

LMS Matters

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Date: 03.11.23



Dear Parents and Carers

Firstly this week, if your children are anything like mine, they are not amazing sleepers. **THE SLEEP CHARITY** have a wonderful free resource that can help parents and children to learn more about their sleep and develop better bedtime routines. Sleep is essential to brain function; by helping children to sleep better, we can help them to succeed in school. At any given time up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. Yet in a recent survey, almost 60% of adults felt there was a lack of support for sleep issues. Sleep problems can leave people feeling isolated and lonely. The free helpline is run by trained sleep advisors, many of whom are specialists in working with SEND. They can talk to young people directly, or to parents (we can also talk to adults, including older people) about their sleep issues. The helpline is open 5 times a week, Monday, Tuesday, Thursday evenings 7-9pm, and Monday, Wednesday mornings 9-11am. The number is 03303 530 541. You can read more here: <https://thesleepcharity.org.uk/national-sleep-helpline/>.

We are pleased to welcome **MISS MOSSMAN** to our staff this week as our new **LEARNING MENTOR/PARENT SUPPORT WORKER**. We are so happy to have her as part of our team. Please see her own introduction below:

"Hi I am Sarah, the new learning mentor/parent support worker at Long Meadow School. I have worked in specialist education provisions for the last 3 and a bit years supporting young people and their families and am looking forward to meeting all of the families of the children here at Long Meadow. In my spare time I am taking my Education and Training diploma as well as expanding on my British Sign Language. I have 2 rescue cats who adopted me during the COVID lockdown as well as a crazy Cocker Spaniel who enjoys long walks anywhere there is plenty of mud! I look forward to meeting you all."

Unfortunately, some parents are allowing their children to play in the **YEAR 1 OUTSIDE LEARNING AREA** on the back path before school, which means all of the resources that have been set up for the children are moved, messed up and damaged. Children are **NOT** allowed to use this area.

Our **LMS LARDER** is now fully re-stocked thanks to the generosity of all the staff. This week, in return for wearing their jeans on Tuesday, staff members donated items to the larder to support our community. Please remember that if you are really struggling, the larder is there to support you and your family. If you also want to donate please feel free.

As part of **NATIONAL ANTI-BULLYING WEEK** we will be having an **ODD SOCKS DAY**. It's as simple as it seems, no money needed, just wear odd socks to celebrate what makes us unique!

We will be supporting the **BBC CHILDREN IN NEED APPEAL** again this year. In exchange for the children wearing their own clothes we would be grateful for donations of £1-£2. We have set up an online donation page through ParentPay to avoid parents having to search for change on the day, simply visit <https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=11562> to give what you can. The added benefit of making your donation online is that you can add Gift Aid, making your money go even further!

Thank you to all those parents and carers that were able to support **BISCUITS AND BOOKS** this week. It's lovely to see everyone enjoying books together and the school had an amazing feel, full of engaged adults and children. Thank you for your continued support.

Did you see us in the news recently? We were honoured to be chosen by **DOODLE** to celebrate the amazing maths learning that our children did over the summer break. The children were in the **MK CITIZEN, MKFM** and **YAHOO NEWS**. If you missed it you can see what they got up to further on in this newsletter. A huge well done to the children and thanks to Miss Furneaux for all her efforts.

A massive well done to the **SCHOOL COUNCIL** who raised **£500** during their recent **PJ DAY!** This money will get spent on things the school needs, as identified by the councillors. It's great to see pupil voice in action.

This weekend sees lots of **FIREWORKS CELEBRATIONS** taking place. However, these can be very dangerous if they are in your own homes. The safest way is to watch a public display, but if you are having an event at home, please see some advice in this newsletter.

At the end of last half term we said 'see you soon' to **MRS WOOD** who is now on **MATERNITY LEAVE** for her second child. Unfortunately, she was unwell in the last week and was unable to speak to everyone. I know you will join me in wishing her the best of luck with number 2.

Mr Gray



Our weekly attendance trophy winners were...

EYFS/KSI

Minnows

who achieved

100%

KS2

Hogweed

who achieved

99%



**ONLINE
READ WRITE
INC.**

**SESSION for
EARLY YEARS
PARENTS /
CARERS is**

**now on
Wednesday
8th November
at 5.30pm.**



Long Meadow Legends

Tadpoles – Antonio for always giving his very best in every lesson

Minnows – Annabelle for super Fred talk

Pondskaters – Za'chari for excellent maths learning outdoors

Sticklebacks – Dylan for excellent maths learning

Newts – Youssef for having lots of interest and enthusiasm on our plant hunt in science

Frogs – Ade for excellent confidence during English class discussions

Bracken – Krystal for fantastic explanation in maths

Hogweed – Grace for always being a bubbly shining star!

Foxgloves – Anson for being awesome at solving multiplication

Hawthorn – Joey for really applying himself in his maths lessons

Ferns – Darcie for showing amazing perseverance in gymnastics

Thistles – George for making us laugh with his super sense of humour

Brambles – Max for his amazing artistic/presentation skills

Teasels – Emily for being a fantastic member of Teasels!

Sports Person of the Week

Eva G in Hawthorn for making an excellent start to our new topics this week. She worked confidently in both hockey and dance, showing she could perform a push pass and put together an excellent routine using freeze frames for our James Bond theme dance.

#PROUD

Congratulations to our Top Doodlers...

Alexander G, Cole E, Ivy A, Giulia M,
Aadvik P, Anna A, Siddharth K, Rishank D,
Zac A-B, Harsimran J, Jacob C & Sehaj J
for their 50 day maths streaks; Anna A,
Siddharth K, Rishank D & Zac A-B for
their 50 day English streaks; Isla C for her
250 day maths streak; Joshua H for his
500 day maths streak & Elliot R for his
1000 day maths streak!

Well done



doodle

LMS Well-being

Did you know November is also lung cancer awareness month?

What is lung cancer? Lung cancer is the third most common cancer in the UK, with nearly 50,000 people diagnosed with it each year. There are two main types of primary lung cancer. These are: 1. non-small cell lung cancer (NSCLC); 2. small cell lung cancer (SCLC).

The main cause of lung cancer - Smoking tobacco is the cause of most lung cancers and the biggest risk factor. This includes smoking cigarettes, cigars and pipes. The more you smoke, the bigger your risk. 90% of people who get lung cancer are smokers or ex-smokers. Starting smoking at a younger age increases the risk. In the UK, 72% of lung cancer cases are caused by smoking. Smoking increases your risk of heart disease, stroke and developing new cancers. It can also make certain late effects of treatment worse, such as bladder and bowel problems. People who do not smoke can also get lung cancer, but their risk is much lower. About 10% of people who get lung cancer have never smoked.

Getting support - Everyone has their own way of dealing with illness and the different emotions they experience. You may find it helpful to talk things over with family and friends or your doctor or nurse.

Resources - Macmillan Support Line (freephone): 0808 808 00 00 - NHS Lung Cancer: <https://www.nhs.uk/conditions/lung-cancer> / Cancer Research UK: <https://www.cancerresearchuk.org/about-cancer/lung-cancer> / NHS Quit Smoking: <https://www.nhs.uk/better-health/quit-smoking/>

LMS Safeguarding

Domestic Abuse and Education - National Institute of Economic and Social Research

Domestic abuse has a massive impact on children and young people. Firstly, the presence of domestic violence in the home is a key contributor to undermining the glue that holds a family together. In doing so, children and young people are deprived of a stable homelife, sometimes leading to increased absenteeism and concerning behaviour. Secondly, and of utmost importance, the trauma generated in an exposed under-18 can seriously affect their mental health leading to reduced outcomes in education. Thirdly, it normalises violence within the child or young person's life, affecting their socialisation with others. In all cases, it creates an unfathomable impact to the learning outcomes and emotional well-being of pupils. The National Institute of Economic and Social Research has recently released a report on this matter. If interested please follow the link below:

<https://www.niesr.ac.uk/publications/domestic-abuse-and-schools-evidence-supervision-designated-safeguarding-leads-evaluations?type=report>

D A T E S

FOR YOUR DIARY

School Term and Bank Holiday Dates 2023 / 2024

Term	Open morning of:	Close at the end of afternoon session of:
Autumn Term 2023	Monday 4 September 2023	Friday 20 October 2023
	Monday 30 October 2023	Thursday 21 December 2023
Spring Term 2024	Tuesday 9 January 2024	Friday 16 February 2024
	Monday 26 February 2024	Thursday 28 March 2024
Summer Term 2024	Tuesday 16 April 2024	Friday 24 May 2024
	Monday 3 June 2024	Friday 19 July 2024

Training days agreed to date: (on these days children do not come to school but staff do)

Friday 1 September 2023 / Friday 22 December 2023 / Monday 8 January 2024 / Monday 15 April 2024 / Monday 22 July 2024

Good Friday: Friday 29 March 2024

Easter Monday: Monday 1 April 2024

May Day: Monday 6 May 2024

Autumn Term 2023

Tuesday 7 November	Year 1 MK Museum
Tuesday 7 November	Year 6 Viking visitor
Wednesday 8 November	Year 5 MK Council visit
Thursday 9 November	PALs Disco
Monday 13 November	Robin Hood Panto
Thursday 16 November	Year 6 City Discovery Centre
Friday 17 November	Children in Need (non-school uniform)
Monday 27 November	Flu vaccinations
Friday 1 December	PALs Christmas Fayre
Thursday 7 December	Christmas Jumper Day
Tuesday 12 December	KS1 & EYs Awards Assembly
Wednesday 13 December	KS2 Awards Assembly
Wednesday 13 December	PALs Movies & Munchies
Friday 15 December	Year 6 Learning Fair
Monday 18 December	Santa Run
Tuesday 19 December	KS1 Carol Concert (2.15 - 3.15pm)
Wednesday 20 December	KS1 Carol Concert (9.00 - 10.00am)
Wednesday 20 December	EYFS Performance (2.00 - 3.00pm)
Thursday 21 December	Party Day
Friday 22 December	INSET Day



With the
support of



This **ANTI-BULLYING WEEK**
we are holding

ODD SOCKS DAY on
MONDAY 13TH NOVEMBER 2023



Come to school
wearing your odd
socks to celebrate
what makes us all
unique!

#OddSocksDay
#AntiBullyingWeek
#MakeANoise



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and Wales No. 952717. Registered office:
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ORGANISER



#ANTIBULLYINGWEEK

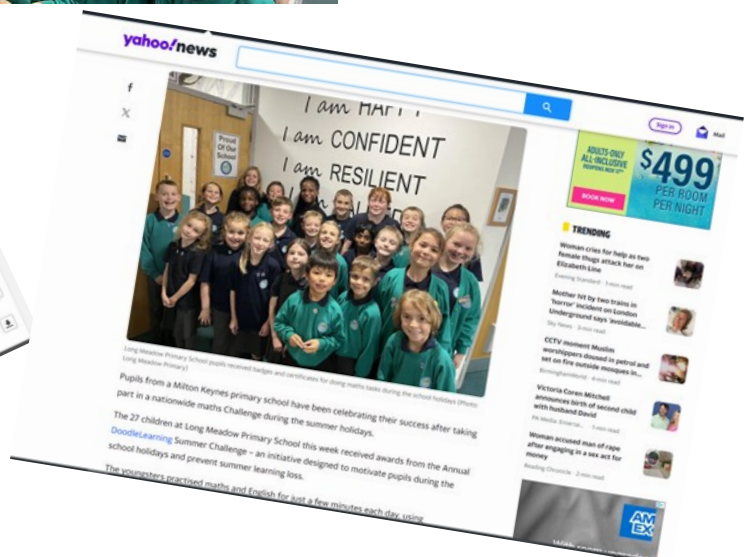


PARTNER

LMS in the news!

Young pupils from Milton Keynes receive special award for doing maths work during their school holidays

Pupils from a Milton Keynes primary school have been celebrating their success after taking part in a nationwide maths challenge during the summer holidays. The 27 children at Long Meadow Primary School this week received awards from the Annual DoodleLearning Summer Challenge – an initiative designed to motivate pupils during the school holidays and prevent summer learning loss. The youngsters practised maths and English for just a few minutes each day, using DoodleLearning's award-winning apps. Part of the Discovery Education family of solutions, the DoodleMaths and DoodleEnglish apps use the latest edtech advances to reward learning and boost children's confidence. The pupils from Long Meadow have now been rewarded with special certificates and badges that were presented by their teachers in school this week. Germaine Furneaux, who is a teacher at the school said: "We wanted our children to carry on with their Doodling throughout the summer so they did not lose momentum and were ready to start learning again in September. The Summer Challenge was perfect for this. Using Doodle has enabled our children to become more confident mathematicians. They are becoming increasingly fluent in number and can articulate their understanding in lessons. Little and often really is the key!" Howard Lewis from Discovery Education UK said: "We're delighted that so many children entered this year's DoodleLearning Summer Challenge and congratulate Long Meadow Primary School on their success. Our Doodle apps are a great way to extend learning beyond the classroom during the school holidays."





Office for Product
Safety & Standards



Staying safe with fireworks

As the fireworks season approaches, the night sky will be lit up with firework displays.

With all the sparkle, it's easy to forget that fireworks can be dangerous if not used correctly and responsibly. This advice will help everyone to stay safe while celebrating.

Using fireworks at home?

If you decide to use fireworks at home, here's how everyone can stay safe.

Only buy from licensed sellers

Check before you buy. Make sure you buy fireworks from a licensed retailer, both in-store and online. Do not buy fireworks from unknown retailers on social media sites. It's illegal for anyone under 18 to buy or carry fireworks.



Store fireworks safely

Store fireworks in their original packaging. Lock them away from children and animals. Keep fireworks dry and away from sources of heat or ignition.



Check your timings

Did you know that you can't let fireworks off between 11pm and 7am? The only exceptions are Fireworks Night, when the cut-off is midnight, and Diwali, New Year's Eve and Chinese New Year, when it's 1am. Timings may be different in Scotland. Search '**fireworks**' on **gov.scot** for more advice.



Be considerate

People and animals may be affected by fireworks. Let your neighbours know in advance if you're planning on using any fireworks. Be mindful of where you site fireworks to minimise disruption.



Look after pets

Cats and dogs should stay inside. Give small animals who live outside lots of extra bedding and nesting material to burrow in.



Read all the instructions

The box of fireworks will tell you important things like how far away people need to stand back once the firework is lit. If you don't understand the instructions and warnings, don't use the firework.



Dispose of fireworks safely

Ensure that fireworks are out, soak them in water overnight, then put them in a rubbish bag and in the bin.

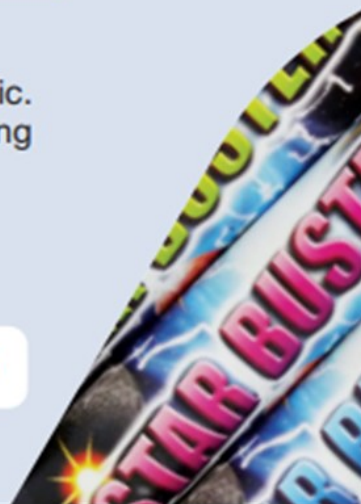


Which fireworks can I use at home?

Category information can be found on the label.

Category F1, F2 and F3 fireworks are on sale to the general public. Consumer fireworks will fall into either category F2 or F3 depending on how much of a **safety distance** is required. Check you have enough space to safely use a firework before you buy. Always follow the Firework Code.

Go to www.gov.uk/fireworks-the-law for more advice



Is my child too ill for school?

Coughs and colds

It's fine to send your child to school with a minor cough or common cold. But if they have a fever, keep them off school until the fever goes.

High temperature

If your child has a high temperature, keep them off school until it goes away.

Chickenpox

If your child has chickenpox, keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.

Cold sores

There's no need to keep your child off school if they have a cold sore. Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.

Conjunctivitis

You don't need to keep your child away from school if they have conjunctivitis. Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

COVID-19 What to do if your child has tested positive

Your child is no longer required to do a COVID-19 rapid lateral flow test if they have symptoms. But if your child has tested positive for COVID-19, they should try to stay at home and avoid contact with other people for 3 days after the day they took the test.

Ear infection

If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

Hand, foot and mouth disease

If your child has hand, foot and mouth disease but seems well enough to go to school, there's no need to keep them off.

Head lice and nits

There's no need to keep your child off school if they have head lice. You can treat head lice and nits without seeing a GP.

Impetigo

If your child has impetigo, they'll need treatment from a GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment.

Ringworm

If your child has ringworm, see your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.

Scarlet fever

If your child has scarlet fever, they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.

Slapped cheek syndrome (fifth disease)

You don't need to keep your child off school if they have slapped cheek syndrome because, once the rash appears, they're no longer infectious. But let the school know if you think your child has slapped cheek syndrome.

Sore throat

You can still send your child to school if they have a sore throat. But if they also have a high temperature, they should stay at home until it goes away.

Threadworms

You don't need to keep your child off school if they have threadworms. Speak to your pharmacist, who can recommend a treatment.

Vomiting and diarrhoea

Children with diarrhoea or vomiting should stay away from school until they have not been sick or had diarrhoea for at least 24 hours.

Tried and tested loose parts



Natural

- Wooden pennies (slices of wood about three inches thick)
- Logs of different heights and widths
- A variety of lengths of wood
- Willow or hazel rods at least 1.5m long
- Sticks – various lengths
- Stones, pebbles, cobbles.

Manufactured wood

- Whisky barrel planters for mixing and collecting
- Pieces of decking.

Surfaces and features

- Planted willow tunnels, dens and hedges
- Water supplied from an outside tap, a barrel pump, water butt or jerry cans with taps
- Sand (and resources for sand play and maintenance – including sieves, buckets, spades, trowels, long handled sturdy brooms, brushes, rakes etc.)
- Pebbles, pea gravel or other small stones
- Bark chips
- Mud
- Long grass
- Trees – plant now for future generations of children
- Fire pit (temporary or permanent).



More temporary

- Chalk
- Straw bales
- Cardboard boxes and tubes – various sizes and shapes
- Leaves, feathers, shells, pine cones
- Air drying modelling clay
- Tree brashings
- Leaves
- Cones and seed pods
- Seaweed
- Plastic bottles and containers.



Man-made

- Quick drying materials such as organza, fleece blankets and shower curtains
- Tarpaulins (various sizes, types and colours)
- Milk and bread crates
- Wooden pallets – tough ones in good condition
- Tough buckets
- Cable drums or reels
- Tubes, guttering and funnels, hosepipe, bore pipes and other pipes
- Ramps and lengths of plastics and other materials such as corrugated transparent plastic
- Nets
- Tyres – bicycle, motorbike, go-kart and car tyres
- Large shallow tray
- Trolley to aid tidying up
- Wheelbarrow
- Old suitcases or wheeled shopping bags
- Baskets for collecting and transporting
- Steering wheels
- Computer keyboards
- Old clothes for dressing up, for example, jacket suits, waistcoats and handbags
- Portable seats and things to sit on: aluminium bubble-wrap, camping mats and gardening mats.



Useful little bits

(some may be kept by adults in pockets or bags)

- Velcro straps
- Fence clamps and hooks
- String, paracord and high visibility guy ropes
- Karabiners (from climbing or camping shops)
- Pegs of different sorts, including tent pegs
- Duct tape and masking tape.

Westcroft

COMMUNITY LARDER



Shenley Brook End & Tattenhoe
Parish Council

Fridays
10am - 1pm

Westcroft Pavilion
Cranborne Avenue
Milton Keynes
MK4 4GB

What is a community larder?

A membership programme
that provides:

- Access to surplus food
- Local business discounts
- Little larder club
- Access to other services and support
- Meet new people in a friendly environment

Who can join?

Anyone who wants to prevent
food waste and save money.
It is not means tested.

Where does the food come from?

A Didcot based charity, providing surplus
food, training and opportunities to young
people and organisations.

One Off
£10
Joining Fee



INDIVIDUAL
MEMBERSHIP
FROM
£3.50
P/WEEK

FAMILY
MEMBERSHIP
FROM
£7
P/WEEK

An **individual membership** provides up to 10 items of food per
week, plus a selection of fruit and vegetables. (family
membership is double that)

Want free food and a
bunch of other benefits?

Sign up today!
www.sofea.uk.com

Registered Charity Number 1155783





360 SEND Sessions

1st Wednesday
of every month
from 3rd May

£8.95 per child
all adults free

Are you concerned about a pupil?



Safeguarding is everyone's responsibility.

You do not need to wait until you have proof there is a safeguarding concern to step in. If you have a concern, please raise it as this could be the first step to protecting a child.

Staying silent because you do not have proof
may leave a child exposed to danger.

Remember it is not up to you to decide whether a child has been abused **BUT** it is up to you to report concerns so that appropriate action can be taken.

You must share your concerns without delay.

**Concerns are to be reported to the
Designated Safeguarding Leads:**



Designated Safeguarding Lead
Philip Gray - Head Teacher



Designated Safeguarding Lead
Emma Kidd - Deputy Head Teacher



Deputy Safeguarding Lead
Kerrie Evans - Assistant Head Teacher

Working Together to Safeguard Children

Apply online from
1 September 2023 to 15 January 2024

You must apply by
15 January 2024
or you will
have limited choice

Starting school for the first time in September 2024?

For children born between
1 September 2019 and
31 August 2020

To access support with making an application, face to face drop-in sessions are available at Milton Keynes Central Library on the following dates between 10.00am - 2.00pm

- | | |
|----------------|----------------|
| • 20 September | • 27 September |
| • 11 October | • 18 October |
| • 25 October | • 6 December |
| • 13 December | • 10 January |

Following dates will start from 11.30am

- | | |
|-------------|-------------|
| • 4 October | • 3 January |
|-------------|-------------|

Find out more at:

Starting primary or junior/middle school in September 2024 |
Milton Keynes City Council (milton-keynes.gov.uk)

Apply here



MK Milton Keynes
City Council

1419281 - August 2023

Maximise your chance of getting a preferred reception class place

Apply on time

- The closing date is 15 January 2024
- Any applications received after this will be processed after national offer day
- A late application means you are less likely to get any of your preferences
- Notifications of the places offered will be made on 16 April 2024 (unless your application is late)

Use all four preferences

- You can apply for up to four schools. The schools will not know in which order you have placed the preferences
- Each preference is considered in its own right, so please ensure that you give yourself four separate chances
- If more than one school is able to offer your child a place then the order of preferences is important, so ensure you list the schools in the order that you want them considered
- It's best to include your catchment school as one of your preferences, it does not need to be your first preference
- A Guide for Parents and Carers is available on our website for further guidance

Apply online

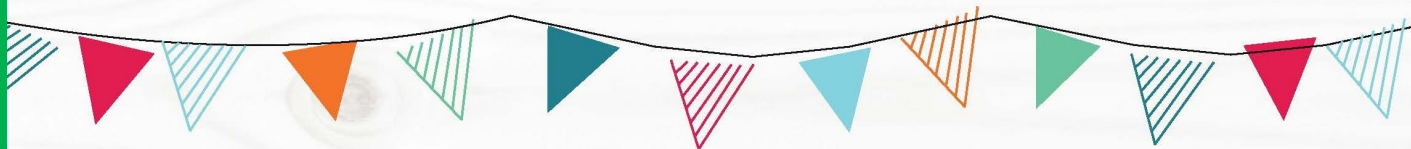
- You can only apply online at Citizen Portal - Sign in (milton-keynes.gov.uk) between 1 September 2023 and 15 January 2024
- You will be able to view, update and submit your application through the portal
- Communication with you will be quicker and your application will be secure
- You will be able to log on from 16 April 2024 to view the school that has been allocated

Choose wisely

- Ensure you are aware of the oversubscription criteria for your preference schools. This is how all the applications will be ranked
- Don't assume you will be allocated a place at your catchment school if you don't state it as one of your preferences
- Give consideration to your secondary school liaison group, is your preferred school linked to the secondary school within your area?
- Don't assume your child will get priority just because they attend a nursery class attached to your preferred school
- Consider how you will access your school place

Admissions information for all schools is available on our website.

Starting primary or junior/middle school in September 2024 | Milton Keynes City Council (milton-keynes.gov.uk)



WESTCROFT

COMMUNITY FRIDGE

A simple solution to wasting less through the sharing of good-quality food.

Tuesdays 2pm – 4pm
Westcroft Pavilion
Cranbourne Avenue
Westcroft
MK4 4GB

For more details, call Karen on
07891 818 259 / 01908 521538 or email
karen.wheeler@shenleybrookend-pc.gov.uk



Mobile Top Up Shop
EVERY FRIDAY!
10 - 11.30AM

MKCC Car Park, Strudwick Drive,
Oldbrook, MK6 2TG

Call our Helpline for details: **0300 303 4933**



Mobile Top Up Shop
Every Thursday!
10:00 - 11:30am

Sir Herbert Leon Academy
Car Park, Fern Grove, Bletchley,
MK2 3HQ

Call our Helpline for details: **0300 303 4933**



Mobile Top Up Shop
Every Thursday!!
13:00 - 14:30pm

Rowans Family Centre Car Park,
Fullers Slade, MK11 2BD

Call our Helpline for details: **0300 303 4933**





**Around 50% of
children will have
a sleep issue at
some point***

WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP ME?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in mental health wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why you might not be sleeping well and how that can change

03303 530 541

Monday, Tuesday & Thursday 7pm - 9pm

Monday & Wednesday 9am - 11am

POWERED BY



IN PARTNERSHIP WITH

**Furniture
Village**

mk moneylifeline

Free, confidential, impartial debt advice...

- Struggling to pay bills?
- Under pressure from creditors?
- Paying the minimum balance on your credit cards?

WE CAN HELP!



0300 123 5198



office@mkmoneylifeline.org.uk



www.mkmoneylifeline.org.uk

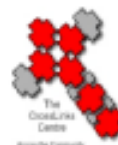
Working in association with:

cma
Freedom from debt
Hope for the future
Community Money Advice



SHENLEY
CHRISTIAN FELLOWSHIP
A BAPTIST CHURCH IN MILTON KEYNES

St Mary's
Bletchley



Tel: 0300 123 5198 / 01908 550630 • office@mkmoneylifeline.org.uk • www.mkmoneylifeline.org.uk
Authorised and regulated by the Financial Conduct Authority No. 618802 • MK Money Lifeline is a company limited
by guarantee registered in England and Wales with company number 07917713. Registered charity No 1146001