vegetables. (family
membership is double that)

Want free food and a
bunch of other benefits?

Sign up today!
www.sofea.uk.com

Registered Charity Number 1155783

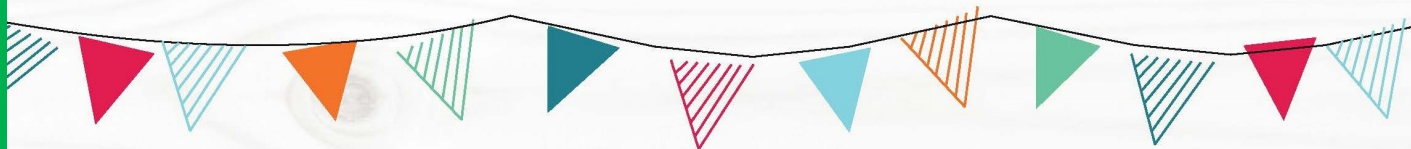




360 SEND Sessions

1st Wednesday
of every month
from 3rd May

£8.95 per child
all adults free



WESTCROFT

COMMUNITY FRIDGE

A simple solution to wasting less through the sharing of good-quality food.

Tuesdays 2pm – 4pm
Westcroft Pavilion
Cranbourne Avenue
Westcroft
MK4 4GB

For more details, call Karen on
07891 818 259 / 01908 521538 or email
karen.wheeler@shenleybrookend-pc.gov.uk



Mobile Top Up Shop
EVERY FRIDAY!
10 - 11.30AM

MKCC Car Park, Strudwick Drive,
Oldbrook, MK6 2TG

Call our Helpline for details: **0300 303 4933**



Mobile Top Up Shop
Every Thursday!
10:00 - 11:30am

Sir Herbert Leon Academy
Car Park, Fern Grove, Bletchley,
MK2 3HQ

Call our Helpline for details: **0300 303 4933**



Mobile Top Up Shop
Every Thursday!!
13:00 - 14:30pm

Rowans Family Centre Car Park,
Fullers Slade, MK11 2BD

Call our Helpline for details: **0300 303 4933**



mk moneylifeline

Free, confidential, impartial debt advice...

- Struggling to pay bills?
- Under pressure from creditors?
- Paying the minimum balance on your credit cards?

WE CAN HELP!



0300 123 5198



office@mkmoneylifeline.org.uk



www.mkmoneylifeline.org.uk

Working in association with:

cma
Freedom from debt
Hope for the future
Community Money Advice

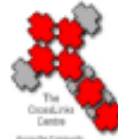


SHENLEY
CHRISTIAN FELLOWSHIP
A BAPTIST CHURCH IN MILTON KEYNES

St Mary's
Bletchley



Grace
CHURCH



Tel: 0300 123 5198 / 01908 550630 • office@mkmoneylifeline.org.uk • www.mkmoneylifeline.org.uk
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